

EDITION 72, TERM 1 2022

FREE COPY

northerlyaspects

CELEBRATING GEELONG'S NORTHERN SUBURBS

CORIO | CLOVERDALE | NORLANE | NORTH SHORE | ROSEWALL



Proudly sponsored by



Proudly supported by



Our sponsors

The Northerly Aspects Editorial Committee is grateful to its sponsors, who support this valued community publication. In this edition we welcome Diversitat as a new Bronze level sponsor.

We are also delighted that Rosewall Community Centre has resumed its support and involvement with our Editorial Committee.

Our sponsors are:

- Viva Energy
- DFFH
- MatchWorks
- WDEA Works
- At Work Australia
- Diversitat

Support is also provided by:

- Cloverdale Community Centre
- Norlane Community Centre
- Rosewall Community Centre

For more information about sponsorship, contact info@northerlyaspects.org.au or phone 5275-4415.



Important numbers

Emergency (police, fire, ambulance) 000

Police Assistance Line (for non-emergency) 131-444

Lifeline 131-114

Kids Helpline 1800-551-800

Victorian Poisons Information 131-126

Road Safety Hotline 5225-3297

Barwon Family Violence After Hours 1800-662-673

OUR COVER: Corio artist Andrew Woodman-Gadsby recently held his first exhibition in Geelong. Andrew works in several artistic mediums and is continually learning to improve his work. SEE PAGE 5.

Editor's note



Welcome to 2022 and our Term 1 edition. I hope you've had a positive start to the year, after another period of challenges in 2021.

The start of a new year is a great time to try and reset – mentally and physically – in simple but meaningful ways. New Year's resolutions are often a bit too ambitious and usually the same, year after year.

Rather than set ourselves up to feel like we've failed, perhaps the solution is to take small steps towards the change we want.

If your dream is to have a beautiful garden, start with a plant in a pot or a small section of the garden and work on it until you're satisfied. If improved health is your goal, start with a walk around the block or skipping an unhealthy snack each day.

If work or study is in your plans or dreams for this year, remember that you're not likely to be able to start at the top. And you won't know everything on your first day.

A return to study or work might start with refreshing some skills – using a computer, communicating with others outside home, working in a team, time management to make sure you turn up on time.

Joining a class or group might be the first step in you working out how you like to learn. Is it by doing things over and over again? Is it by reading lots of information? Is it a combination of both? We're all different.

Neighbourhood Houses are a good starting point for help with any of these. The three in the 3214 postcode area – Norlane Community Centre, Rosewall Community Centre and Cloverdale Community Centre – are among hundreds state-wide. The centre pages of this edition feature what's available at these centres, as well as at Lara, Vines Road (Hamlyn Heights) and Geelong West.

I hope that in 2022 you achieve whatever success means for you. Enjoy this edition and we'll be back in your letterbox towards the end of March.

Jeanette Anderson,
Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 5275-4415 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

Vegan café in Corio

There's a new vegan dining option in Corio, with Happily Ever Vegan operating at the rear of Corio Central Dental in Bacchus Marsh Road.

Owner James Blackman (pictured) is an experienced chef whose diverse career includes fine dining restaurants and working as a private chef overseas, where he cooked for the 'rich and famous' including actor Will Smith and past US-presidents.

James said he had been operating his vegan café business from a food van for the past eight years, most recently in Torquay. He had been looking for a space in Geelong for "a couple of years" when the owner of the dental clinic offered space.

The business opened in early November offering fresh, wholesome food that can be eaten onsite or take away. There is also an option to buy take-home meals to re-heat.

"Everything is organic, so the menu changes to feature what's available at any time," James said. "It includes salads, pasta, pies, soup and toasted sandwiches. I can also do catering and cakes."

James said the new food option had been well-received. The dental clinic staff are customers and a growing number of local residents are also becoming regular diners. Menus are promoted on the Happily Ever Vegan Facebook page and updated regularly. For orders or more information, phone 0487-001-434.



Happily Ever Vegan is at the rear of Corio Central Dental at 68 Bacchus Marsh Road,

Corio and is open Monday to Friday from 10am until 4.30pm.


PIXELD

Websites & Digital Marketing

Proven success with websites that generate great results.

www.pixeld.com.au
1300 853 983
Level 1, 90 Ryrie Street Geelong

A Century of the Archibald Prize

Art enthusiasts have until February 20 to visit the Archie 100 exhibition at the Geelong Gallery.

In celebration of the 100th anniversary of the Archibald Prize, Archie 100 explores the history of Australia's most prestigious portrait award. The exhibition presents a diverse selection of Archibald portraits from the last century—the triumphant and the thwarted—and honours the artists who have made the prize the most sought-after accolade in Australian art.

Archie 100 is an Art Gallery of New South Wales touring exhibition and Geelong Gallery is the only Victorian venue. It has been at the gallery since November and is open daily until February 20.

Tickets cost \$16 for adults; \$7 children; \$12 concession; \$40 family. Conditions of entry stipulate that patrons must show proof of double vaccination status.

The Geelong Gallery is at 55 Little Malop Street, Geelong.



Diversity in
Aged Care

A new era in Geelong multicultural services.

For more information visit:
diversitat.org.au/merger



WDEA Works is one of Victoria's leading providers of Disability Employment Services.

IT'S
YOUR
CHOICE

This means we are among the best in the region at helping people find meaningful and sustainable employment.

In the past
12 months we
helped over
3,800
people into open
employment

Not-for-profit organisation
**SUPPORTING
OUR
COMMUNITY**
for over 30 years



wdeaworks



Exhibition success for Andrew

Corio artist Andrew Woodman-Gadsby is enjoying the success of years of work following his first exhibition in Geelong. He is a member of the Geelong Art Society and in late 2021 was invited to exhibit at the group's Shearers Arms Gallery.

Andrew works in several mediums. As a sculptor he works with limestone to create unique pieces in different sizes and themes. He also paints in acrylic and pastels, with a focus on landscapes and animals.

Andrew is also a sketch artist and print-

maker. He has been drawing since he was a child and took up painting in his early twenties.

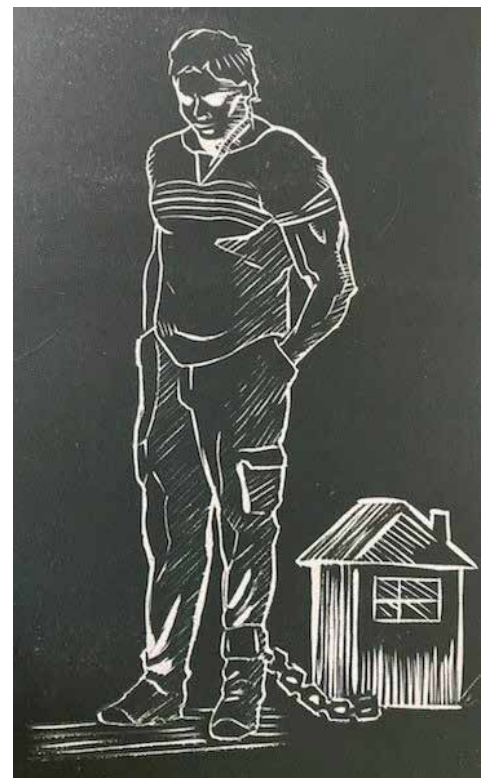
"When I was a child, I was mostly drawing cartoons, but I remember one day in primary school and we had to draw faces," he said. "The other kids were drawing big round eyes etc and I was sketching a face. I think the teach and other kids were surprised."

Andrew said his exhibition was satisfying and he sold a lot of his work. "I was surprised to be asked to exhibit and happy with how

it went," he said. "It's given me something to think about for the next one."

Learning from others is also important to Andrew, who attends regular classes in print-making and pastels. He also recently completed an introduction to metalwork program at Cloverdale Community Centre to see how those techniques could be incorporated into his sculpture work.

"I enjoy being able to keep learning new things and help other people with their art," Andrew said.



A place of connection and beauty



The following was provided by the Friends of Cowies Creek ...

It's mid-summer and the creek is really drying off. Wattle seeds pods are all dried up and ready to fall to the ground or be harvested. There's always so much to observe and interact with on Cowies Creek.

2021 was a big and beautiful year of community activity. Friends of Cowies Creek hosted tree plantings, rubbish clean-ups and creek connection walks and feel so grateful for all the quality time spent connecting

with our beautiful place and community.

The group has a great group of volunteers who've been involved this year. We're looking forward to getting stuck into more activity in the new year, taking responsibility and caring for our place.

We are so excited to keep meeting people who are just discovering the creek and also those who've loved it for decades

Up-coming clean-up dates are as follows:
Sunday, February 6, 9am, meeting in Morgan

Street in front of The Wathaurong Co-Op.

Sunday, March 6, 9am, meeting on the creek side of Moran Place in Norlane West.

The Weekly Creekly Walk will continue every Friday morning at 9.30am, meeting at the end of Peacock Avenue. All welcome.

What have you been seeing on the creek lately? We'd love to hear from you via our Facebook page or email friendsofcowiescreek@gmail.com and look forward to seeing you soon.



Beautiful Facility
Daily Groups and Drop In
Young Parent Education & Access
Support Services
Ph: 5224 9791

Northern Bay College
Family Learning Centre
See you in 2022!



Long Day Care and Kinder Groups 2020
Quality programs on Beautiful Grounds
Ph: 5224 9784

Goldsworthy Road Campus - Gate 6

CALD Community Connect project

Early last year, the Barwon Adolescent Taskforce (BATForce) approached the Department of Families, Fairness and Housing Community Partnerships team to see if it could support a project to increase employment outcomes, reduce social isolation and support connection to school for a group of CALD youth in 3214. This community-driven project supported young people attending Northern Bay College and their families.

Part of the project was a co-design piece where a small group of women from across community were trained to facilitate conversations in their communities to investigate any additional resources and information that may build the capacity of their communities. Topics such as health and nutrition have been discussed so far and the project looks forward to continuing these great conversations in the future.

The COVID-19 pandemic continued to interrupt planned activities, however BATForce delivered two sessions within the school and continued to advocate for the young people and their families. Connections were made with the Gordon



TAFE and Deakin University to develop language courses and integrate work skills conversations; have students on placement at Northern Bay to assist with work readiness skills; and COVIDSafe catch ups were facilitated with community groups.

The flexibility of this funding has been critical in enabling the project to continue to adapt to changes in rules and requirements associated with COVID. Face to face sessions

became phone sessions became online meet ups with morning tea delivered. Whilst the project has slowed down, the flexibility has enabled BATForce to continue working alongside the CALD community to develop opportunities that has set some wheels in motion that will provide ongoing support into 2022.

If you would like to find out more, email admin@batforce.org.au

Exploring Barwon

Department of Families, Fairness and Housing have been working with Department of Justice and Community Safety to deliver Exploring Barwon sessions.

In the past these sessions have been face-to-face, however last year the new format of 45-minute monthly sessions have proved extremely successful. The sessions are free and the topics range from information about services, supports and programs, to expert and practical advice about working with people.

Exploring Barwon is targeted at people working, studying or interested in the community, health, education, employment and welfare sector. If you are interested in getting on the mailing list, email exploringbarwon@dhhs.vic.gov.au

Direct debit from your Centrelink payments

Do you live in public housing? Did you know you can have your rental payments taken from your fortnightly Centrelink payments automatically? This is called the Rent Deduction Service. It's free and your payment will always be up to date.

You can also make maintenance and arrears payments this way. If you are not signed up and want to, contact the Geelong office on 4243-5111.

Having difficulties paying your rent? Contact your Housing Officer as soon as possible and they can help you work out what to do.

You can also ask for help from the Tenancy Plus support program that is delivered by Bethany Community Support. For more information, call Bethany on 5278-8122.

Seagulls ready to re-launch

North Shore Football Netball Club is recruiting players for the 2022 Geelong Football Netball League season, which starts in April. The club is particularly looking for junior and senior netballers as it rebuilds the netball section.

Club spokesperson Greg Dennis said North Shore was highly successful in the early years of GFL netball competition, winning several premierships.

"For various reasons, over the years, we've struggled to keep up with other clubs and in 2021 only had one senior team competing," he said. "We know it is important to start with a new strategy and plans for long term stability and success."

The club has new people involved who are working hard to re-start netball. A priority will be to recruit juniors for Under 13, 15

and 17 competitions, which are played on Saturday mornings at various courts around Geelong. Senior players are also needed for A Grade to E Grade teams.

A junior program will start in Term 1 at Northern Bay College. The program will introduce students to the club and, for some, to the game of netball. This follows the enormous success working with the Auskick program, where 130 youngsters had their first taste of football at North Shore.

The club hopes many will decide to continue and is looking at ways to provide extra support, including making sure involvement is affordable, safe, and fun for kids in the northern suburbs.

Training will begin for juniors early in the new year with a Family Fun Day. Senior training will start on January 17 at 5.30pm,



with the football section. The club's home court is at Windsor Park in 39 Rose Avenue, Norlane.

Details about training will be available on updates on the club's new website, <https://nsfnc1927.tidyhq.com> and on North Shore Football Netball Club's Facebook page. Netball information is also available from Edwina Wilkens via NorthshoreFNC. Netball@gmail.com or the digital sites above.

The club's junior football program (for boys and girls) in 2022 will include Auskick and teams from Auskick to Under 18. For information about junior football email the Junior Co-ordinator at northshore1927@gmail.com or see the club website or Facebook page.

CANNY PLAN MANAGEMENT

Like a trusted friend, we are here to help you navigate + maximise your NDIS plan.



+ CANNY PLAN MANAGEMENT

E3 Federal Mills Park
33 Mackey Street
NORTH GEELONG, VIC 3215

+03 5278 9500

pm@cannygroup.com.au
www.cannygroup.com.au

Canny Plan Management is a Registered NDIS Provider



Network of help to find work

Diversitat is providing extra help for people from culturally and linguistically diverse (CALD) communities to find work as part of a Victorian network of Community Employment Connectors. Two Diversitat workers are covering the Barwon South West Region and are among 27 state-wide.

The Victorian Government invested \$3.9 million to establish the network of Community Employment Connectors in local communities across the state. The program aims to support jobseekers, particularly in the wake of the coronavirus pandemic.



The Community Employment Connectors provide individual support to help jobseekers navigate and connect with employment, education and training services. They support clients age 16 and over from CALD backgrounds who face barriers to employment and training pathways. The CECs are also helping adults from CALD backgrounds who face barriers to securing sustainable employment.


The program is in recognition that there could have been a number of challenges to full economic participation pre-covid, which have been compounded further by the effects of the pandemic. It focuses on delivering extra support and brokerage services that respond to the needs of CALD communities and young jobseekers.

If you or anyone you know could benefit from the services, email cec@diversitat.org.au.



Grassfires move so quickly, it's **impossible** to outrun them.

This summer, significant pasture growth in paddocks and roadsides means that fast-moving grassfires will be a serious risk across Victoria. Rural grassfires can be just as dangerous as bushfires, and can actually spread even faster, travelling at speeds of up to 25km/h. If you live close to open paddocks or grasslands, you could be at risk and need to be prepared. On high-risk Fire Danger Rated days, the safest option is to leave early.

How well do you know  fire?

Plan. Act. Survive. Go to vic.gov.au/knowfire

Authorised by the Victorian Government, 1 Treasury Place, Melbourne



Students show their style

Northern Bay College Year 9 IMPACT participants had a busy end to 2021.

From drama classes and drumming circles to learning hip hop and Bollywood, students experienced many different areas of the performing arts and many students excelled.

At the beginning of the term students learn about renowned artist Vincent Van Gough. They studied Van Gough's art pieces The Portrait and Starry Night, looking at his painting styles and the stories behind these works.

Students then had the opportunity to create their own piece, using Van Gough's work as a starting point, and using their own style, produced some amazing portraits.



Northern Bay College 1300 348 535

Semester 1 at Northern Bay College
 Your school for our communities.

Enrol now for 2022

Northern Bay College 1300 348 535

Family, learning and fun

Families in Corio and Norlane can access long-term help to prepare their children for starting school, and to develop their love and confidence in learning in their first year.

HIPPY – Home Interaction Program for Parents and Youngsters – is a free, fun and flexible home-based learning program for parents and carers, who are guided to use playing with their child as a way of teaching them. Barwon Child, Youth & Family (BCYF) is the local provider of HIPPY in Geelong.

Families commit for two years, usually starting in the year before the child starts school. It continues during their first year at school, with activities that support what they are learning.

HIPPY families receive free activity packs from five learning areas: Thinking and Exploring, Communication, Creativity, Social and Emotional, and Family and Community.

In the first year of HIPPY, the year before school begins, families learn skills to get their children ready for school.

In the second year, parents learn more about supporting their children's learning and development at school and at home. Families spend 10 to 15 minutes a day doing fun, educational activities with their children.

Each family is matched with a trained mentor who has already completed the program with their child.

Mentors are also supported to work on their own professional goals throughout their two years in the role, as well as learning how to work in the Community Services sector.

HIPPY is run all over Australia and results show that children who have participated develop confidence, curiosity, a love of learning, persistence, determination, resilience and a belief in themselves. It is a program that fosters learning and positive relationships in the home that celebrate effort, persistence and connection.

A HIPPY parent recently shared: "HIPPY has opened my eyes to the possibilities to life, not only for my daughter's but for myself as well. My two girls are more knowledgeable, capable and kinder people because I have been able to support them in the areas that truly matter. Patience. Persistence. Sharing and a love of learning. They say HIPPY is a two-year program, but what I've learned will last me a life time and I can never thank HIPPY enough for that."

For more information, contact HIPPY Leader, Rob Evans on 0419-039-869 or via email: rob.evans@bcyf.org.au.



MatchWorks

Get a foot
in the door

Get someone
for your team

MATCHWORKS HAS THE
EMPLOYMENT SOLUTION FOR YOU.

**Connect today,
change tomorrow.**

Corio office P: 03 5275 8212
matchworks.com.au

Time is right to step away

The following information was provided by the Member for Lara, John Eren ...

It's so hard to believe that 2022 is already upon us. I hope that everyone had a safe, happy and healthy holiday season and that 2022 is your best year yet.

For almost 20 years I have represented the great people of Geelong both as the Member for Geelong Province and then as the Member for Lara.

It has been two years since I was diagnosed with Parkinson's disease. This diagnosis, along with challenges brought about by the COVID pandemic, has made me place a greater focus on my health

and wellbeing and that of my family and friends, to value the ability to spend quality time with them.

After thinking about my future as time moves on and following discussions with my family, it was with sadness that I decided to not contest the 2022 State Election.

When we come to the end of this term of Parliament, in about November this year, I feel that will be the time for me to step away and spend my time pursuing other things.

Until the November State election next year I will continue to strongly represent the Lara electorate and I will be working hard each day to ensure we continue to

achieve great things for our community.

In the meantime, my office is still here to help. Many people do not know the assistance they can receive from their local State Member of Parliament's office.

As your state representative, I'm here to assist you with any State Government matter including education, health, public housing, main roads and public transport to name a few.

Applications for commemorative letters such as 100th birthday and 60th wedding anniversary letters from the Queen, or 90th birthday and 50th wedding anniversary letters from the Prime Minister can also be requested from my office.

More mental health support

The Andrews (State) Government will more than double the capacity of Victoria's Youth Prevention and Recovery Care (YPARC) network, giving more young people in Geelong access to the mental health services they need closer to home.

In a major boost for mental health services designed to support young people – particularly those across regional Victoria, there will be a new YPARC facility in Geelong.

As one of five new YPARC units to be built across the state, the investment will support more than 900 extra young Victorians each year to get the tailored support they need in a crisis – more than doubling capacity of the state's current YPARC network.

An investment of \$141 million in the mental health of young Victorians in the Victorian Budget 2021/22 will see new 10-bed residential facilities built in Geelong, as well as Ballarat, Shepparton, Heidelberg and Traralgon – as well as existing YPARCS in Bendigo, Dandenong and Frankston completely refurbished.

A key recommendation of immediate priority from the Royal Commission into Victoria's Mental Health system, YPARC services provide around-the-clock clinical care on a short-to-medium term basis for people aged 16 to 25.

The sites reduce pressure on hospital beds by providing early intervention care and an alternative to hospital admission with recovery-focused treatment. Communal kitchens, dining and living areas, breakout spaces and an outdoor

garden will also encourage rest and recovery – as well as support family visits for people during their recovery.

Delivered by the Victorian Health Building Authority, construction of the five new facilities and refurbishment of the three existing YPARC centres will support around 400 local jobs right across the state, with all projects to begin construction next year, and be completed by late 2023.

The YPARC facilities follow the adult Prevention and Recovery Care (PARC) facility model, providing tailored support for young Victorians to match the 22 adult PARCs across Victoria delivering the early intervention support people need to recover quickly in a home-like environment, providing an alternative to inpatient hospital admission.

Hon. John Eren MP

State Member for Lara

Level 1, Corio Shopping Centre, Bacchus Marsh Road, Corio 3214.
Phone: 5275-3898.



Ready for All Ford Day

Thousands of Ford enthusiasts are expected to flock to Eastern Park in Geelong on April 3 for the return of All Ford Day.

2022 sees the 31st year of the All Ford Day, with more than 1200 Ford vehicles expected to be on display at one of the largest single-make events in Australia.

Ford vehicles of all types, ages and models will be joined by classic race and muscle cars, hot-rods, street machines, celebrities, automotive industry displays and

entertainment for all ages.

Display vehicles will be able to enter the site from 7am, and spectators from 9am.

There will be food available for purchase and picnics are welcome. There are plenty of areas to lay a rug down and enjoy the day, although no pets, no BYO alcohol, no fires and no barbecues will be allowed. Clubs are welcome to bring shade structures and group picnics.

All Ford Day is at Eastern Park in Ryrie Street, East Geelong on Sunday, April 3 from 9am until 3pm. For information about buying tickets and current COVIDSafe Event restrictions, call 5215-1181, email admin@allfordday.org.au or go to <http://www.allfordday.org.au>.

You can also find the event on Facebook: <https://www.facebook.com/allforddaygeelong/>

Please contact my office for assistance with any State Government matters.

Proudly serving the communities of Avalon, Bell Park, Bell Post Hill, Corio, Drumcondra, Hamlyn Heights, Lara, Lovely Banks, Moorabool, Norlane, North Geelong, North Shore, Point Wilson, Rippleside and Staughton Vale.

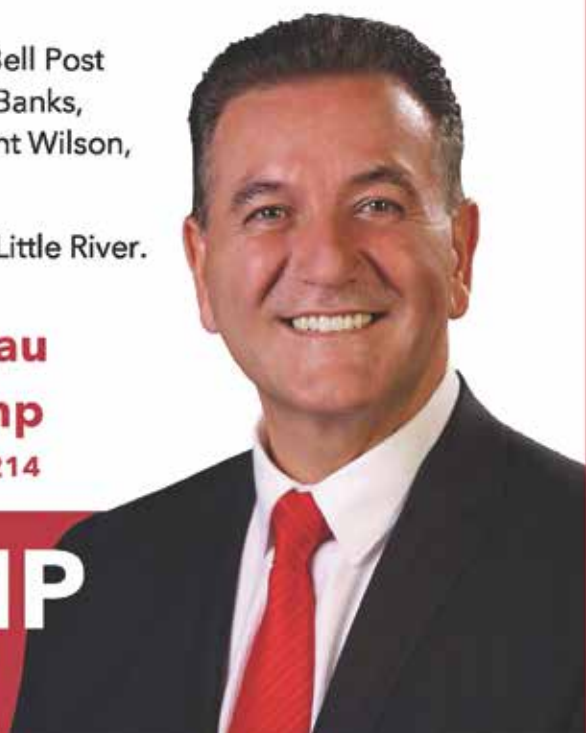
Also covering parts of Anakie, Balliang, Batesford and Little River.

E: john.eren@parliament.vic.gov.au

P: 5275 3898   **@johnerenmp**

1st Floor, Corio Village, Bacchus Marsh Road, Corio, 3214

JOHN EREN MP
STATE MEMBER FOR LARA



Youth voice in Parliament

The following was provided by the Member for Corio, Richard Marles ...

It was a privilege to read the words of Milli McDonald, a local 17-year-old, in Parliament as part of the Youth Voice in Parliament Week campaign.

On the topic of 'What is your vision for Australia in 20 years', Milli took inspiration from her grandfather's migration to Australia. Milli's speech serves as an important reminder that Australia needs to be a country that provides opportunities for all; we cannot leave anyone behind.

Here is her speech:

"When my grandfather landed in this country, he had nothing but the clothes on his back and eight dollars in his pocket. He had fled Yugoslavia's communist regime. For

him, freshly 18, Australia was a welcoming, kind 'golden countr', full of promise, hopes and dreams for his future family.

I am now two months away from turning 18, and 53 years after my grandfather landed, have my own dreams for Australia. In 20 years, I envision a country that presents everyone with the opportunities of the 'golden country'.

I see equitable access to education, healthcare and careers that spans gender, race and sexual orientation.

I see us upholding our international responsibilities. Doing our fair share on climate change. Treating those fleeing their homes with kindness and respect. To remember we have 'boundless planes to share'.



Member for Corio, Richard Marles, read Milli McDonald's speech in Parliament as part of the Youth Voice in Parliament Week campaign.

Our generation's call to action is on climate. We must not see net zero as a threat, but an opportunity. We have an abundance of natural resources. 20 years gives us the chance to become a green energy powerhouse, to create jobs in green energy.

We must maintain [our] rage and enthusiasm, for gender equality. For racial equality. For climate justice. For refugees. For our 'golden country'."



TAFE must be at the centre of our rebuild so we have the skills to grow back stronger.

Richard Marles MP
Member for Corio



✉ richard.marles.mp@aph.gov.au

☎ 52 21 3033

🌐 www.richardmarles.com

Immersive art experience

Northern Bay College IMPACT students visited The LUME, which is the new digital art gallery at the Melbourne Exhibition and Convention Centre, to complete a unit of work.

The LUME is a fully immersive experience, where the walls and floor came alive with light and colour and the special choreographed soundtrack, which made the artwork come alive and made it a truly unique experience.

The LUME exhibition celebrated the life of Vincent Van Gogh and students were fully immersed in his life and artwork through the exhibition. It was a great finish to a unit of work the students had been doing.



Come and try *Calisthenics*

Classes held @ Hendy Street Hall, Corio

CLASS TIMES

Tinies 3 - 7yrs	Tuesday 4.30pm - 5.30pm
Sub Juniors 10yrs and under	Monday 4.30pm - 6.30pm
Juniors 13yrs and under	Tuesday 5.00pm - 7.00pm
Seniors 16yrs and over	Tuesday 6.30pm - 9.30pm



**FIRST
2 CLASSES
Free**

for new members



Calisthenics is an artistic team performing sport combining elements of dance, ballet, gymnastics, singing, acting, march and apparatus work. Performed on stage and choreographed to music, teams aim to work as one, whilst demonstrating strength, flexibility, grace and poise.

Fun Friendship Fitness



For more Information
Contact: cloverdalecalisthenics@outlook.com

Looking for work?

We support people living with disability, injury or health condition (including mental health condition) to find work.

Come and meet our new Job Coach Alex, who is here to connect you with good work.



"I look forward to helping you with your employment goals"
ALEX, JOB COACH

Visit us today

- » Norlane Community Centre, 39a Rose Avenue
- » 5 Villamanta Place, Geelong West

1300 080 856
atworkaustralia.com.au



Northern Network

"One network, many opportunities"



Learns

	Cloverdale	Norlane	Rosewall	Geelong West	Lara	Vines Rd
Barista Skills	●	●	●			
Become Job Ready	●	●	●			
Beginner Computers	●	●	●		●	●
Buying & Selling Online		●				
Café Skills/Kitchen Operations			●			
Conversational English	●		●			
Creative Arts - visual & performing	●	●	●			
Early Childhood	●		●			
Event Planning			●			
Financial Wellbeing for Women		●				
First Aid			●		●	
Intermediate Computers	●	●			●	●
Introduction to Community Services	●					
Introduction to Hair and Beauty			●			
Introduction to Mental Health Sector			●			
Responsible Service of Alcohol			●		●	
Safe Food Handlers	●		●		●	
Staying Safe on the Internet		●				
Tell My Story	●	●			●	



Creates

Art	●	●	●	●	●	●
Community Singing				●		
Craft/knitting/Sewing	●	●	●	●	●	●
Creative Workshops	●	●	●	●	●	●
Instrumental music lessons	●				●	
Life Drawing		●			●	
Mosaics		●	●	●		
North Geelong Community Big Band	●					
Portfolio Development	●		●			
Pottery			●			
Singing & Songwriting	●					
Theatre Group		●				
Ukulele	●				●	



All programs are subject to COVID-19 protocols



pg 28-29



pg 24-25



pg 26-27



Ph 0427 703 218



Ph 5282 2725



Ph 5277 9027

Meets

Cloverdale

Norlane

Rosewall

Geelong
West

Lara

Vines Rd

Chess Club



Coffee & Chat



Community Drop-in



Over 50s / Senior Citizens



T.O.W.N (Take Off Weight Naturally)



Plays

Occasional Care



School Holiday Program



Under 12s



Youth Group 12-18 years



Moves

Dancing (for children & adults)



Line Dancing



Meditation



Pilates



Qigong



Strength and Training



Tai Chi



Walking Group



Yoga



Grows

Community Garden



Food Swap



Eats

Community Kitchen



Learn to Cook



Connects

Public Access Internet / Computers



Tax Help



These Neighbourhood Houses acknowledge the support of the Victorian Government.

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



The North Geelong Lantern Trail celebrate 18 months of community work with an exhibition at Focal Point Gallery. The exhibition was the result of a project led by artists Mike Bevitt and Beth McMahon from The Indirect Object, who worked with community members at Norlane, Rosewall and Cloverdale community centres to create a recycled plastic garden. Large sculptural lanterns have also been installed at the community centres as solar-powered illuminated artworks and play spaces.



Cloverdale Community Centre has been trialling introduction programs in woodwork and metalwork at its new trade training centre in North Geelong. The programs are designed to give participants a taste of what the trades are like and how they can pathway to other courses and work. For more information contact the centre, phone 5275-4415 or email courses@cloverdalecommunitycentre.org.au.



Corio artist Andrew Woodman-Gadsby (second from left) recently exhibited at Geelong Art Society's Shearers Arms Gallery.



Children from ILO Early Education Centre Norlane visited Norlane Community Centre to plant seedlings in their garden plot.



Marcus and Alex from the atWork Australia team and Norlane Community Centre well-being team volunteer Cameron getting ready for food bank pickup.



The Friends of Cowies Creek group holds regular clean-up and planting days along the creek. For more information about events, see PAGE 6 in this edition, or find the group on Facebook.



Rosewall Community Kitchen runs on Fridays from 10am to 12.30pm. Participants get together to plan, shop, cook and eat a meal together. All abilities and experience levels are welcome. The cost is \$5.

CITYNEWS

VISION FOR LABUAN SQUARE PUBLIC SPACE

Clever and creative landscaping will tell the story of Cowies Creek as part of the proposed improvements for the public space at Labuan Square in Norlane.

Walking from the Forster Street entrance through to Tennyson Street will take community members on a journey depicting four distinct stages of Cowies Creek: the grassy plains of Moorabool, the origins of the creek; the basalt rocks of the gullies; open water and wetlands; and lastly, exiting through the bay and cliffs.

The concept has been designed in partnership with Wadawurrung Traditional Owners Aboriginal Corporation.

Cowies Creek is an important natural asset for the Norlane community, as it features a rich diversity of wildlife and trees, including Silver Wattle, Golden Wattle, Moonah Tree, Yellow Gum and a 120-year-old remnant River Red Gum.

In addition to creating a public space that celebrates the natural environment, further updates will include improving the existing toilet facilities and WiFi access and installing additional seats, a drinking fountain and public art. These changes will also create potential opportunities for alfresco seating for local businesses.

Improvements to the public space at Labuan Square are supported by a \$250,000 investment by the City.



Conceptual image for Labuan Square landscape redevelopment

NEWS

Let's eat well and live well

Interested in healthy living and nutrition? We've launched our nutrition toolkit, Eat Well, Live Well which is a free resource with meal plans, recipes and factsheets to help you develop healthy and sustainable eating patterns, habits and skills.

The toolkit was launched at a free webinar on **Monday 11 October** presented by Mel Bald, known as The Passionate Nutritionist, in celebration of National Nutrition Week.

A free online and print resource for Greater

Geelong residents, the toolkit focuses on helping the community eat well and live well at every stage of life.

'Increasing healthy eating' in our region is one of five health and wellbeing priorities identified in Our Community Plan 2021-25. The toolkit has been supported by funding from the Victorian Government.

To access an online version of the toolkit or view a recording of the webinar, visit geelongaustralia.com.au/eatwell

To request a hard copy, call 5272 5272.



EAT WELL LIVE WELL
Healthy eating for every life stage • Find meal plans, recipes and more at
geelongaustralia.com.au/eatwell



Opportunities for young people on the RISE

The Regional Industry Sector Employment program (RISE) Geelong has been operating for over three years, helping to provide valuable career opportunities for young people across Greater Geelong, while building a skilled, sustainable local construction workforce.

RISE is a collaborative 7-week program that connects job seekers with construction industry employment opportunities through training, recruitment, mentoring and support – solving the skills shortages in the local construction industry.

To date, RISE has provided 150 local young people with a practical education and a career pathway into an established, growing industry.

RISE is committed to ensuring many participants are from Geelong's northern and eastern communities, and from gender and culturally diverse backgrounds. The program aims to increase diversity in trades and provide job and career opportunities where they're needed most.

Are you in the local building and construction industry and looking for a new recruit? We can connect you with your next apprentice. Are you a young person looking for a career in building and construction? Or do you know a young jobseeker who might be interested in RISE?

If yes, please contact us by visiting risegeelong.com.au or email info@risegeelong.com.au

CORONAVIRUS INFORMATION

Attending our facilities

All community members **over the age of 12 years and 2 months** need to be fully vaccinated against COVID-19, or have a valid medical exemption, to access our facilities to help keep our community and employees safe. Exemptions are in place for Maternal and Child Health services. Thank you for your understanding and co-operation.



View our statutory notices at
geelongaustralia.com.au/citynews

THE CITY OF GREATER GEELONG IS PROUDLY LOCATED ON

NEWS

A day out for dogs

Looking for an exciting experience for your loyal canine friend?

The upgraded Stead Park dog park in Corio has a range of new features for your dog to enjoy.

With an additional 2,100 square metres of space for dogs to run and play, there's new dog equipment including sit/stand platforms, a jump-through structure and hurdles, nature play elements and separate fenced areas for passive and active dogs.

Stead Park was the first fenced dog park created in the municipality.

The second, in Belmont, was opened in June. Future dog park developments are planned for Lara and Drysdale, as part of our ongoing commitment to providing fenced dog parks throughout the region.

Visitors to the dog parks are reminded to adhere to current COVID-19 restrictions and to clean up after their dogs using the bins on site.

For more information, visit geelongaustralia.com.au/pets

We're monitoring our weather together

Weather buffs across the region are helping us improve the accuracy of local weather data after volunteering to host weather sensors at their home or workplace.

Smart sensors will record temperature and humidity in different parts of the city where climate can vary significantly, and transmit this information to our open data platform - Geelong Data Exchange.

Currently, the Bureau of Meteorology (BOM) have two local weather observation stations - one at Avalon and one at the Geelong Racecourse. The new data network will assist us and weather-sensitive industries including agriculture to study real-time variations at the hyper-local level.

In turn, the data will provide a better understanding of how our climate is changing and support us to respond to extreme weather events and environmental issues.

To find out more and view the current weather data visit geelongaustralia.com.au/smartcity

To register your interest to host a weather sensor in the future, contact us at smartcity@geelongcity.vic.gov.au

SHOWCASE 3214

Share your favourite photos by tagging #mygeelong

We regularly post photos of Greater Geelong from our community. Share yours with us by tagging us or adding #mygeelong to your posts.



Federal Mills business precinct, North Geelong by @chriswilkinsphotography



Flinders Peak, You Yangs by @leannen

HELP US STOP THE SPREAD OF GRAFFITI

If you just walk past, that won't be the last



The quicker it's reported, the quicker we can remove graffiti, repair damage and deter future attacks in your local area.

Report graffiti via:

- › VICGR (Victorian Graffiti Reporting) app
- › City of Greater Geelong - 5272 4319
- › Victoria Police - 131 444

Report other antisocial incidents via:
City of Greater Geelong - 5272 5272

Book a FREE hard waste pick up, it is easy and the right thing to do



BOOK YOUR COLLECTION ON 5272 5444

You can have large household items that don't fit into your red bin picked up for FREE, including mattresses, fridges, bookshelves, chairs, barbecues and more*.

Leaving any household items outside without booking a hard waste pick up is illegal and unsafe.

*Some conditions apply.

HAVE YOUR SAY

Have your say and help us make decisions that reflect the best interests of our diverse community.

yoursay.geelongaustralia.com.au

Keep up-to-date with what's happening in your City.

GET CITYNEWS
Delivered straight to your inbox.



Subscribe at:
geelongaustralia.com.au/citynews

THINK Local FIRST!

Let's continue showing our support for local businesses hit hard by the COVID-19 pandemic.

Visit itsourbackyardgeelong.com.au

Photo: Grace from By Grace Asian Groceries, Corio

Try something new in the garden

I challenge you to try something different this year. Have you ever thought of growing orchids? A common belief that they are difficult to grow cannot be further from the truth.

Cymbidiums are the easiest of the lot and the resultant flower spikes are fantastic, with a colour range from pure white, every shade of yellow and lime green, to pink and burgundy. Spikes consist of arching stems massed with flowers which come in sizes from 5cm to 10cm across and can have up to 25 or 30 blooms on each stem.

These are best treated as an outdoor plant and grown in a light shade house or verandah where they can be taken and put near the house when flowering for a stunning display. The pots may be taken inside for short periods of time but prefer to be left outside.

If you know someone who has some plants and will give you a couple of back bulbs to 'play' with, it will only take a few minutes to plant these into a pot of orchid mix and put them to one side for a couple of months.

Make sure to check that they don't dry out too much, and before you know it there will be small shoots coming from the base of the bulb. By next year you should be getting your first small spikes. They need a specific fertilizer about once a year and that's all. As the plant ages the spikes will get bigger and bigger with more and more flowers.

February is the time to buy and plant spring-flowering bulbs. There are so many to choose from, but here are five favourites:

Jonquils – a perennial garden favourite because of their distinctive scent. Jonquils are one of the first spring bulbs to flower. Snowflakes – these delicate flowers prefer a cool, shaded, moist position. They also grow well in pots.

Hyacinth – the beautiful colours and heady fragrance of these flowers make them a spring favourite. Pack them closely in a pot for a striking display.

Freesia – these fragrant flowers prefer a sunny or partly shaded position. They grow well in most areas.

Crocus – these are best in cool climates, chill crocus bulbs in the fridge crisper for six weeks before planting.

One problem which occurs every summer is pots drying out in the heat. This year may not be very bad as the forecast for the season is for a high rainfall, but you still need to be vigilant and ensure that those pots in protected areas get sufficient water to keep healthy.

The most efficient way to do this is to soak individual pots in a bucket of water until the bubbles stop coming to the surface and then putting them in a safe position until they drain (I put mine on the lawn). One good idea is to first put a reasonable dose of liquid fertilizer in the water, so this does two jobs in one step.

Betty

Mum's tomato sauce

If you are fortunate enough to have a good, healthy crop of tomatoes this year, why not make your own tomato sauce? I'm passing on my Mum's favourite recipe.

I guarantee it will result in you having a supply of delicious sauce for the coming year. After trying this sauce, you'll never look at a store-bought bottle again – the flavor is superb.

2.5kg ripe tomatoes
620g sugar
½ teaspoon powdered cloves
1 small garlic – chopped (about 1 heaped dessertspoon)
¼ teaspoon cayenne pepper
250ml white vinegar
½ teaspoon salt

Cut tomatoes into large pieces, taking out any bad or marked skins. Put into a heavy based preserving pan or boiler and add the rest of the ingredients. Stir to put vinegar under tomatoes. Tomatoes can be pureed through a food processor if you wish.

Place on a moderate heat and bring slowly to the boil, stirring occasionally. Boil for 3 hours taking care it doesn't burn (put a simmer mat under the boiler). If tomatoes have not been pureed, put the mixture through a sieve or food mill after it cools a little to remove skin and seeds.

Heat again and check the consistency. If it's too thick, add a little vinegar; if too thin, cook until it thickens a bit more. Place into hot bottles, putting lids on straight away to seal. Store in refrigerator when cool as there are no preservatives and it will keep for 12 months.





A positive approach to 2022

The following was provided by City of Greater Geelong Windermere ward councillors Anthony Aitken and Kylie Grzybek ...

Happy new year to everyone in our wonderful north.

We enter 2022 feeling positive that much better times are ahead than we've endured over the past two years.

Here in the north, we can be proud to have given ourselves the best chance of staying protected from serious COVID illness with our fantastic vaccination rates. Congratulations to everyone on getting the jab.

The Council is looking forward to a big year, with several new and upgraded community facilities to be built in the north.

The highlight will be the start of

construction on the Northern Aquatic and Community Hub – our long-awaited redevelopment of Waterworld and Centenary Hall. The impact this \$61.6 million facility will have on our community once it's built will be huge, and we can't wait to see it start to rise out of the ground.

The Council has also budgeted \$3.58 million in upgrades at the Corio Football Netball Club and Corio Cricket Club to improve facilities – and those works should go ahead this year.

And our efforts to start returning Labuan Square to being a vibrant community meeting point will also begin in 2022, with major improvements to the public space in the area. If you haven't seen the designs for the square, visit yoursay.geelongaustralia.com.au/labuan to have a look.

City of Greater Geelong Council is investing at least \$250,000 in this project and

we want to work with the shop owners and landlords in the square on ideas to help attract new businesses and create community spaces.

Of course, a major milestone will be the arrival of the Spirit of Tasmania at its new home in the Geelong Port later this year.

The GeelongPort team has done an outstanding job attracting the Spirit and we're looking forward to having people flowing into Geelong from Tasmania and vice versa. The impact on our tourism industry will be substantial.

As always, if there is anything you would like to raise with us, please get in touch: aaitken@geelongcity.vic.gov.au and kgrzybek@geelongcity.vic.gov.au.

Best wishes for a great year.

Planning the way forward

Norlane Community Centre has been out talking with the community and other organisations in 3214 about the best future for our community. This exploration has helped shape some clear directions for the centre.

There are four main areas of focus.

1. Digital Access and training.
2. Wellbeing for all.
3. Programs – What we do.
4. Community led governance.

The document Strategic Planning Themes can be viewed on our website <https://norlanecc.com.au/strategic-plan-themes-draft-for-comment/>

We are still seeking community feedback on these new directions, so feel free to contact the centre if you would like to comment.

A safe place to learn and grow

In response to the feedback, Norlane Community Centre is looking for new ways to help the community learn and get to know each other.

One part of the centre's new direction has a focus on helping people with their digital literacy. We are partnering with Cloverdale Community Centre to deliver some new computer classes for different skill levels and continuing the drop-in sessions on Fridays from 10am-noon for people to get help with phones and computers.

There are new classes which you can register for, including Stay Safe When You Sell or Buy on the internet; Conversational English; Upgrade your digital job skills. Details are on our activity pages.

Centre co-ordinator Esther Koning-Oakes wants to hear from anyone with ideas about what they need to learn.

"We have staff and volunteers who can help with digital devices," Esther said. "We're also able to partner with other organisations to

provide computer classes for adults. This might help you with skills for a job, a hobby or to stay in touch with family and friends." To get in touch, phone the centre on 5275-8124.



Other opportunities at Norlane

Tool Pool: Do you need a mower for short-term use? Join the Tool Pool for \$5 and you can hire a mower from the centre. It costs \$5 for a couple of hours and your fuel is included. The centre also has some manual garden tools that can be loaned to Tool Pool members for free.

Book Swap: The centre has an ever-growing bookshelf full of books to borrow from or add to. The Book Swap is free and a great way to share resources in the neighbourhood.

Share Table: Do you have excess plants, food, produce, clothes or small items? Then pop them on to our share table and you can help yourself to anything on offer that you might require. Every Thursday from 1pm.

Community Garden beds: These are very popular, but you are welcome to put your name down on our wait list.

Expression of Interest are being taken for other opportunities to learn at Norlane, including Introduction to Community Services, Floristry Basics, Hip Hop Dancing and Jewellery making.

For more information about any of these opportunities, contact the centre, phone 5275-8124.

Term 1 activities and programs at Norlane

ARTS AND CRAFTS

Mosaics: Classes are held every Monday from 1pm-3pm. All are welcome and no experience is necessary. Basic materials are included. The cost is \$10 and bookings are essential.

Art with Alex: Have you wanted to learn about the basics of how to draw and paint or what other things you can do in the art world? Then come bring your ideas to Art with Alex, a professional and experienced tutor who will help to bring your creation to life. Monday 10am-noon. Cost \$5.

Art Group: Would you like to paint in a friendly, comfortable self-help group? Come and join us every Tuesday from 9am until 1pm. All art mediums invited. Bring your own materials. Cost \$4.

Craft: Come and enjoy afternoon tea and a laugh with a group of talented people of all ages. The group meets on Fridays from 1pm until 3pm. This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1.

Theatre: We are looking at a relaunch of our theatre program in 2022. Please call the centre to register your interest in participating.

FITNESS AND MINDFULNESS

Tai Chi for All Abilities: Learn the art of Tai Chi. Classes are held every Tuesday from 10am until 11.30am for beginners and those with previous experience. Wear comfortable clothing and flat shoes. The cost is \$2.50. Social

Conversational English: Do you want to learn and practice English skills? Come and join us. We can work with you to build up your writing and speaking skills whilst doing an activity you enjoy, such as sewing, cooking or gardening.

Gardening Group: Have you got any gardening questions or ideas? Would you like to start a home garden but don't know where to begin? Join us on Thursday mornings from 10am to meet with our resident volunteer gardener at Norlane. You can ask questions or share some knowledge.

Community Kitchen: Norlane Community Kitchen meets at the centre every Friday from 10am-1pm to socialise, meet friends, cook and share a meal together. The group also cooks using vegies grown in the centre's community garden. Cost \$5.

Financial Wellbeing for Women: Do you want to feel more in control of your money? Learn how to set up a budget and plan for your future in safe space. Find out how to avoid or manage debt and what supports are in the community that you can access. Learn about what money scams are and how to protect yourself.

DIGITAL

Digital Drop-In Café: Digital Drop-In is a space where you can learn about computers and anything digital in a safe and supported environment. Digital Drop-In is held on Fridays from 10am until noon. Bookings recommended. Gold coin donation.



Beginners Computers: A course for those who would like to learn about computers in a structured way. From how to identify and turn on a digital device to what is on a computer, what is the internet and how to connect and what programs are right for you and how to use them to build your skills.

Staying safe on the internet: A course that will inform those who would like to explore the internet safely. We cover how to connect using different devices including phones, iPads, tablets or computers and explore what the dangers are in the digital realm and how to protect your privacy, ensure you can confidently and safely navigate them. This includes scams, keeping bank details safe, phone safety, setting up PIN numbers/Passwords, email and much more.



Supercharge your digital job skills: With everything pushed into the online realm during lockdown, the stakes are now higher than ever in the digital realm. This course is designed to sharpen your online profile, use different services to find jobs and set up jobseeker profiles, give you experience with programs like Zoom or Microsoft teams for online interviews and set you up for success in your next online application.

How to Sell and Buy on the internet: Would you like to buy and sell on the internet? This course will take you through different ways to do this safely and with confidence. This includes platforms such as Facebook, Gumtree, Etsy, Amazon and ebay. Learn to explore these programs and find out which one suits you.

Tell My Story

An eight-week program where you will be guided through the process of writing your own life story so far. Weekly one-hour sessions with a facilitator, then writing in your own time. The result will be an edited, printed version of your life.



Rosewall Community Centre

36 Sharland Rd, Corio VIC 3214. Phone (03) 5275 7409.

E-mail: admin@rosewallinc.org.au

Office Hours: 9am to 4pm, Monday to Thursday; 9am to 3pm, Friday

Summer school holiday fun

Rosewall will be running a series of free, fun school holiday activities in January, including cooking, skating and pottery. We are excited to also work with the NGV as part of the 'Kids on Tour' program with free hands-on family art activities.

Rosewall is helping families get ready for a new school year with free school supplies available for pick-up between January 11 and 25.

Follow us on Facebook for the holiday program and further information.



Rosewall Café

Low-cost meals, coffees and desserts are available for purchase when the Cafe Skills program is running - Mondays, Tuesdays and Wednesdays 10am to 1pm during Term 1. Follow Rosewall Community Centre on Facebook to check the daily menu and for opening hour updates.



Pottery kiln firing at Rosewall

Rosewall offers a pottery firing service to the public at affordable rates. We run bisque and mid fires regularly and are able to do stoneware and earthenware if you have enough for an entire load.

If you have a large quantity of work, take advantage of our reduced rate for a full kiln load. Contact admin@rosewallinc.org.au or phone 5275-7409 to discuss your needs.



Term 1 activities at Rosewall

CREATIVE

Pottery for the Passionate

Mondays, 1pm to 4pm or Thursdays, 6pm to 8.30pm. Learn to make beautiful ceramic creations with an experienced tutor. Some materials included. Learners are responsible for extra supplies and firing. All abilities welcome.

Cost \$210 (\$180 concession) for an 8-week course.

Creative Open Studio

Tuesdays, 12.30pm to 3.30pm or Fridays, 9am to 3pm.

Looking for more space and time to work on your art practice? Artists across all mediums are welcome to join these self-directed sessions.

Cost: \$5 for half-day, \$10 for full-day.

Making Mosaics

Wednesdays, 9.30am to 12.30pm.

Make magic from your broken crockery!

Materials supplied.

Cost: \$100 per term.



Pottery Wheel Throwing

Mondays for 6 weeks from February 7, 10am to noon.

Take your pottery skills to the next level. Designed for beginners as well as those who want a little bit more help throwing. Materials supplied.

Cost: \$170 (\$150 concession) for a 6-week course.

Painting and Drawing – portfolio development

Tuesdays and Thursdays, 9am to noon.

Work closely with our tutor to develop your painting or drawing skills. All abilities welcome. Some materials supplied.

Cost: \$120 per term both days or \$60 for one day per week.

Crafty Creatures

Mondays, 10am to noon.

Bring your own craft project or come along to learn new skills like scrapbooking, knitting, crocheting and more. Scrapbooking materials provided. BYO other materials.

Cost: \$5 per session.

Body Mind Clay

Tuesdays, 6pm to 8.30pm or Wednesdays, 6pm to 8.30pm.

Thinking and making hand-built ceramics inspired by art and architecture. Relax into your Body and Mind through clay with teacher Ross T. Smith, PhD. For more information, email

faxlab2020@gmail.com

Cost: \$320 (\$280 concession) for a 6-week course.

LITERACY AND COMPUTERS

English Conversation – FREE

Wednesdays, noon to 1.30pm.

Practice your English skills in our friendly group, with one-on-one English tutoring in speaking and writing.

Tea and Tech – FREE

Thursdays, 9.30am to 11.30am.

Drop-in for one-on-one assistance with your basic device and technology questions. Our supportive coaches can help with common questions.

SOCIAL GROUPS

Garden Group – FREE

Tuesdays, 10am to noon.

Get your hands dirty as you plant and pick your own fresh vegetables and herbs and learn new skills in this supportive group.

Youth Group – FREE

Wednesdays, 4pm to 6pm.

A youth-led group with crafting, cooking, games and more. 12-18 year olds welcome. Snacks supplied.

Community Kitchen

Fridays, 10am to 12.30pm.

Get together once a week to plan, shop, cook and eat a meal together. All abilities and experience levels welcome.

Cost: \$5 per session.

Over 50s Social Group

Fridays, 1pm to 3pm.

A chat, cuppa, and new friends – what more could you want on a Friday afternoon? Tea and coffee provided. For more information call Sue on 0410-008-013 or Ronnie on 0418-653-309.

Cost: \$3 per session.

WORK SKILLS

Café Skills

Mondays and Tuesdays, 9.30am to 2.30pm.

Learn to work in a real-life café environment. Skills gained include coffee making, food preparation, customer service and cash handling. The course includes an accredited safe food handling qualification.

Cost: \$160 per term.

Safe Food Handling – accredited qualification (SITXFSAO)

Tuesday, February 15, 9.30am to 3.30pm.

An essential skill for a career in the hospitality industry. Learn about correct storage temperatures, dealing with 'danger' foods, personal hygiene, cleaning and more. Cost: Cost \$120.

Sewing – FREE

Wednesdays, 9.30am to 11.30am.

Beginner-friendly sewing group. Learn to sew and make items for yourself, family or friends. All equipment and material supplied.



Cloverdale Community Centre

167-169 Purnell Road Corio, VIC 3214. Phone: 03 5275 4415

E-mail: info@cloverdalecommunitycentre.org.au or courses@cloverdalecommunitycentre.org.au

Web: www.cloverdalecommunitycentre.org.au Office Hours: 9am-3:30pm Monday to Friday

Skills for study, work and life



Cloverdale Community Centre has programs and courses to help you learn new or update existing skills for study, work and life.

Cloverdale is a Learn Local organisation, which means we offer pre-accredited training and programs across a range of interest areas. They are carefully designed to support our learners as they pathway to further study or work.

Learn Local programs require a commitment to attend classes over 8-10 weeks. Some courses are free, others are \$50 for the term. Cloverdale's program staff can help design a learning schedule across one or more terms. This might include computers skills, help with language or even maths.

We encourage you to make an appointment to create a plan for learning. Phone 5275-4415 or email courses@cloverdalecommunitycentre.org.au.

All courses will start in early February – subject to numbers.

Getting Started With Computers

This is the place to start your computer education. Our gentle introduction starts with knowing where to turn the computer on through using Microsoft Word, setting up and using email. Classes run over 8 weeks during term, on Mondays, 9.30am-noon.

Developing Computers

The Next Steps 1 and 2 follow our introductory course and covers Excel, PowerPoint, creating charts and tables, the internet and computer maintenance. Classes run over 8 weeks, Mondays 12.30pm-3.30pm.

Introduction to Community Services

This program might be a taster course

for Community Services at an RTO or just to give participants an understanding of what community services means in a Neighbourhood House. It is a 40-hour course and will run on Wednesdays, 9.30am until 12.30pm, by blended delivery.

Maths for Real Life

Maths for Real Life is a fun class to help you learn or improve your mathematics skills for use in everyday life. Our friendly tutor will guide you through basic maths for budgeting, percentages, fractions, shopping, calculators, interest rates, tables, probability, odds, decimals and more. Classes run over 8 weeks, Mondays 12.30pm-3pm.

Getting Ahead

Getting Ahead is an approved training program aimed at creating awareness about making changes for a better life. Participants work with a facilitator to look at their own life, why others think and work the way they do, language, motivation and resources for building a better future. No cost. Call to discuss your suitability.

Tell My Story

Everyone has a story to tell, whether they've been on this earth for 18 years or 80. Tell My Story is an eight-week program where you will be guided through the process of writing the story of your life so far.

You'll have weekly sessions with a trainer, on Wednesdays, 1.30pm-2.30pm, then use your own time to write about your life. The result will be an edited, published version of your life.

English for Living and Working in Australia

A program of learning and support to improve your English and knowledge of life in Australia, including preparation for the citizenship test. Classes are at Cloverdale or via Zoom.

Introduction to Barista

A 24-hour course designed to help pathway our learners into hospitality work or further study. Weekly sessions include a range of coffee-making experiences at Cloverdale. An opportunity to expand employability skills and gain a taste of the industry, including pathway options to kitchen operations.

Introduction to Small Motors

Hands-on experience with small motors and outdoor equipment, including onsite work experience at our trade training centre. Pathways include automotive industries.

Introduction to Metalwork

Learn the basics of metalwork, including work safety and tools. Hands-on learning at our trade training centre. Pathways include welding, fitting and turning, panel beating, metal fabrication.

Introduction to Woodwork

Learn the basics of woodwork, including work safety and tools. Hands-on learning at our trade training centre. Pathways include carpentry, cabinet-making and general maintenance.

Trade taster courses

A series of trade taster courses are available at our trade training centre.

Kickstart Your Career in Health

A program specially designed as an introduction to working in support roles in the health industry. Includes computer, financial and employability skills; developing problem solving skills; resume writing and mock interviews. Also includes a section of work, known as a micro-credential, with outcomes recognised by the three major hospitals in Geelong. Places are limited.

Term 1 activities at Cloverdale

Cloverdale Community Centre's programs and activities will be running in Term 1. To book your place, call the centre on 5275-4415.

MUSIC, ART AND CRAFT

Introduction to Art: Our friendly art trainer, Gale Jarmyn, will introduce you to the basics of art, including drawing, painting and colour mixing. Classes are held on Tuesdays from 11.30am until 1.30pm over eight weeks, starting on February 8. The cost is \$3 and materials are supplied.

Art@Cloverdale: Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays from February 2, 10am-noon. \$5 per session.

The Artist's Way: A collection of artists from varied disciplines – writers, painters and musicians – who meet monthly to mentor each other on their artistic journeys. Their aim is to unblock the artist within as they work their way through Julia Cameron's well-respected book, *The Artist's Way*. The group meets on the second Tuesday of each month from 1.45pm until 2.45pm. The first session for 2022 is on February 8. To join, you'll need to buy Julia Cameron's book – *The Artist's Way* (any edition) – and pay \$2 monthly when you attend the meetings.

Wednesday Open Studio: Bring your own art project to work on while sharing the space with other artists. Wednesdays, 1pm-3pm. Cost: Gold coin donation.

Cloverdale Singers: Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays from February 1, 10.30am-noon. \$3 per session.

Ukulele Players: A great musical gathering for those who have a grasp of the basics and want to refine their skills including performing, strumming and chord progressions. Thursdays from February 3, 10am-noon. \$3 per session. Beginner classes are also available (bookings essential, limited number of ukuleles available for loan). \$3 per class.

Cloverdale Craft and Knitting Group: Bring your craft or knitting project for a relaxed craft or knitting session. Fridays from February 4, 1pm-3pm. \$2 per session.



North Geelong Community Big Band: Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from February 3, 6.30pm-9pm. Gold coin donation.

COOKING

Cooking for Blokes: Facilitated by the Australian Red Cross, this is a socially inclusive space for men to meet, cook and socialise. Mondays from January 31, 11am.

HEALTH AND WELLBEING

Tai Chi: Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays from January 31, 9.30-10.30am. \$5 per session.

Yoga: Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Bring your own mat. Tuesdays from February 1, 5-6pm. \$5 per session.

Fit and Balanced with Dee

Martin: A gentle introduction to exercise to improve muscle strength, balance and increased mobility. Tuesdays from February 1, 10-11am. \$5 per session.

Cloverdale Walking Group: Join with a motivated group of community members for a walk and a chat every Wednesday from February 2, 10am. FREE.

Line Dancing with Maree Gabriel:

A fun class for beginners, including seniors, looking to gain some fitness; no previous dancing experience required. All welcome. Tuesdays from February 1, 9.30am-11am. \$5 per session.



Brazilian Jiu Jitsu

Wednesday evening, Juniors 5.45-6.30pm, Open 6.30-8pm. Free. A community where 'anyone and everyone' can feel comfortable, connected, loved and supported while learning the transformational art of Brazilian Jiu Jitsu.

T.O.W.N Club (Take Off Weight Naturally)

TOWN Club meets at Cloverdale Community Centre every Thursday from 9am-11am. For more information, contact 0438-517-215.



Supporting local students

Northern Bay College students from Hendy and Peacock campuses are being supported during their transition from primary to secondary school, or a campus change, by a group of volunteer mentors from local charity EdConnect.

EdConnect volunteer transition mentors worked with the students for one hour a week in late 2021, and will continue the role in 2022, as the students commence at their new school or campus, at either Geelong High School or the Goldsworthy Campus, Northern Bay College.

The Mentor program was funded through the 2021 Give Where You Live Pitch Up initiative. The school co-ordinator at Hendy Street campus, Sue-Ellen Thatcher, is thrilled the Transition Mentors were able to start with some Year 8 students.

"For many students it is really challenging for them to navigate their way as they

change campuses," she said. "The ability for the students to have support that continues through this transition will provide stability and importantly a trusted role model who can journey with them to the Goldsworthy Campus in 2022."

EdConnect Volunteers are trained and supported as they build relationships with students, focussing on emotional and social support. Mentors help build students' confidence and resilience and recognise strengths in preparation for the transition. The support from mentors into the new school year and setting will provide stability, support and encouragement for students as they find their way.

EdConnect Geelong and Surf Coast Liaison Office Sally Edgerton is delighted with the new volunteers who put their hand up to play this crucial role in a young person's life.

"Covid has disrupted normal flow and

structure for many students and schools, so this help is crucial for some students," she said. "We are overwhelmed with the community volunteers we have, who are so committed to the program and the wider ethos of EdConnect Australia.

EdConnect has varied volunteer roles available in 2022, and one hour a week is all that is required. Volunteer roles include listening to children read; working with small groups of students in specific subject areas (maths, science, art); assisting senior students where English is second language in a homework club; providing subject specialist assistance in secondary schools; helping in a school library; or mentoring a student on a 1:1 basis over the year.

To find out more about all the EdConnect volunteering opportunities in the Geelong and Surf Coast region, head to www.edconnectaustralia.org.au

Emission control at refinery

A commitment to offset greenhouse emissions at the proposed Viva Energy gas terminal at the Geelong Refinery is an important milestone in the company's sustainability journey.

The determination to have a carbon neutral outcome on a major energy project underlines Viva Energy's commitment to transition to a low-carbon future.

The need to keep Australia's cars, trucks and planes on the move will ensure that traditional hydrocarbon fuels will remain a significant part of the Geelong Refinery energy mix for many years, but Viva Energy is now considering how it can bring a

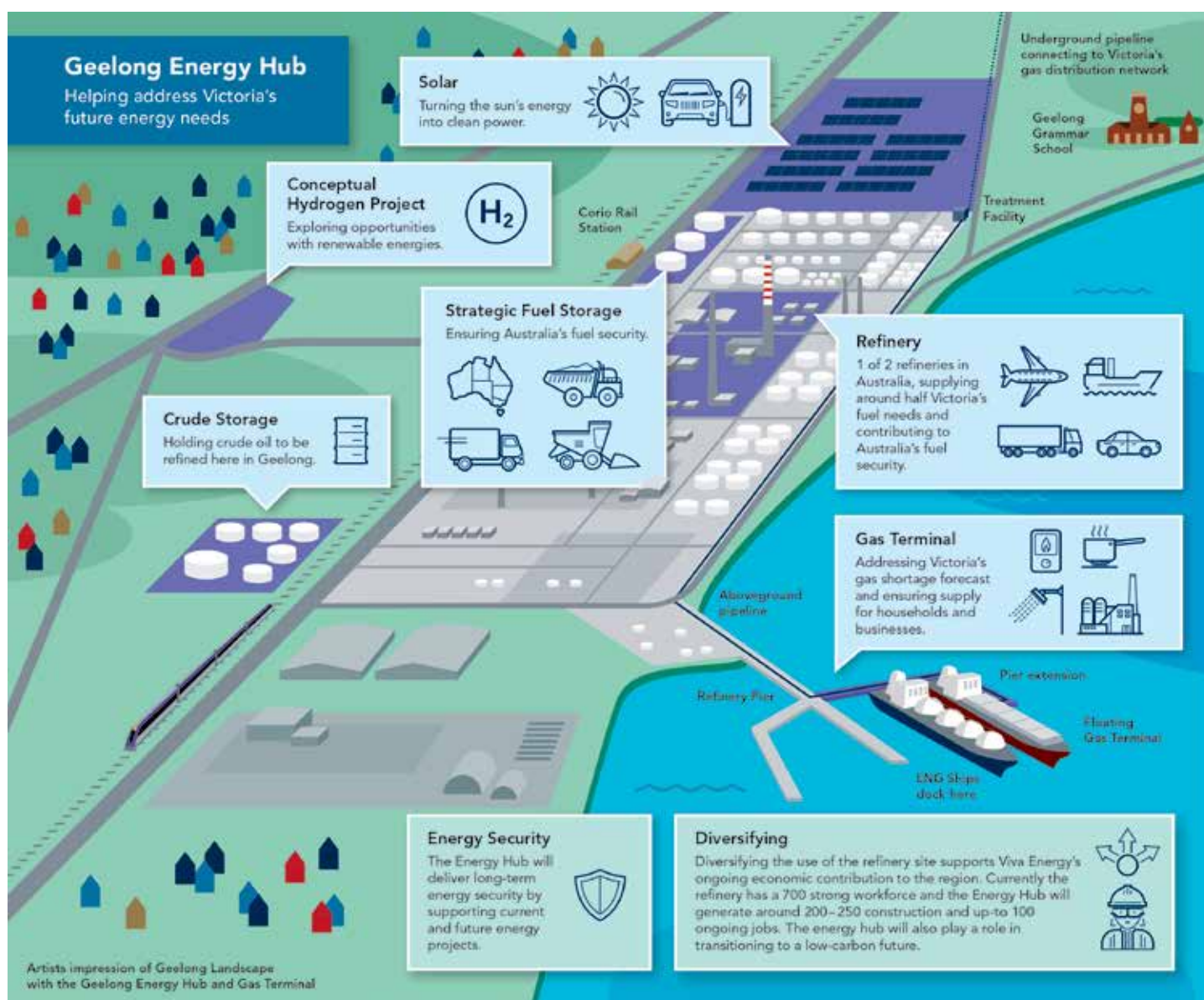
sustainability lens to projects and operations. The refinery's future is being planned to include renewable and alternative energy sources under a vision to develop the Geelong Energy Hub. Already a gateway for the supply of about 50 percent of Victoria's fuel needs, additional projects under investigation include installing a solar farm and being an Australian pioneer in the use of hydrogen.

The first major step towards the refinery becoming a mixed energy gateway for Victoria involves a floating LNG gas processing terminal being permanently moored at Refinery Pier.

The move will see Geelong become pivotal to replacing the forecast gas supply shortage expected to impact south-eastern Australia this decade.

Like petrol in our cars and diesel in our trucks, a reliable, affordable gas supply will be needed by the economy for many years during the country's transition to renewable energy.

While a fossil fuel, gas is a cleaner alternative transition fuel with fewer emissions of air pollutants and carbon dioxide than burning coal or petroleum products.



Corio Bay marine life is thriving



Since 1954, the Geelong Refinery has undertaken regular testing to ensure there is minimal impact on Corio Bay's microbial ecology, which is critical for the flourishing bird life and fish stocks.

These days the marine samples and studies are overseen by Geelong environmental scientist Dawn Conway (pictured) who describes the bay's ecology as healthy, diverse and resilient.

"Corio Bay is a thriving marine environment which has proven to be remarkably resilient to the influence of industry, including the refinery, based at the port," Dawn said. Information collected over 67 years of operations has been augmented over the past year with targeted environmental data collection and marine monitoring. A host of independent technical studies have been

prepared to assess potential environmental impacts of the operation and construction of Viva Energy's proposed gas terminal and extension to Refinery Pier.

The historic data, which includes measurements of phytoplankton, algae and larvae, water temperature and various chemical parameters such as chlorine, is a definitive record of how the environment responds to the current use of seawater for cooling at the refinery.

The gas terminal will also use seawater. Under this proposal, there should be negligible change in the volume of seawater taken and discharged back into the bay or to the chlorine levels, which are modest and well below the mandated EPA levels. "The advantage of having so much historical data means we do not expect the gas

terminal operations to introduce any noticeable changes to the Corio Bay marine environment," Dawn said.

An Environment Effects Statement will be on public exhibition early next year.

Scan here to find out more about Viva Energy's work on the marine environment for the Gas Terminal Environment Effect Statement

