

EDITION 75, TERM 4 2022



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The Northerly Aspects Editorial Committee is grateful to its sponsors, who support this community publication and ensure its sustainability.

In this edition we welcome Geelong Head to Health as a new Gold level sponsor.

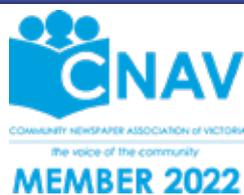
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Barwon Family Violence After Hours 1800-662-673

OUR COVER: National charity Pets In The Park is operating in Norlane, offering free veterinary care for the pets of people experiencing homelessness. Volunteer vets and vet nurses provide a monthly clinic. SEE PAGE 3 for the full story.

Editor's note



Welcome to the Term 4 edition of Northerly Aspects.

This edition includes information about some key events that will occur between now and the end of the year.

One is the Victorian State election on November 26. It's easy to grow tired of hearing about politics, but we should remember how lucky we are that we get to have a say in who represents us for the next four years.

It's also important to remember that voting is compulsory for anyone on the electoral roll, which is the over 18s. The article on Page 9 includes some key dates to make sure you're ready to vote.

Northerly Aspects is fortunate to be supported by a range of businesses and services working in the 3214 community. This edition includes input from many of them, who want you to know about what's happening or what's available locally.

As always, the Neighbourhood Houses – Cloverdale, Norlane and Rosewall community centres – have played a key role in preparing this edition. If you haven't already, take a look at what they're offering in Term 4 (pages 24 to 29) or call in for more information.

Our next edition will be delivered in mid-January, in time to help you plan your Term 1, 2023.

Jeanette Anderson

Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 5275-4415 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au

Veterinary care for pets

Pets whose owners are experiencing homelessness are being cared for in a volunteer program based in Norlane.

Pets In The Park is a national charity focused on the veterinary health and welfare of companion animals and the wellbeing of their owners. It has been operating monthly since last November, with a clinic held at Uniting in Wendover Avenue on the first Saturday of each month.

Uniting Barwon housing worker Lynette Fitzgerald said it is important to look after the pets because they mean so much to their owners.

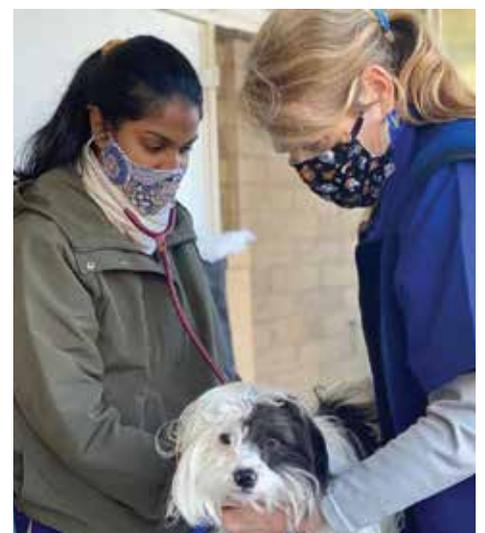
"Some people won't go into accommodation if they can't take their pets with them," she said. "They'll go without (stable accommodation) just so they can keep their pets."

Pets In The Park is run by volunteer vets and vet nurses. At the monthly clinics they provide health checks, vaccinations, flea treatment and worming treatment.

Lynette said pet owners are referred to the clinics by case workers from housing and homelessness agencies in the Barwon region. They include people who are in crisis accommodation, transitional housing, caravan parks, rough sleepers and anyone not in conventional housing.

Uniting Barwon, in partnership with Pets In The Park, provides the venue for the clinics, a referral pathway for clients, oversees appointments and works with clients and support workers.

"It's all about the pets and their owners," Lynette said. "The pets are mostly dogs and cats, with the occasional rabbit. Sometimes the excitement is like being at a children's birthday party."



Pets In The Park runs on the first Saturday of the month at 10 Wendover Avenue, Norlane. Lynette said the program is always looking for donations of pet food and pet accessories. For more information, email: lyn.fitzgerald@vt.uniting.org

Potters showing their work



Potters from Rosewall Community Centre are preparing to exhibit their work as members of the Geelong Potters Group.

The group will exhibit throughout November at The Paper Mill Gallery in Fyansford, with an opening event on November 6. The exhibition will include a variety of pottery, from the work of beginners to advanced pieces.

Geelong Potters Group was established in 1976 and has flourished over the years with

more than 50 members. Pottery has become increasingly popular recently, and with the latest technology being incorporated into the age-old art of clay and pottery, a new interest has evolved.

Rosewall Community Centre has been the unofficial home for the group since 2004, where regular meetings and workshops are held.

Exhibitions for members take place every one to two years in a local gallery chosen by a

sub-committee. The exhibitions offer diverse opportunities to members, encouraging those beginning their pottery journey and those who aspire to professional standards, finding inspiration from established potters in the group.

Workshops and skill share activities are offered during the year and the group regularly invites notable practitioners to share their skills.

The exhibition is at The Paper Mill Gallery, 100 Lower Paper Mills Road, Fyansford. The exhibition will run from Thursday, November 3 until Sunday, November 27 and the Gallery will be open Wednesday to Sunday from 10.30am until 4pm.

The Geelong Potters Group can be contacted through its Facebook page.

Cultura.

**New name,
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Cultura emerged as the vibrant new organisation from the merger of Diversitat and Multicultural Aged Care Services (MACS).

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New ways to connect families

Our Place Northern Bay has been working hard to reconnect with the local community in recent months.

They recently partnered with the City of Greater Geelong and Cloverdale Community Centre to develop a series of Family Recipe videos that will be turned into a public 'recipe card' for others to recreate a traditional meal.

Four families from various Culturally and Linguistically Diverse (CALD) backgrounds participated in the project, with two participants bringing along a parent and their children, providing a great multi-generational cooking experience. The videos and recipes will be shared when they are launched during Children's Week and Seniors Month in October.

Our Place supports the education, health and development of children and families in the Corio community. They are located in the Korayn Birralee Family Centre (146-152 Purnell Rd, Corio) with a single entrance through to Northern Bay College (Wexford campus).

Our Place Northern Bay has also been chosen to be a part of a 12-month Department of Families, Fairness and Housing (DFFH) Early Help Trial, in partnership with local Family Services agencies Barwon Child, Youth & Family, Bethany and Cultura.

The aim of the trial is to support more people, more often – early in need and early in life – with the overall goal of strengthening families and communities so that children and young people can be safe and thrive.



Faiza is featured cooking a traditional dish in one of the family recipe videos that will be shared as a 'recipe card'.

This has seen an increase in onsite services, including Early Help Family Support drop-in (Monday to Thursday); two universal access playgroups (Tuesday and Thursday); parenting groups such as Bringing up Great Kids; Baby College, a program which brings women who are pregnant in their third trimester or have a child less than six months old, together to support the journey of parenting. Baby College is open to women

over 25 years and first-time pregnancy is not a requirement.

If you would like to learn more about Our Place or how to access Early Help Family Support and programs, email northernbay@ourplace.org.au or follow their Facebook page at www.facebook.com/OurPlaceNorthernBay.

Programs to help find a job

Cultura offers three employment programs that have proven to be of great support to those looking for a job. The programs are Community Employment Connectors; Reconnect; and Jobs Victoria Nothing Is As Powerful As A Story.

One of the participants is Sara, who had been unemployed since arriving in Australia three years ago, because she is the primary carer for her three children. Once they reached school age, Sara was eager to earn an income and find work, but with limited English skills it was difficult for her to find work and complete the application processes that often come with recruitment.

Sara was introduced to Cultura's Community Employment Connectors, who provide individualised support to help jobseekers (aged 16 and over) navigate and connect with employment, education and training services. They discussed the sort of work Sara would like to do as well as her interests, background, experience and qualifications she had before she came to Australia.

The CECs then referred her to the Jobs Victoria Mentor program at Cultura. The mentor helped Sara to prepare a resume and other recruitment training activities to grow her confidence and skills in finding work. Sara didn't have her driver's licence, which can be a huge barrier to securing work. Jobs Victoria funded driving lessons so that she now has a licence to drive the family car.



Cultura Reconnect worker Mary Kotev with participant Nai Tun Oo.

Cultura has strong relationships with a large number of local employers and the mentor was able to recommend Sara to several employers with job openings. Sara decided that night shift work in a manufacturing company would be the best fit for her family commitments. According to Sara, she is now happily employed, earning a steady income and "every day is a good day".

Another participant, Raigineil De Luna (Raigi) wasn't able to access Centrelink support and had little work experience or training before joining the Reconnect program at Cultura. Reconnect provides mentoring support over an 18-month period to help participants into work or study. The Reconnect mentor helped Raigi find casual work with Cultura's My Maintenance Crew.

However, Raigi was also considering doing some training to work in Aged Care or as a Personal Carer. His Reconnect mentor found some suitable courses to help him decide what direction to take and what were his priorities. In recognition of Raigi's growth, confidence and willingness to participate in work and in the program, he was awarded the Reconnect Tyler Dean Achievement Award.

To find out more about the Community Employment Connectors, Jobs Victoria Mentoring or Reconnect call Cultura on (03) 4210-0000. Choose the Settlement and Community programs option and ask for Pat or Hiba. More information is also available at www.cultura.org.au/programs/employment



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Family Learning Centre
Northern Bay College

Kindergarten
3 and 4 Year old 2022
and enrol for 2023

Child Care - Long Day 5224 9784 Mandy Minhas
7.30am to 5.30pm

0-5 Playgroups
Community Hubs Australia
Family Support 5224 9791 Helen O'Connor



Northern Bay College
Early Learning Centre



Northern Bay College Family Centre



Maintenance help in public housing

Do you live in public housing and need help with maintenance? If you need any maintenance or repairs, contact the Housing Call Centre on 131-172.

You can also email your repair needs and include photos to support your request to tenant.maintenance@dffh.vic.gov.au

If you speak a language other than English, the Public Housing Language Link can connect you to the housing call centre with an interpreter. For more information, go to <https://www.housing.vic.gov.au/interpreter-services>



Direct debit from your Centrelink payments

Do you live in public housing? Did you know you can have your rental payments taken from your fortnightly Centrelink payments automatically?

This is called the Rent Deduction Service. It's free and your payment will always be up to

date. You can also make maintenance and arrears payments this way. If you are not signed up and want to, contact the Geelong office on 4243-5111.

Having difficulties paying your rent? Contact your Housing Officer as soon as possible

and they can help you work out what to do. You can also ask for help from the Tenancy Plus support program that is delivered by Bethany Community Support. For more information, call Bethany on 5278-8122.

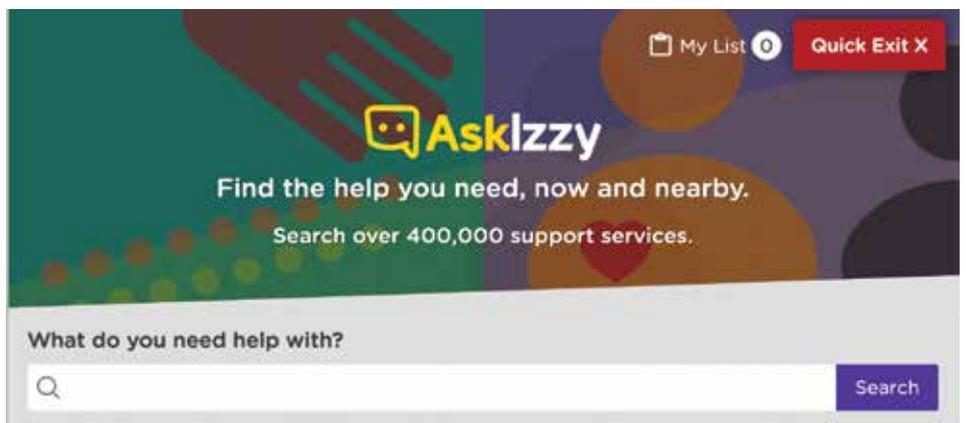
Ask Izzy

Many things in life are out of our control, and any of us can face unexpected hardships. So, when you need help, now or in the future, Ask Izzy is here for you.

Ask Izzy is a website that connects people in need with housing, a meal, money help, family violence support, counselling and much more.

It is free and anonymous, with thousands of services listed across Australia.

And if you're on the Telstra or Vodafone mobile networks, you can access Ask Izzy on your phone even if you don't have credit or access to wifi. You can head to the website www.askizzy.org.au/



Spotlight on former students

Northern Bay College is continuing to build connections with former students who went to school at Norlane High, Corio Tech, Corio North High, Corio Community College, Corio Senior College, Flinders Peak or Northern Bay.

They include Nicola Love and Commander David Murphy (both pictured). Nicola was a Corio North High student who always loved to run. She decided to make her passion her life's work and set herself the goal to become the female World Record Holder for most consecutive marathons.

Nicola achieved the feat by running 63 marathons in 63 days. She has run across the world, on different continents and countries, in torrential rain and through sandy deserts.

Nicola has also run ultra-marathons (more than 40 kilometres) and has run with a broken pelvis. And with all that running experience, she thinks that some of the best running tracks in the world are in this area, including the You Yangs and the new sports field at Northern Bay College, Goldsworthy Campus.



You can follow Nicola's journey, or order a copy of her book *The Girl That Loves To Run* at <https://nikkilove.co.uk/>

Commander David Murphy also grew up in the area, attending Rosewall Primary School, Corio North High, Flinders Peak Secondary and Corio Community College. After VCE he joined the Navy, as a sailor, then qualified as a Maritime Warfare Officer in 2003.

Working his way up the ranks, Dave's career has taken him around the world on several operational deployments, including most recently through North Asia in Command of HMAS Parramatta, which was docked in Corio Quay on ANZAC Day.

Through support from the Navy, Dave holds three Masters Degrees in Military History, Maritime Technology, and Defence and Strategy. He is a big advocate for the careers, travel and further study a career in defence forces can afford.

Are you an alumni?

If you went to school at Norlane High, Corio Tech, Corio North High, Corio Community College, Corio Senior College, Flinders Peak or Northern Bay, college would love to hear from you.

Through Ourschool, a not-for-profit service partner, there are lots of opportunities for alumni in upcoming events with the school. The program is always looking for alumni who have interesting or inspirational post-school pathways.

Former students can catch up on last term's events with the Newsletter: <https://mailchi.mp/18ee3afae208/nbc-alumni-newsletter-june1>

LinkedIn Page: <https://www.linkedin.com/company/northern-bay-college>

Facebook: <https://www.facebook.com/Northern-Bay-College-and-Schools-Alumni-108962595081117>

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Read Pat's success story here >

State election in November

Victorians will vote in the 2022 State election on Saturday, November 26 to elect the next Parliament of Victoria.

State elections are held in Victoria every four years. Every vote counts, and your vote matters. Every election is a chance for residents to have a say about who represents them on the issues that they care about.

The State seat covering Corio and Norlane, Lovely Banks and North Shore is Lara. You must enrol to vote if you are an Australian citizen, are 18 or older and have lived in Victoria for longer than a month. If you've been eligible to enrol but haven't yet, you won't be fined for not voting in past elections.

To vote in this State election, you'll need to be correctly enrolled by 8pm on Tuesday,

November 8. Other keys dates are:

Wednesday, November 2: Nominations open; postal vote applications open; information about where you can vote will be available.

Thursday, November 10: Nominations for registered political party endorses candidates close.

Monday, November 14: Early voting opens.

Wednesday, November 23: Postal vote applications close.

Friday, November 25: Early voting closes at 6pm.

Saturday, November 26: Election day – voting is open from 8am until 6pm.

There are also opportunities to work on election day as an election casual or official. The VEC is looking for casual staff for the day. Election day casuals receive competitive pay and don't need any prior experience, with full training provided.

"Working at the election is a fantastic way to contribute to democracy in Victoria," Deputy Electoral Commissioner Dana Fleming, said.

"As long as you are over 18 and an Australian citizen, permanent resident or hold a current work visa, you could work with us for one day or up to four weeks in a variety of roles."

For more information, go to the Victorian Electoral Commission website: <https://www.vec.vic.gov.au/>

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Introducing a new support service

Designed with the local community, Geelong Head to Health is a new mental health service that offers calm, warm and welcoming supports to help everyone feel safe and accepted.

Head to Health's recovery-focused approach helps its staff to understand your needs. Knowing what matters to you means they can provide you with the right support for now and connect you with the right support for later.

Many of the Head to Health staff have experienced a mental health crisis themselves and understand what you may be going through.

Geelong Head to Health is for adults (18-plus) who:

- Are experiencing distress, feeling overwhelmed or are worried about themselves.
- Do not need urgent medical attention.

Support is also available for carers and families of people experiencing distress.

If you know someone who may benefit from Geelong Head to Health support, you can call 1800-595-212 from Monday to Friday, 9am until 9pm and on weekends/public holidays from 1pm until 6pm.

Geelong HEAD TO HEALTH

The service is currently offering telephone and telehealth support for the Greater Geelong community, with plans underway to open a brand-new service hub in Norlane later this year, where community members will be able to visit for support.

Our students developed our new College values

GROWTH

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PERSISTENCE

Northern Bay College 1300 348 535

Australian coach shares cricket joy

Australian cricket coach Andrew McDonald was a recent visitor to Northern Bay College, where he spent time with students from Year 7 to 12.

Andrew was in Geelong for an official speaking engagement with the Geelong branch of the Lords Taverners, who are an outstanding group of passionate cricket lovers. They help support organisations and over the past four years have worked with Northern Bay College and St Joseph's College to promote cricket.

The Lords Taverners donated a bowling machine to Northern Bay College in 2020 and sponsored several trips for students to see cricket matches, including attending the Women's World Cup final in 2020.



Abinath and Dishanth meet Australian cricket coach Andrew McDonald.

During his recent visit, Andrew McDonald met students with a passion for cricket from across the College. It was a special opportunity for them to interact with a high profile and inspiring leader.

A College spokesperson said: "Andrew really was just so generous with his time and with the investment and interest he genuinely showed in our students and the programs he viewed. His time at school extended past the planned time because he was so delighted to be engaging with the students."

Cricket participants are also excited about the arrival of teams Namibia, Netherlands, United Arab Republics and Sri Lanka in October for the Men's T20 World Cup being hosted in Geelong. Northern Bay will have cricket fans attending some of the matches.

Wightons Lawyers

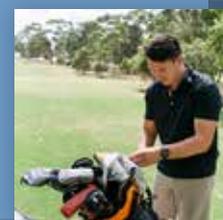
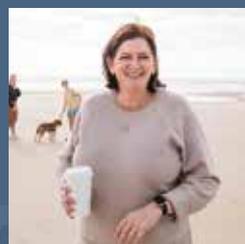
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Wightons Lawyers are your local experts for Family Law, Intervention Orders, Wills & Estates, Property Law, Conveyancing and Litigation.

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Time to step away

The following information was provided by the Member for Lara, John Eren ...

For almost 20 years I have represented the great people of Geelong, first elected in 2002 as Member for Geelong Province in the Legislative Council and later from 2006 as the Member for Lara in the Legislative Assembly.

It has been over two years since I was diagnosed with Parkinson's disease. This diagnosis, along with challenges brought about by the COVID pandemic, has made me place a greater focus on my health and wellbeing and that of my family and friends, to value the ability to spend quality time with them.

It was with sadness I decided not to contest the 2022 State Election. When we come to the end of this term of Parliament in November, I feel that will be the time for me to step away and spend my time pursuing other things.

My story is an example of the opportunities that this country can create for migrants to our great State. I arrived in Melbourne from Turkey with my parents as a child. I grew up in the high-rise commission flats in North Melbourne.

English was a second language, but I learnt it quickly and I worked hard to fit into Australian culture, while also being mindful of my heritage and background.

I worked on the production line at Ford. I was elected as a union delegate at the

age of 22 and represented hundreds of workers for the Vehicle Builders Union. During my time in Parliament, I have had many roles. It was my greatest honour to serve as Minister for Tourism, Major Events, Sports and Veterans in the 58th Parliament of Victoria.

I'm proud of all of the accomplishments and legacies in each of those portfolios. I am proud of my strong values and my advocacy for the good people of Corio, Norlane and the wider Geelong community. We have achieved many things for the region during my time and for that I am both proud and grateful.

I am proud of the work we have done right here in Corio and Norlane. We have seen massive investment and outcomes in our community.

There has been the regeneration and modernisation of all Northern Bay College campuses, along with other local primary and secondary schools. The brand-new Barwon Health North site is now up and running and will soon be accompanied by the Northern Aquatic and Community Hub, along with the new state-of-the-art 30 bed alcohol and drug residential rehabilitation facility in Corio.

Our local sporting clubs have been assisted by investments into facilities and equipment. Even though there is still much more work to be done, we have benefited from record investments into social and affordable housing, including units for people who have been affected by long-term homelessness.



Our local multicultural community groups have also seen investments from the Victorian Government. Whether it be for programs run through Cultura or event funding for our local groups to run cultural events.

I could go on and on about the funding that this area has received, but importantly, I need to thank the people of Corio and Norlane and the wider Lara electorate for electing me time and again as their Member of Parliament. It is an honour that I have never taken for granted and one that has always been dear to my heart.

This will be my last contribution in *Northerly Aspects* but until the November State election I will continue to strongly represent the great people of the Lara electorate. I will be working hard each day to ensure we continue to achieve great things for our community.

Thank you to the *Northerly Aspects* team for their great work within the community and thank you to the whole community, it has been my honour to work alongside you all over the years to advocate for this wonderful area. John Eren, Member for Lara
Contact: john.eren@parliament.vic.gov.au

Hon. John Eren MP

State Member for Lara

Level 1, Corio Shopping Centre, Bacchus Marsh Road, Corio 3214.

Phone: 5275-3898. [@johnerenmp](https://www.instagram.com/johnerenmp)

Sailing into Corio Bay

Spirit of Tasmania has announced the inaugural voyage between Devonport and Geelong will arrive in Geelong on Sunday, October 23.

Managing Director and Chief Executive Officer Bernard Dwyer said the preparations for the Company's first sailing were well underway.

"We've been working alongside our partners at GeelongPort to make sure the new terminal, Spirit of Tasmania Quay, is ready for the sailings on October 23 and we are delighted that the date has been locked in," he said

"We are very pleased with the progress of Spirit of Tasmania Quay, and we can't wait to welcome everyone to the precinct to celebrate our first arrival and our first departure."



Spirit of Tasmania is planning a range of activities for passengers and the broader community to celebrate the momentous occasion.

"Our final sailing from Melbourne will depart Station Pier on the evening of

Saturday, October 22, and our first sailing will arrive in Geelong on the morning of Sunday, October 23," Mr Dwyer said.

For more information go to www.spiritoftasmania.com.au

Please contact my office for assistance with any State Government matters.

Proudly serving the communities of Avalon, Bell Park, Bell Post Hill, Corio, Drumcondra, Hamlyn Heights, Lara, Lovely Banks, Moorabool, Norlane, North Geelong, North Shore, Point Wilson, Rippleside and Staughton Vale.

Also covering parts of Anakie, Balliang, Batesford and Little River.

E: john.eren@parliament.vic.gov.au

P: 5275 3898   **@johnerenmp**

1st Floor, Corio Village, Bacchus Marsh Road, Corio, 3214

JOHN EREN MP

STATE MEMBER FOR LARA



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ABOUT west@work

west@work is a partnership between three trusted community, education and training providers.

Our partners, Westgate Community Initiatives Group, Wyndham Community and Education Centre and Djerriwarrh Community and Education Services have over 100 years combined experience in serving and enriching our local communities.



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We deliver a full range of services to both small and large employers. We can offer end-to-end recruitment, and with access to all JVES providers, can assist with your recruitment needs.



OUR SERVICES FOR JOB SEEKERS

We guide our eligible* job seekers through the employment maze. We refer to our vacancies, review Resumes and cover letters, teach job seekers how to apply for jobs online, up-skill based on the employers needs, and reverse market to our employer base. We then guide you through the on-boarding process and provide support after you start work.

* Our mentors will discuss your eligibility to the service



Jobs Victoria Employment Service is a State Government Initiative designed to assist both Victorian Job Seekers and Victorian Employers



west@work is contracted by the Victorian Government to deliver the Jobs Victoria Employment Service in the Metropolitan Western & Eastern Regions and also the Barwon and Central Highlands Regions.

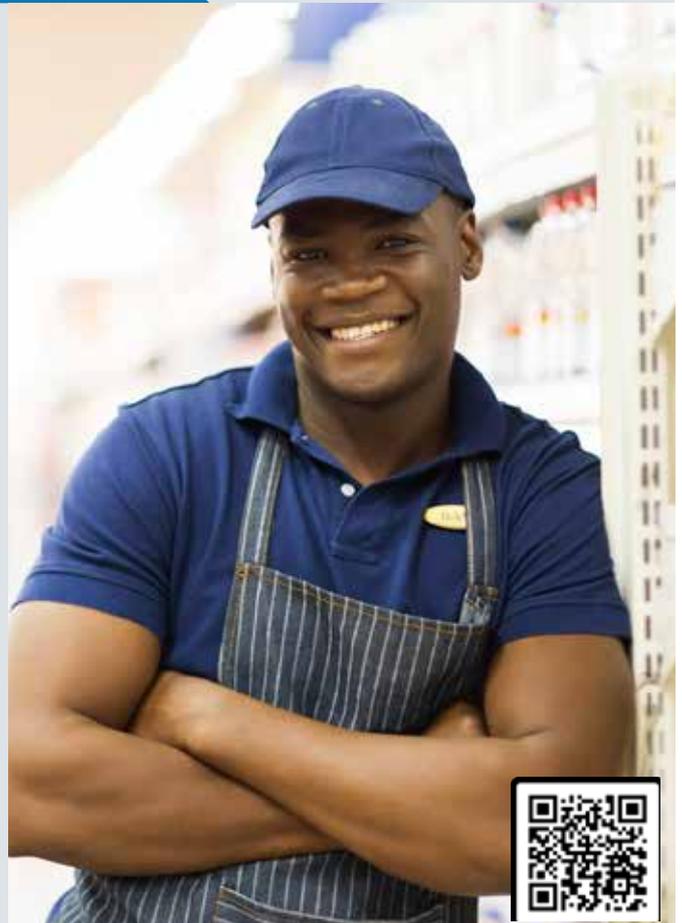


Our main offices are located in Sunshine, Footscray, Werribee, Melton, Geelong, Ballarat, Ringwood, Lilydale and Wantirna



For more information, please contact:

Amy Bellia Nick Powell
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P: 0448 100 656 P: 0434 401 879



Help finding jobs in target industries

The Gordon TAFE is leading a project aimed at helping Geelong people find work in areas experiencing large demand for workers. It is supported by partners in government, industry and the community, including Cloverdale Community Centre.

The project will especially help people from disadvantaged areas find work in Early Childhood Education and Care; Aged Care; Disability; and Hospitality, Tourism and Accommodation Services. It will also provide opportunities for people already in work to improve their skills and work towards a brighter future in those industries.

From early next year, new training programs will begin to help prepare people for work,

including general employment skills, before they start training specific to one industry.

The project – Building Careers Through Smart Cross-Skilling – has a three-pronged approach. It will recruit, train, and transition groups of jobseekers most affected by COVID-19 job losses to enter new careers in the priority sectors. There will be opportunities to learn new skills, experience a new work environment and provide a much-needed workforce.

The second aspect of the project is to upskill workers already in the four targeted sectors, including skills that will enable workers to fill positions across different parts of their organisation. The goal is to create

workplaces where staff are flexible in their roles, productive, more satisfied and stay longer.

The final focus is to develop new frameworks for the four industries – Early Childhood Education and Care; Aged Care; Disability; and Hospitality, Tourism and Accommodation Services – that will identify critical roles and any extra skills needed by workers.

The project is expected to begin recruiting participants late in 2022.

For more information, contact fburrill@gordontafe.edu.au

I'm Ella George, your Labor candidate for the Lara electorate.

Labor values - of fairness and equity - are what guide me in my life.

I work in family violence and I've seen first hand the power of a government committed to tackling this serious problem.

I'm running in this year's state election because I want to be a part of a government committed to delivering for Victorian families and keeping the cost of living down with:

- ✔ ***The \$250 Power Saving Bonus***
- ✔ ***Free Kinder for all Victorian kids, saving families \$2000 per child***
- ✔ ***Sick pay for casual and contract workers***
- ✔ ***Free TAFE***

Only Labor is committed to delivering the education, healthcare, transport and community facilities we need.

Our investment into infrastructure projects here in the Lara electorate and the wider Geelong region is creating jobs for locals.

And as your local Labor member, I will fight hard to continue this hard work for our community every day.

Authorised by Chris Ford, Australian Labor Party, Victorian Branch, 438 Docklands Drive, Docklands 3008.

Victorian
Labor

**Ella
George**
**Labor
for
Lara**

- ☎ 0422 925 158
- ✉ PO Box 31, Corio VIC 3214
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FOLLOW ME:

- 📘 Ella George - Labor for Lara
- 📷 @ellageorgeforlara

Northern Network

"One network, many opportunities"



Learns

	Cloverdale	Norlane	Rosewall	Geelong West	Lara	Vines Rd
Barista Skills	●	●	●			
Become Job Ready	●	●	●			
Beginner Computers	●	●	●		●	●
Buying & Selling Online		●				
Café Skills/Kitchen Operations			●			
Conversational English	●		●			
Creative Arts - visual & performing	●	●	●			
Early Childhood			●			●
Event Planning			●			
Financial Wellbeing for Women		●				
First Aid			●		●	
Intermediate Computers	●	●			●	●
Introduction to Community Services	●					
Introduction to Hair and Beauty			●			
Introduction to Mental Health Sector			●			
Responsible Service of Alcohol			●		●	
Safe Food Handlers	●		●		●	
Staying Safe on the Internet		●				
Tell My Story	●	●			●	



Creates

Art	●	●	●	●	●	●
Community Singing				●		
Craft/knitting/Sewing	●	●	●	●	●	●
Creative Workshops	●	●	●	●	●	●
Instrumental music lessons	●				●	
Life Drawing		●			●	
Mosaics		●	●			
Community Band/Orchestra	●					●
Portfolio Development	●		●			
Pottery			●			
Singing & Songwriting	●	●				
Theatre Group		●				●
Ukulele	●				●	



All programs are subject to COVID-19 protocols



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pg 24-25



pg 26-27



Ph 0427 703 218



Ph 5282 2725



Ph 5277 9027

Meets

	Cloverdale	Norlane	Rosewall	Geelong West	Lara	Vines Rd
Chess Club				●		
Coffee & Chat	●	●	●		●	
Community Drop-in	●	●			●	●
Over 50s / Senior Citizens			●			●
T.O.W.N (Take Off Weight Naturally)	●		●			

Plays

Occasional Care					●	
School Holiday Program					●	
Playgroup						●
Youth Group 12-18 years			●			

Moves

Dancing (for children & adults)		●		●	●	●
Line Dancing						●
Meditation	●			●		
Pilates				●		●
Qigong				●		
Strength and Training	●			●		●
Tai Chi	●	●			●	●
Walking Group	●	●			●	●
Yoga	●			●	●	●

Grows

Community Garden	●	●	●			●
Food Swap		●	●			●

Eats

Community Kitchen	●	●	●		●	●
Learn to Cook	●	●	●			

Connects

Public Access Internet / Computers	●	●	●		●	●
Tax Help					●	



These Neighbourhood Houses acknowledge the support of the Victorian Government.

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



Northern Bay College welcomed Norlane High alumni Sharelle McGuirk, who visited to speak to Goldsworthy campus students as part of NAIDOC Week. Sharelle spoke on the theme 'Get Up. Show Up. Stand Up' and how it relates to her life.

Sharelle has had a distinguished and impressive career. After finishing a journalism degree, she started a career in policy and now works as a Senior Policy Officer in the Department of Families, Fairness and Housing.

Sharelle is also an active and prominent member of the community, as a long-standing member of the Wathaurong Aboriginal Co-operative, an Aboriginal community representative on the Barwon Health Community Advisory Committee and on the Wurru-Ki Ngitj Aboriginal Advisory Group.



Corio's Phill Zdybel has ended his international ITF Taekwon-do career on a high note, adding another bronze medal to his world championships tally. Phill and his son Joshua competed with the Australian Men's Power Team to win bronze and stand on the podium together at the World Championships held in The Netherlands in July.

Phill has represented Australia in world championships in 2004, 2010, 2014, 2018 and 2022. In that time, he won three bronze and one silver medal. Phill is a multiple State and National champion, ITF Hall of Fame Inductee 2020 International Ambassador.



Budding cricketer Noah worked hard in the nets when Australian cricket coach Andrew McDonald recently visited the Northern Bay College. During the visit, organised by the Geelong branch of the Lords Taverners, Andrew McDonald met students with a passion for cricket from across the College.



Northern Bay College's Joel was one of 210 Year 5 and Year 7 students who enjoyed a free camp at Camp Wilken in Anglesea as part of the Victorian Government's Positive Start Program.

Activities included archery, low ropes course, bike riding, scavenger hunt, Great Ocean Road chocolate factory, Eco logic beach exploration, reptile encounters activity, boomerang making and throwing and Indigenous education session.



Rosewall Community Centre hosted a morning tea to thank its volunteers for the important work they do at the centre. At the same time, Rosewall farewelled long-standing volunteer Dawn Hatton, who recently retired after 13 years of service.



Norlane Community Centre hosted a successful Winter Solstice Event, which included a performance by the NORTH Children's Choir and food from Lotus @ Cloverdale.



Our Place Northern Bay recently partnered with the City of Greater Geelong and Cloverdale Community Centre to develop a series of Family Recipe videos that will be turned into a public 'recipe card' for others to recreate a traditional meal. Four families from various Culturally and Linguistically Diverse (CALD) backgrounds participated. The videos and recipes will be shared when they are launched during Children's Week and Seniors Month in October.

CITYNEWS

MAJOR EVENTS RETURN TO GEELONG

In the wake of the pandemic, we've been working closely with event organisers to bring major events back to the region.

The return of White Night Geelong in October will kick-off a bumper month of events, including the ICC Men's T20 Cricket World Cup and the return of local favourites the Royal Geelong Show and the Geelong Cup.

Here are highlights of the upcoming season:

White Night Geelong, 8 October - Experience the sparkle and spectacle of White Night Geelong as streets, laneways, parks and the foreshore are lit up with colourful projections and

installations that pay respect to our region's past and present.

ICC Men's T20 World Cup 2022 - Starting 16 October, Geelong is the only regional city in Australia hosting games as part of this global sporting celebration of cricket, culture and community. The event is expected to bring thousands of visitors to our region, with matches featuring Sri Lanka, United Arab Emirates and Namibia.

Scan the QR code or visit geelongaustralia.com.au/events to explore more upcoming events in our region



NEWS



Need hard waste collected? Book-in now!

Did you know you can arrange to have your bulky household items picked up from your property twice each financial year.

It's free to book, with the cost covered by residential waste charges. The service collects items that are not accepted or don't fit into the three-bin kerbside collection.

This includes mattresses, couches and other furniture, white goods, televisions, computers, carpets and rugs.

Items that will not be accepted include building materials, liquids, chemicals, asbestos, garden waste, commercial/ industrial waste, bags of rubbish and car tyres.

The amount put out for collection must be less than three cubic metres in volume, equal to a pile three metres long, one metre high and one metre wide.

For more information and to book the service, scan the QR code, visit geelongaustralia.com.au/hardwaste or call 5272 5444 on Monday to Friday, between 9am and 5pm.



View our statutory notices at geelongaustralia.com.au/citynews

Swooping season is here

Breeding season for swooping native birds has begun and is expected to continue until the middle of November.

Residents are advised to take extra precautions when outdoors during this period, as swooping birds can be present across urban and rural areas.

Many native birds, such as magpies and masked lapwings (also known as spur-winged plovers), swoop to protect their eggs and young during breeding season.

Residents can minimise the risk of being swooped by:

- › Avoiding nesting areas where birds are swooping if possible; or
- › Protecting head and eyes; and
- › Moving through the area quickly.

While swooping birds can be alarming, the behaviour is confined to approximately 10 per cent of birds and it's rare for a bird to cause an injury.

Each breeding pair will also normally only swoop for four to



six weeks until the chicks can fly. All native birds are protected under the Wildlife Act 1975, so please do not harm or scare swooping birds, or interfere with their nests.

To report a swooping bird on City-managed land, please call **5272 5272**.

The behaviour of the bird will be assessed and, if necessary, warning signs will be placed at the site.

The Victorian Swooping Bird Map shows hot spots where people have been swooped during the current or previous breeding season.

To access this map and report swooping locations, scan the QR code or visit wildlife.vic.gov.au/managing-wildlife/swooping-birds



Victoria 2026 Commonwealth Games

Early planning for the Victoria 2026 Commonwealth Games is now underway as the region prepares to host aquatics, beach volleyball, gymnastics, hockey, triathlon and paratriathlon, T20 cricket, table tennis and para-table tennis. The Games are expected to attract over

5,000 athletes from more than 70 nations to venues across four regional hubs in Geelong, Bendigo, Ballarat and Gippsland.

Scan the QR code to read more.



SHOWCASE GEELONG

Share your favourite photos by tagging **#mygeelong**

We regularly post photos of Greater Geelong from our community. Share yours with us by tagging us or adding **#mygeelong** to your posts.



The Big Rock via Turntable Drive, You Yangs Regional Park, by [@parksvic](#)



Flinders Peak and Big Rock, You Yangs Regional Park, by [@a_trail_tale](#)

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Hovells Creek Trail



Time is right to take cuttings

Late spring is a perfect time to take cuttings of your favourite plants so that you have replacements for sick or aged plants ready when required. These are also great Christmas gifts – just put them in a fancy pot with decorative wrapping for a personal, thoughtful and inexpensive gift.

Some plants are easier to grow from cuttings than others. Some of the most successful are hydrangeas, camellias, azaleas and box. Just follow a few simple steps:

1. Snip off shoots about 10cm long and carefully remove most of the leaves from the base of the stem.
2. Dip the bottom of the stem in rooting hormone (available from a garden centre) and plant in a pot with good quality free-draining seed raising mix.
3. Put in a warm, humid place in filtered, but not direct, sunlight. Water as required.

Planting out tomato seedlings on Melbourne Cup Day is quite an old tradition and generally results in superb early summer crops. I always suggest a second planting later in the year to ensure a continuous supply of tomatoes during the summer season.

If you want to grow a Roma tomato, I recommend the San Marzano, which is

traditionally grown by Italian gardeners and has the reputation of being the ultimate pizza and pasta tomato.

If you are growing a large type of tomato, such as a Grosse Lisse or Beefsteak, a handy tip I learned the hard way, is to place a large stake beside your seedling at the time of planting. This reduces the disturbance to the roots as the plant grows and needs more support.

As your garden wakes up with the warmer weather, so too do the bugs of various types, which can ruin all your hard work. Insecticides can kill them off, but the damage done to the environment when it gets rid of the friendly bugs, as well as the nasty ones, can be extensive.

One method of control is to use other plants – pest repellent plants are quite effective, decorative and cheap. Potager gardens in earlier times included flowering plants among the vegetables. One example was planting marigolds amongst your tomatoes, a hint learned from my grandmother and still used today.

Another oldie is to plant garlic between your roses, which is environmentally friendly with the added bonus of garlic to harvest when needed. If a particular plant in your garden is being eaten, create a distraction by planting

some highly-perfumed blooms (such as geranium) nearby. This will often divert the bugs in a different direction.

If you need another solution, why not try a homemade spray created from one or more pest-repelling plants?

A good general insect spray can be made by mixing four chopped garlic cloves with a couple of chopped onions and four or five chopped hot chillies. Just cover with soapy water and let stand overnight. The next day, strain and reserve the liquid. Mix one litre of water with one quarter of the concentrate before using. It will keep for about three months.

Try a trial run on a troubled plant first to make sure it can handle the mix. Use sparingly because this will not only kill the nuisance pests, but could knock off a few of the friendly ones too.

Fast warming soils welcome the planting of seedlings of cabbage (why not try the new mini style), celery, corn, eggplant, lettuce, pumpkin, silverbeet and zucchini and seeds of beans, carrots, radishes and spring onions. These should ensure a large range of choices for summer meals.

Betty

Major honours achieved



Norlane West Scout Group is celebrating the success of two members who have achieved their Peak Award.

Caitlin-Rose from Cub Scouts achieved the Grey Wolf Award and Jenna Brian from Scouts achieved the Australian Scout Award.

The Peak Award is a huge challenge. Caitlin-Rose is also involved in karate and is the group's first Cub to complete the requirements under the new Achievement Pathway requirements.

Jenna committed three years of hard work and adventures to complete all the requirements of the Australian Scout Award,

on top of school and family commitments, and the challenges that the COVID pandemic brought.

Jenna was Norlane West Scout Group's first Cub to receive the Grey Wolf Award and is now the group's first Scout to receive the Australian Scout Award.

Group Leader Kim McIlroy said there are three more youth also steadily working their way towards the Peak Award.

Norlane West Scout Group has groups for children aged five to 18 and new members are welcome to join. The groups are:



Joey's, aged 5-8 years, meet Wednesdays 4.30pm-5.30pm.

Cubs, aged 9-11 years, meet Mondays 5pm-6.30pm.

Scouts, aged 12-14 years, meet Tuesdays 6pm-8pm.

Venturers, aged 15-18 years, meet Mondays 7-9pm.

For a free three-week trial or for more information, email Kim.gl.norlanewest@scoutsvictoria.com.au

Successful community events



We can't believe it is already time for the Term 4 edition of Northerly Aspects.

We would like to thank everyone who attended our Winter Solstice Event. It was our first time hosting that event, and we have had some wonderfully positive feedback from the community.

The children from the NORTH Children's Choir put on a lovely performance and the delicious meals from Lotus @ Cloverdale were extremely popular.

We also held a very successful sausage sizzle at Bunnings at the beginning of July. The weather was lovely, which brought out a lot of people, and despite having to do a few express runs to the supermarket for more

sausages, the day went smoothly. A big thank you to Morry and our volunteers for their help.

And finally, our new hothouse has been installed. We are very excited to start using it to its full potential and are planning to have a grand opening soon. Well done to Will and the horticulture students for their hard work in getting it organised.

Don't forget that our food share table is refreshed every Thursday at 1pm by Geelong Food Relief Centre and is sponsored by atWork Australia. The fruit, vegetables, bread and pantry items are available to anyone who needs them.



We also provide photocopying and laminating services, access to computers, a book and clothing swap, as well as tea and coffee. And of course, our friendly staff and volunteers are always available to answer any questions you might have or give you a tour of our lovely centre. We look forward to seeing you soon.

Activities and programs at Norlane

CREATIVE

Art with Isabel

Learn the basics of how to draw and paint. Mondays 10am-noon. Cost is \$2.

Mosaics

All are welcome and no experience is necessary. Basic materials are included. Mondays 1pm-3pm. Cost is \$10 and bookings are essential.

Art group

Would you like to paint in a friendly and comfortable self-help group? Come and join us; all art mediums are invited. Bring your own materials. Tuesdays 9am-1pm. Cost is \$4.

Craft group

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages. This group is an opportunity to share your craft ideas or learn something new. Bring your own materials and projects. Fridays 1pm-3pm. Cost is \$1.

Boomerang Bags

Boomerang Bags aims to reduce the use of plastic bags by engaging local communities to make bags from recycled materials. The Norlane group meets every second and fourth Friday from 1-3pm. If you like sewing or want to learn and have some spare time, come along and join in.

FITNESS

Tai Chi for all Abilities

Learn the art of tai chi. All ability levels are welcome, whether you are a beginner or have had some previous experience. Wear comfortable clothing and flat shoes. Tuesdays 10am-11.30am. Cost is \$ 2.50.

Ballroom Dancing

Learn the fundamentals of Ballroom Dancing in a relaxed environment. Thursdays noon-1.30pm. Cost is \$5.

SOCIAL

Community Kitchen

Norlane Community Kitchen meets at the centre to socialise, cook and share a meal together. They often cook using food grown in the centre's community garden. Fridays 10am-1pm. Cost is \$5.

Gardening group

Have you got any gardening questions or ideas? Would you like to start a home garden but don't know where to begin? Join our resident volunteer gardener at Norlane to ask questions or just share knowledge. Tuesdays 10am-noon.

DIGITAL



Digital drop-in

Digital drop-in is a space where you can learn about computers in a safe and supported environment. Our volunteers have a wide range of knowledge about various devices, programs and technological questions. Fridays 10am-noon, gold coin donation. Bookings are recommended.

OTHER



Tool Pool

Need to mow the lawn but can't afford a mower or to hire someone to do it? Join our Tool Pool and you can hire a lawn mower or other manual gardening tools. Fuel is included. Tool Pool membership is \$5 for the year, and mowers are \$5 per hire.

EXPRESSIONS OF INTEREST

We are taking expressions of interest for the following groups. Please contact the Centre to register your interest:

- Walking group.
- Financial Wellbeing for Women.
- Beginner's computers.
- Staying safe on the internet.
- Supercharge your digital job skills.
- How to sell and buy on the internet.
- Tell My Story.



Rosewall Community Centre

36 Sharland Rd, Corio VIC 3214. Phone (03) 5275 7409.

E-mail: admin@rosewallinc.org.au

Office Hours: 9am to 4pm, Monday to Thursday; 9am to 3pm, Friday

New courses and workshops



Family Yoga classes

Join our beginner friendly yoga class for some gentle movement and time to connect with yourself and your little one(s). Suitable for parents/carers with pre-school aged children.

\$5 per class. Bookings required as places are limited.

Tuesdays, 9.30am to 10.30am.

Rosewall Art Exhibition and Market

A celebration and showcase of the creative works produced at Rosewall during the year. Pottery, mosaics, painting, drawing, diamond art, sewing and more will be on display and available for purchase.

Saturday 5 November, 10am to 3pm.



Remembrance Day Poppy Making – FREE

Drop in to Rosewall between Monday, November 7 and Friday, November 11 to make a poppy (or several) and contribute them to the Centre's Remembrance Day Garden display.

Christmas workshops

Kickstart the festive season with these free, hands-on workshops. Make hand-made gifts while also learning something new and having fun in a relaxed environment. Bookings encouraged as places are limited for each workshop.

Make a Tea Cup Candle

Candles make a great addition to any home. Learn how to make your own soy candle. BYO tea cup and saucer, on Thursday, November 24, 6pm to 7.30pm.



Clay Christmas Tree ornaments

Create your own personalised ceramic Christmas ornaments that will be a keepsake forever. Saturday, November 19, 10.30am to 1pm

Festive Food Gifts

Practice making several easy-to-prepare recipes that you can recreate at home to make as gifts. Wednesday, November 30, 10am to noon.

Decorate your own Christmas stocking

Bring the family along and get creative while you decorate your own Christmas stocking. Suitable for children of all ages, on Monday, December 5, 4pm to 6pm.

Register your interest

Rosewall is currently taking expressions of interest for the following classes and activities:

Intro to the Mental Health Sector

Entry-level course. Start your pathway to a career in supporting people with a mental illness in this short course. Learn the basics of mental health, career options available and how to achieve them. A six-week course.

Intro to Event Planning

Gain the essential planning skills that will take your next party or event to the next level – stress free. An eight-week course.

Responsible Service of Alcohol

A RSA certificate is a must have when working anywhere that supplies alcohol. Get your certificate, and let your resume stand out with this nationally recognised training (SITHFAB002).

What's on at Rosewall in Term 4

CREATIVE

Pottery for the Passionate

Mondays, 1pm to 4pm or Thursdays, 6pm to 8.30pm.

Learn to make beautiful ceramic creations with an experienced tutor. Some materials included. Learners are responsible for extra supplies and firing. All abilities welcome.

\$210 (\$180 concession) for an eight-week course.

Screen Printing

Tuesdays, 9.30am to noon.

Learn the basics in screen printing, including how to make design stencils, and print onto fabric, clothing or paper.

\$60 for an eight-week course.

Creative Open Studio

Tuesdays, 12.30pm to 3.30pm or Fridays, 9am to 3pm

Looking for more space and time to work on your art practice? Artists across all mediums are welcome to join these self-directed sessions.

\$5 for half-day, \$10 for full-day.

Pottery Fundamentals

Mondays, 10am to noon for six weeks.

Whether you are new to pottery or need a refresher on the basics, this class will focus on a different hand building technique each week. Some materials included.

\$170 (\$150 concession) for a six-week course.

Making Mosaics

Wednesdays, 9.30am to 12.30pm.

Make magic from your broken crockery. Materials supplied.

\$100 per term.

Pottery Wheel Throwing

Thursdays for six weeks, 1pm to 3pm.

Take your pottery skills to the next level. Designed for beginners as well as those who want a little bit more help throwing. Materials supplied.

\$170 (\$150 concession) for a six-week course.

Painting and Drawing – portfolio development

Thursdays, 9am to noon.

Work closely with our tutor to develop your painting or drawing skills. All abilities welcome. Some materials supplied.

\$60 per term.

Crafty Creatures

Mondays, 10am to noon.

BYO craft project or come along to learn new skills like scrapbooking, knitting, crocheting and more. Scrapbooking materials provided.

BYO other materials.

\$5 per session.

LITERACY AND COMPUTERS

English Conversation – FREE

Wednesdays, noon to 1.30pm.

Practice your English skills in a fun, relaxed environment – all experience levels are welcome in this supportive group.

Tea and Tech – FREE

Thursdays, 9.30am to 11.30am

Drop-in for one-on-one assistance with your basic device and technology questions. Our supportive coaches can help with common questions.

SOCIAL GROUPS

Garden Group – FREE

Tuesdays, 10am to noon.

Get your hands dirty as you plant and pick your own fresh vegetables and herbs and learn new skills in this supportive group.

Youth Group – FREE

Wednesdays, 4pm to 6pm.

A youth-led group with crafting, cooking, games and more. 12–18 year olds welcome. Snacks supplied.

Community Kitchen

Fridays, 10am to 12.30pm.

Get together once a week to plan, shop, cook and eat a meal together. All abilities and experience levels welcome.

\$5 per session.

Over 50s Social Group

Fridays, 1pm to 3pm.

A chat, cuppa, and new friends – what more could you want on a Friday afternoon. Tea and coffee provided. For more information call Sue on 0410-008-013 or Ronnie on 0418-653-309.

\$3 per session.

WORK SKILLS

Café Skills

Mondays and Tuesdays, 9.30am to 2.30pm.

Learn to work in a real-life café environment. Skills gained include coffee making, food preparation, customer service and cash handling. The course includes an accredited safe food handling qualification.

\$160 per term.

Intro to Childcare

Fridays, 9.30am to 1.30pm.

If you have a passion for working with children and want to learn more about supporting children's learning and well-being, this is the course for you.

\$50 for a five-week course.

Barista Training

Tuesdays, 6pm to 8pm.

Coffee 101. From Lattes to Chais, Cappuccinos to Mochas. You will learn all the basics in making a superb cup of gold. Participate in this course to gain hands-on experience in the hospitality industry or learn the basics to grow your skills for your machine at home.

\$40 for a four-week course.



Sewing – FREE

Wednesdays, 9.30am to 11.30am.

Beginner-friendly sewing group. Learn to sew and make items for yourself, family or friends. All equipment and material supplied.



Cloverdale Community Centre

167-169 Purnell Road Corio, VIC 3214. Phone: 03 5275 4415

E-mail: info@cloverdalecommunitycentre.org.au or courses@cloverdalecommunitycentre.org.au

Web: www.cloverdalecommunitycentre.org.au Office Hours: 9am-3:30pm Monday to Friday

Come and try Cloverdale



Cloverdale Community Centre hosts a range of general interest and hobby classes during each school term.

You're invited to come and try a session and be part of our vibrant community centre. Bookings can be made through the website: www.cloverdalecommunitycentre.org.au or call 5275-4415. Ask about a free come-and-try voucher for your first class.

Programs on offer in Term 4 are:

Art@Cloverdale: Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays from October 5, 10am-noon. \$5 per session.

The Artist's Way: A collection of artists from varied disciplines – writers, painters and musicians – who meet monthly to mentor each other on their artistic journeys.

Their aim is to unblock the artist within as they work their way through Julia Cameron's well-respected book, *The Artist's Way*. The group meets on the second Tuesday of each month from 1.45pm until 2.45pm.

To join, you'll need to buy Julia Cameron's book – *The Artist's Way* (any edition) – and pay \$2 monthly when you attend the meetings.

Wednesday Open Studio: Bring your own art project to work on while sharing the space with other artists. Wednesdays, 1pm-3pm. Cost: Gold coin donation.

Cloverdale Singers: Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays from October 4, 10.30am-noon. \$3 per session.

Ukulele Players: A great musical gathering for those who have a grasp of the basics and want to refine their skills including performing, strumming and chord progressions. Thursdays from 10am-noon. \$3 per session. Beginner classes are also available (bookings essential). \$3 per class.

Cloverdale Craft and Knitting Group: Bring your craft or knitting project for a relaxed craft or knitting session. Fridays from October 7, 1pm-3pm. \$2 per session.

North Geelong Community Big Band: Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from 6.30pm-9pm. Gold coin donation.

COOKING

Cooking for Blokes: Facilitated by the Australian Red Cross, this is a socially inclusive space for men to meet, cook and socialise. Mondays at 11am.

HEALTH AND WELLBEING

Tai Chi: Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays during school term, 9.30-10.30am. \$5 per session.

Yoga: Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Bring your own mat. Tuesdays from 5-6pm. \$5 per session.

Fit and Balanced with Dee

Martin: A gentle introduction to exercise to improve muscle strength, balance and increased mobility. Tuesdays from 10-11am. \$5 per session.

Cloverdale Walking Group: Join with a motivated group of community members for a walk and a chat every Wednesday, 10am. FREE.

Brazilian Jiu Jitsu: Wednesday evening, Juniors 5.45-6.30pm, Open 6.30-8pm. Free. A community where 'anyone and everyone' can feel comfortable, connected, loved and supported while learning the transformational art of Brazilian Jiu Jitsu.

T.O.W.N Club (Take Off Weight Naturally): TOWN Club meets at Cloverdale Community Centre every Thursday from 9am-11am. For more information, contact 0438-517-215.



Gardening with Wyld Work

Projects: Every Wednesday, 10am until noon. Join with horticulturalist Rebecca and other like-minded people to maintain the Cloverdale gardens. Learn in an informal setting as you develop your green thumb. Free.

Skills for study, work and life

Cloverdale Community Centre is a Learn Local organisation, which means we offer pre-accredited training and programs across a range of interest areas. They are carefully designed to help you learn new or update existing skills for study, work and life.

Learn Local programs require a commitment to attend classes over 8-10 weeks. Some courses are free, others are \$50 to \$90 for the term (depending on eligibility).

Cloverdale's program staff can help design a learning schedule across one or more terms. We encourage you to make an appointment to create a plan for learning.

Courses will start in the week beginning October 3 – subject to numbers – so bookings are essential. Phone 5275-4415 or email courses@cloverdalecommunitycentre.org.au.

COMPUTERS

Getting Started With Computers

This is the place to start your computer education. Our gentle introduction starts with knowing where to turn the computer on through using Microsoft Word, setting up and using email. Classes run over 8 weeks during term, on Mondays, 9.30am-noon.

Developing Computers

The next step (1 and 2) follows our introductory course and covers Excel, PowerPoint, creating charts and tables, the internet and computer maintenance. Classes run over 8 weeks, Mondays 12.30pm-3pm.

Introduction to Community Services

This program might be a taster course for Community Services at an RTO or just to give participants an understanding of what community services means in a

Neighbourhood House. It is a 30-hour course and runs on Wednesdays, 9.30am-12.30pm, by blended delivery.

Maths for Real Life

Maths for Real Life is a fun class to help you learn or improve your mathematics skills for use in everyday life. Our friendly tutor will guide you through basic maths for budgeting, percentages, fractions, shopping, calculators, interest rates, tables, probability, odds, decimals and more. Classes run over 8 weeks, Tuesdays from 9.30am until noon.

Getting Ahead

Getting Ahead is aimed at creating awareness about making changes for a better life. Participants work with a facilitator to look at their own life, why others think and work the way they do, language, motivation and resources for building a better future. Call to discuss your suitability.

Tell My Story

Everyone has a story to tell, whether they've been on this earth for 18 years or 80. Tell My Story is an eight-week program where you will be guided through the process of writing the story of your life so far. The result will be an edited, published version of your life. Classes are held weekly, on Wednesdays 1.30pm-2.30pm, and you'll do the writing in your own time.

Introduction to Barista

A 24-hour course designed to help pathway our learners into hospitality work or further study. Weekly sessions include a range of coffee-making experiences at Cloverdale. An opportunity to expand employability skills and gain a taste of the industry, including pathway options to kitchen operations. Call to register your interest.

Kickstart Your Career in Health

A program specially designed as an introduction to working in support roles in the health industry. Includes computer, financial and employability skills; developing problem solving skills; resume writing

and mock interviews. Call to register your interest.

Introduction to Horticulture

A hands-on introduction to horticulture for general interest or as a pathway to work and further study. Using theory and practical projects at Cloverdale to learn and develop knowledge and skills. Call to register your interest.

Introduction to Small Motors

Hands-on experience with small motors and outdoor equipment, including onsite work experience at our trade training centre. Pathways include automotive industries.

Introduction to Metalwork

Learn the basics of metalwork, including work safety and tools. Hands-on learning at our trade training centre. Pathways include welding, fitting and turning, panel beating, metal fabrication.

Introduction to Woodwork

Learn the basics of woodwork, including work safety and tools. Hands-on learning at our trade training centre. Pathways include carpentry, cabinet-making and general maintenance.

Trade taster courses

A series of trade taster courses are available at our trade training centre.

Ready for Hospitality

A pathway to TAFE or work program to introduce you to the hospitality industry. Sessions cover various aspects of the hospitality industry including food handling, hygiene, customer service, communication skills, and espresso coffee making skill development. Weekly sessions will develop knowledge and skills as the group works towards a final pop-up café (live service) session.

Time to talk about January 26

The following was provided by City of Greater Geelong Windermere Ward councillors, Anthony Aitken and Kylie Grzybek ...

The City of Greater Geelong Council recognises and pays its respects to the Wadawurrung people as the Traditional Owners and first inhabitants of the Geelong region.

In May this year, Council endorsed a six-month community engagement program with First Nations People and the broader Greater Geelong community regarding acknowledgement of January 26, which is celebrated as Australia Day.

This was on the back of advice received from the Kilangitj Aboriginal Advisory Committee – a committee that has been instrumental in providing Council with strong cultural guidance over the years.

It was in 1994 that the Australian Government gazetted January 26 as a national holiday and it is important to note that our community engagement program does not propose to change the date. The City will also continue to honour its requirement by the Federal Government to hold Citizenship ceremonies on Australia Day.

The intention of the engagement is to understand, respect and acknowledge the experiences of First Nations People and the wider community.

For some northern suburbs residents, January 26 is a day to celebrate. Yet for many First Nations People it represents a day of mourning, sorrow and survival. The engagement we are undertaking is about listening, showing mutual respect, and, importantly, gaining greater understanding.



The Kilangitj Aboriginal Advisory Committee recommended engagement for at least six months. This will allow for meaningful and respectful discussions on this complex and emotive topic. Importantly, it will ensure that all people and their opinions have ample opportunity to be voiced and heard. As your local Windermere Ward councillors, we welcome all feedback on this issue from residents of the northern suburbs and welcome all views as well.

The engagement will include online and face-to-face forums with First Nations People – the first of which will take place at Corio Library on Friday, September 9 – while engagement with the broader community is proposed to begin later this year. The First Nations forums will be moderated by Troy Benjamin from First Nations radio station 3KND.

At the conclusion of the community engagement period, recommendations will

be presented to Council and the community. Those recommendations will guide the City's approach to future activities and commemorations held on January 26. Details on the first two forums are:

Forum One:

11am to 2pm Friday, September 9, at Corio Library, Cox Road, corner of Moa Street, Norlane.

Forum Two:

11am to 2pm, Wednesday, September 14, The Gordon Gallery, 2 Fenwick St, Geelong.

To RSVP:

Phone 5272-4061 or email healthycommunities@geelongcity.vic.gov.au

Can't have a yarn?

We'd still love to hear from you. You can complete the survey on the Have Your Say page (<https://yoursay.geelongaustralia.com.au/26Jan>) or call 5272-4061.



Geelong's Community Heroes



2022 Community Legends Ambassador Cameron Ling and Dale Cooper, Viva Energy's executive general manager at the Geelong Refinery.

After a two-year hiatus, Viva Energy's volunteer recognition program is back, and better than ever.

Now known as the Viva Energy Community Legends Awards, the program looks to discover and recognise local heroes who offer their time, expertise and passion to help others in the Geelong region.

The awards have been expanded to include all types of volunteers in structured community groups ranging from grassroots sporting clubs to cultural associations, support groups and representatives of diverse minority associations, with an overall prize pool of over \$75,000.

Dale Cooper, Viva Energy's executive general manager at the Geelong Refinery, said the program aligns with the company's commitment to give back to the community. "Viva Energy's volunteer recognition program began in 2017, originally known as the Club Legends Award and focussed on volunteers at local sporting clubs," he said.

"After a couple of years' break due to COVID, we decided to relaunch the program this year in an expanded format that captures the efforts of a broader range of the great volunteers who do so much for the local community."

The 2022 Community Legends Ambassador is

former Geelong Cats captain Cameron Ling, who said his life has been made better by the efforts of volunteers.

"I've spent my life in Geelong and I've seen the incredible impact that volunteers have on young lives," he said. "I particularly saw it in junior sport, where these selfless people were working to create a terrific, safe and supportive environment.

"These people are unsung heroes and part of what makes Geelong such a great place to live."

Winners will be announced in early October.



Hydrogen service station on track for 2023 delivery

Viva Energy has announced further significant steps towards delivery of its first industry-leading hydrogen refuelling station. On track to be delivered in late 2023, the project is an important step towards the replacement of carbon-intensive heavy vehicles on Australia's roads.

Geelong will be home to a fleet of at least 15 emissions-free heavy vehicles powered by hydrogen fuel cells and utilising Viva Energy's new hydrogen refuelling station - Australia's first publicly accessible

commercial facility. It will also offer electric vehicle recharging alongside green hydrogen refuelling, bringing together the zero emission technologies that will support Australia's energy transition.

Viva Energy announced it has placed an order with Nel Hydrogen US for a 2.5MW PEM electrolyser to generate green hydrogen by using renewable electricity to split water molecules into hydrogen and oxygen. The recycled water will be supplied from Barwon Water's Northern Water Plant.

These are critical first steps in Viva Energy's vision to establish Australia's most ambitious hydrogen mobility project, which is expected to be the catalyst for a network of hydrogen refuelling stations reaching from Geelong and Melbourne to Sydney and Brisbane.

For more information including fact sheets about hydrogen for transport visit: www.vivaenergy.com.au/energy-hub.



An artist's impression of the new hydrogen refuelling station.