

EDITION 62, TERM 4, 2019

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1800-662-673

OUR COVER: Chad Taylor and Giuseppe Posterino will be part of Corio Little Athletics Centre's 2019-20 season, which begins this month with a come-and-try day at Goldsworthy Reserve on September 27. For more information, SEE Page 5.

Editor's letter



Take a leap into spring

Spring has arrived after a long, cold winter and Term 4 is almost upon us. Before we know it, we'll be celebrating the end of another year.

Before then, though, it's a great time to make changes – big or small – that will help make the most of every day for the remainder of 2019 and beyond.

Spring is an ideal time for new beginnings – in the garden, on the sporting arena, in life. Whether it's trying a new sport or activity, learning a skill or hobby, meeting new people or finding a new place to relax, the change of season is a great time to make small changes.

This edition includes several options for sporting and leisure activities starting this month, as well as other opportunities for 3214 residents to get involved in activities in their community.

Cloverdale Community Centre will showcase its new facility when it hosts a full meeting of the City of Greater Geelong on November 12. This will be a chance for residents to visit the centre, enjoy a barbecue and meet their councillors.

I hope you find some interest and inspiration to try something new. Enjoy the spring and (hopefully) a good dose of sunshine.

Jeanette Anderson,
Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

Day hospice in Norlane

Day respite is available in Norlane for people with life-limiting illness. Anam Cara Hospice is hosting weekly sessions at Dorothy Thompson Centre in Wendover Avenue.

The day program runs every Wednesday from 10.30am until 3pm, co-ordinated by Day Hospice Nurse Manager Tessa Davis, with support from palliative care-trained volunteers.

"People with life-limiting illness can come and have quality time with a palliative care-trained nurse," Tessa said.

"They can enjoy some time to chat, socialise and meet new people. We can advocate for them in terms of pain management, as well as liaise with their family, GP and specialist."

Tessa said day program is the first outreach in the northern suburbs and is also an opportunity to give carers a break.

For more information, call 5222-5831.



Anam Cara Day Hospice volunteer nurse Mandy Fisher and nurse manager Tessa Davis at Dorothy Thompson Centre.

Cricket's back at Windsor Park

Cricket will return to Windsor Park this summer, with North Shore Cricket Club resuming after a four-year break.

New secretary Annmaree Willis said a small committee had been working hard for the last eight months with the goal of fielding two senior sides this year.

At the helm is president Matthew Jeffreys (pictured), who is also the club coach. He is supported by vice-presidents Brent Potter and Anthony Close, treasurer Tamara Willis, Jessie-Lee Potter and Mick Bell.

"We will be playing in the Geelong Cricket Association one-day hard wicket competition, starting in October, and have a mix of returning and new players committed," Annmaree said.

"We've really had to start from scratch to get equipment, but have some sponsors on board to help get us off the ground."

Annmaree said the club's five-year plan is to also field junior sides, a women's side and all-abilities team. She said the club is working with the North Shore Football Club to share the facility and build resources.



For more information about joining the club, call Annmaree Willis on

0478-159-050 or follow North Shore Seagulls Cricket Club on Facebook.

Do you have a legal problem? FREE LEGAL ADVICE AVAILABLE

Phone us on 1300 430 599 to make an appointment to speak with a lawyer
Free interpreters available, phone 131 450 and ask them to call 1300 430 599

*Appointments available at: Barwon Health - Corio Community Health Centre, Gellibrand Street, Corio
Norlane Child and Family Centre, 52-56 Gerbera Avenue, Norlane*



New season for young athletes

Corio Little Athletics Centre's 2019-20 season starts this month, with a family fun come and try day on September 27, before competition begins the following week.

The club will this year have use of a new \$1.26million track, which was completed earlier this year. The IAAF standard track is only one of two in Australia with SMARTTRACKS technology, which has sensors under the track to enable athletes to monitor their progress when training.

The Centre's summer season runs from October until March and competition is held at Goldsworthy Reserve every Saturday. Events include sprints, long distance, walks, hurdles, long jump, triple jump, high jump, discus, shot put and javelin.

Athletes compete according to their age group, ranging from Under 6 to Under 16. Children must be at least five years old to join.

Corio Little Athletics Centre is made up of five clubs – Bell Park, Corio South, Corio West, Golden Plains and Lara. There are about 300 athletes registered at the centre.



Registration costs \$82 for the season, plus a weekly fee up to \$8 (depending on your club). There are also uniform fees for each club.

The come and try day will be held on Friday, September 27 from 10am

until noon. It will include a barbecue, activities and a chance to meet representatives of each club.

For more information, phone Kirsten on 0414-944-199.

**Function room with
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Family-Sports-Recreation

335 Blue Stone Bridge Road, Lovely Banks

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Fishing for new members

A new fishing club has formed in Corio, offering a family-friendly environment for all anglers.

Corio Bay Anglers Club meets fortnightly, on Wednesdays from 6pm-7pm, at Cloverdale Community Centre. The club already has 30 members involved in a variety of activities.

President Mick Conway said the club is for all-weather and all sorts of fishing and will host 12 to 14 fishing competitions each year. They also have plans to clean-up around the bay, including North Shore and St Helens beaches.

"Our members also share their knowledge, so it's a good place for young anglers to come and get support and advice," Mick said. "We encourage families to come along to our social events, which include our weigh-ins and barbecues at Moorpanyal Park."

Mick said young anglers can learn from older members and can also access equipment for a day if they want to try fishing.

For more information, call 0421-739-618, email coriobayfishingclub@gmail.com or look for Corio Bay Fishing Club on Facebook.



Northern Bay College 1300 348 535



Enrol for Kindergarten, Prep, Year 7 and Year 9 2020

Northern Bay College

Look to the future



Northern Bay College 1300 348 535

Inspire, connect and strengthen



Last year's event attracted more than 3000 people. Photo by Geelong Street Photography.

Humans in Geelong will hold a free community event at Deakin University's Waterfront Campus to mark the start of Mental Health Month. The event will be held on Sunday, October 6 from 10am until 3pm.

The event was attended by more than 3000 in 2018 and organisers expect this year's to be bigger and better. A team of volunteers will support Humans in Geelong as they aim to inspire, connect and strengthen their community. They'll also be available for free hugs.

The day will include a Welcome to Country, student writing competition

results, 45 exhibitors, artists, authors, social entrepreneurs and community groups.

There will be 10 inspiring guest speakers on a diverse range of topics. They include Chris Lytas from 'The Man Walk Geelong' whose topic is "Making people comfortable with speaking about the uncomfortable – why storytelling is key to normalising the conversation around Mental Health."

Cathy Roth will talk about Professionals with Alzheimer's (PALZ), while Chloe Hayden (Princess Aspien) will talk about autism, creating a fairy tale within your

circumstances and helping other people to find their happily ever after.

Culturally diverse performances will include With One Voice Choir, Medimime, Rachel Brennan and young songwriters, Macedonia, Indonesian, Lithuanian and La Vida Salsa Latin dance groups.

There will be fun in the courtyard, including free facepainting, henna, apples, Geelong Crusaders, Combined Refugee Action Group conversation tent and 'The Dance' at 1pm.

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Support to find training and work

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Get a mentor - Get training - Get a job

Mentoring support is available for 3214 residents who'd like help finding the right course that suits their strengths, interests and aspirations.

Reconnect provides participants aged 17 to 64 with support designed to help them complete study to help them get a job.

The program provides weekly to fortnightly mentoring and help with enrolment and completing accredited training for up to 18 months. Reconnect staff will also help with motivation, confidence and self-esteem building, group training, work experience and access to other services.

Reconnect is for people who haven't completed Year 12 or equivalent – Senior VCAL or Certificate II or above.

There are other eligibility requirements for participants. They must be an Australian or New Zealand citizen, or hold a permanent visa; not currently studying; eligible to receive government subsidised training; and not in full-time work.

For more information call 5223-3222, visit www.diversitat.org.au/training/reconnect or email reconnect@diversitat.org.au.

Free legal advice

Canny Legal provides free general legal advice for 3214 residents, at Norlane Community Centre.

Residents can apply for help with legal matters including tenancy, wills, power of attorney and deceased estate advice. To apply for help, fill in an intake form at reception of Norlane Community Centre and you will be contacted for a session time.

Canny Legal's aim is to provide some general advice on legal issues to help you manage the issue in the future. The program is limited and if your issue is unable to be resolved, you may be referred to another service that may be able to help.

For more information and to apply for some help, call into Norlane Community Centre in Rose Avenue or call 5275-1824.

Little Miracles Home Group – Corio

Every Sunday 6–8.30pm
Dinner, Friendship, Bible Study, Prayer

All welcome

Now at
12 Nixon Court, Corio

Cooking camp a delicious activity

Norlane West Scout Troop recently attended a weekend Gourmet Cooking Camp.

On arrival, the Scouts decided how their camp would be organised and then set up their tents in the dark and rain. Over the weekend they learnt about different types of cook fires, such as in-ground ovens, cardboard box ovens and the traditional fire pit. They had several food demonstrations and then returned to camp to make them.

The Scouts worked together to make their lunches, snacks and dinner, including pizza, savory scrolls, scones, beef casserole and pasta. They needed to warm water on the fire to wash all the dishes and keep their 'kitchen' neat and clean.

These types of camps offer great opportunity for both youth and adults to come together as a team, to learn new skills, to build some resilience, make new friendships and just have fun being out in the fresh air enjoying nature. Sitting around a fire at night time is always a special time to share thoughts and reflect, sing some songs and tell a joke or story.

Norlane West Scouts meet on Tuesday from 6-8pm. New youth are welcome to come for a free three-week trial. For more information, contact Kim on 0425-783-995.



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Connecting people to jobs

Students pitch for community projects



Year 6 students from Northern Bay College recently stepped up before a panel of Geelong community leaders to pitch for funding for 33 community change projects.

The PITCH event is part of Kids Thrive's award-winning Kids as Catalyst program. It took place over three days at Northern Bay College and involved three dozen local partner organisations and two dozen community panelists, as well as parents, carers and other community members.

"They blew us away," Kids Thrive CEO Dr Andrea Lemon said. "Over three days these kids convinced panellists to grant them a total of \$8334.40 to their projects."

The project teams were student-led, working in partnership with a range of local organisations. With funding now secured, they are rolling up their sleeves to implement the projects that will bring positive change to their community.



"These include taking local elders on a bus trip to the You Yangs, creating a safe play space at the Geelong Food Bank and working with the Lara Men's Shed to build a picnic table for locals to use," Dr Lemon said. "It's incredibly exciting."

The PITCH days included students from the Wexford, Tallis, Hendy and Peacock campuses at Northern Bay College. Their projects were also presented at a Showcase to be held in Geelong on September 12.

 <p>Northern Bay College Family Centre</p> <p>New Facility Daily Groups Drop In Young Parent Education & Access Support Services</p> <p>Ph: 5224 9791</p>	<p>Northern Bay College</p> <p>Family Learning Centre</p> <p>NBC Goldsworthy Campus - Gate 6</p>	<p>Northern Bay College </p> <p>Early Learning Centre</p> <p>Kinder Groups Quality programs Beautiful Grounds Long Day Care</p>  <p>Child Care Kindergarten</p> <p>Ph: 5224 9784</p>
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Free session for locals to access aged care

Baptcare Coasthaven Community is a newly opened residential aged care community located in Norlane (45 Robin Avenue).

A free community information session will be held on September 19 from 3pm to 6pm, with food and drinks provided, to assist locals to understand and access aged care services.

The session is aimed to alleviate the confusion many older people face about their options for aged care and will help

assist them with filling out paperwork, calling My Aged Care, accessing financial support, transitioning from home, and simply answering questions about aged care.

For more information and to register go to www.baptcare.org.au/coasthaven

Baptcare is a purpose driven organisation focused on delivering the best of care to people of all ages, cultures, beliefs and circumstances.

Through our social enterprise model, we deliver better outcomes for more than 19,000 people in our community, combining the best commercial practice with a social heart.

Baptcare has more than 3,000 dedicated staff across Victoria, Tasmania and South Australia to deliver the best of care to people in Residential Aged Care, Retirement Living, In Home Care, Family and Children Services, Affordable Housing and Disability Services.

Baptcare Coasthaven Community

The best of care in Norlane

Norlane's newest residential aged care community is now open and welcoming new residents like Val, who has returned to Norlane after three years away: 'I'm delighted to be back in the community I know and love. The residents here are friendly, the staff are lovely, and the views of the You Yangs are just beautiful.'

Get in quick to secure your place at Coasthaven.

Government funded places available.

Call 13 BAPTCARE (13 22 78)
or visit baptcare.org.au/coasthaven

Baptcare Coasthaven Community 45 Robin Ave, Norlane



Baptcare

New facilities in the north

What a busy time it is in the northern suburbs of Geelong. Work is well underway at Barwon Health North. With the structure now finished, external works are nearing completion and internal fit-out is in progress, with services expected to begin in 2020.

Services at Barwon Health will be a hybrid of specialist care, women's and children's health clinics, and treatment for non-emergency illnesses and injuries. These will include renal dialysis, after hours care, such as GP and urgent care services, as well as specialist outpatient services and clinical support services, such as medical imaging, pathology and pharmacy.

It has been great to also see construction works underway

at the Purnell Road Child and Family Centre. The centre will provide kindergarten, long day care, maternal and child health, consulting rooms, specialist family support and a toy library, in a location that complements other local services and facilitates the transition to school.

In addition to this, the State Government has contributed funds to the Northern Bay Wexford Campus, which will make improvements to the school and also create a unique 'hub' between the school and the Purnell Road Child and Family Centre.

Rollins Primary School also recently received funds for capital projects. In addition to this, the State Government has invested \$2.581

million from the Camps, Sports and Excursions Fund and over 15,799 payments across the Lara electorate to ensure that every student – regardless of their background – gets the chance to go on camps and excursions with their friends.

The Government has also invested \$41.071 million in equity funding for schools in my electorate – needs-based funding used by schools to introduce programs that help disadvantaged students achieve better results at school and reach their full potential.

More than 1573 students in Lara electorate benefit from the State School Relief program each year, with more than 14,005 items of clothing distributed since 2015.

Planning for prison growth

Victoria's prison population has grown substantially in recent years and, with numbers expected to continue to rise, we are planning ahead to ensure we can meet future demand.

In the recent budget, more than \$1.8 billion was invested to ensure our prisons remain safe, secure, and are able to keep pace with demand.

The expansion included an extra 548 beds at the new Chisholm Road Prison, making it our largest

maximum-security prison, bringing the total to 1248 beds.

The new prison will deliver an estimated economic benefit of \$173 million to the Greater Geelong Region during construction and will bring more than 650 ongoing jobs to the area.

There will be a range of roles, including prison officers, psychologists, teachers, administration and maintenance staff and allied health professionals.

The building of the new prison will support hundreds of jobs across the steel, manufacturing, construction, engineering and other sectors and will create up to 800 jobs during peak construction periods.

Construction is set to start at the end of 2019 and the prison will be operational in 2022.

For more information on other project underway please feel free to contact my office on 5275-3898.

Hon. John Eren MP

State Member for Lara

Level 1, Corio Shopping Centre,
Bacchus Marsh Road, Corio 3214.
Phone: 5275-3898.

A place to buy, learn and meet



Peter Wheeler is co-ordinating the Opportunity Rocks Op Shop in Norlane.

A new opportunity shop arrived in Norlane earlier this year, with Opportunity Rocks Op Shop opening at Dorothy Thompson Centre.

A project of Uniting, the op shop is open Monday to Thursday from 10am until 4pm under the guidance of Peter Wheeler and a small team of volunteers.

"Our volunteers are learning retail skills and to be more active in their community," Peter said. "The shop is also a social outlet for our volunteers, and we always have room for more."

The shop stocks a large range of clothing, toys, books and household goods and all proceeds go back into the

local community.

There are plans to introduce other community activities at the site, including playgroup and yoga.

For more information, call 0402-602-939, or drop in during opening hours.

JOHN EREN MP

State Member for Lara

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Funded from the Parliamentary budget

Level 1, Corio Shopping Centre Bacchus Marsh Road, Corio 3214 Phone: (03) 5275 3898

www.facebook.com/johneren1

www.twitter.com/johnerenmp

Email: john.eren@parliament.vic.gov.au

Save your bottle tops

The Lions Club of Corio Norlane is taking on another venture to help others.

Members are collecting plastic milk and soft drink bottle tops to give to a company called Envision, who are making colourful hands for children in third world countries. The hands are made with a 3D printer and are life-changing for children.

Residents can organise a collection, contact the club and they will collect from you.

Meanwhile, the club is continuing its many other activities, including:

- Opportunity Shop.
- Road Home Geelong project for homeless.

- Bike maintenance project.
- Bike Education trailer.
- Computer donation project.
- Peace Poster competition.
- Collecting gate takings at North Shore Football Club.
- Supervising car parking at the Royal Geelong Show.
- Trivia Night in October supporting local charities.
- Supporting Northern Christmas Carols.
- Selling Christmas cakes.
- Running barbecues.
- Collecting unwanted eye glasses.
- Collecting stamps.

Club members are continually striving to achieve more in their local community and if you have some spare time on your hands and wish to make a difference, contact Richard Walter on



0402-409-895 or
coriolions@gmail.com.

Richard said anyone who has other ideas or suggestions to help the community but doesn't know how to achieve them, can contact the club and it may be able to help.

"We are also looking for members with multicultural backgrounds who are interested in helping their own communities," Richard said. "With this support we can make a difference."

COUNCIL IS COMING TO CORIO

Tuesday 12 November 2019

Cloverdale Community Centre
167 Purnell Road, Corio

- Council meeting starts 7.00pm
- Chance to meet your councillors in person
- Chat informally, raise issues and get an update on local projects

All welcome!



Multicultural festival

North Geelong Secondary College will celebrate cultural diversity when it hosts a Multicultural Festival at the school on Friday, October 25.

The festival, running from 11am until 3pm, will include arts and crafts, rides, market stalls, food, music and entertainment. It will have a theme of 'Generations'

North Geelong Secondary College is in Separation Street, North Geelong.

For more information, visit ngsc.vic.edu.au.

CALL IN FOR COFFEE



Cloverdale Community Centre
167-169 Purnell Road, Corio

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Cloverdale Community Centre
Inquiries: 5275-4415

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3214

For more information please see :



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Learns

Cloverdale

Norlane

Rosewall

Barista Skills	●		●
Become Job Ready	●		●
Beginner Computers	●		●
Café Skills			●
Conversational English			●
Creative Arts - visual & performing	●		
First Aid			●
Intermediate Computers	●		
Introduction to Community Services		●	
Introduction to Hair and Beauty			●
Responsible Service of Alcohol			●
Safe Food Handlers			●
Tell My Story	●		



Creates

Art	●	●	●
Craft/knitting/Sewing	●	●	●
Creative Workshops	●		
Instrumental music lessons	●		
North Geelong Community Big Band	●		
Portfolio Development	●		●
Pottery			●
Singing	●		
Ukulele	●		



Meets

	Cloverdale	Norlane	Rosewall
Coffee and chat	●	●	●
Community Drop-in	●		
Over 50s social group			●
T.O.W.N. (Take Off Weight Naturally)	●		●

Plays

Youth Group 12 -18years			●
Playgroup	●		●

Moves

No Falls	●		
Strength and Training			●
Tai Chi	●	●	
Walking Groups	●		
Yoga	●		

Grows

Community Gardening	●	●	●
Food Swap	●		●

Eats

Community Kitchen	●	●	●
Learn to cook	●		●

Connects

Public Access Internet	●	●	●
Public Use Computers	●	●	●



The Neighbourhood houses of 3214 acknowledge the support of the Victorian Government.

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



Norlane Community Centre is a collection point for Soles for a Cause and Kicks for Glory. Bring in your unwanted sports shoes and they will be distributed to local schools, community and organisations for kids and adults who find high cost a barrier to sport. Make sure they are only lightly worn and clean. If you need shoes, call Norlane Community Centre for availability of size and type.



Artists meet at Norlane Community Centre every Tuesday from 9am until 1pm to paint in a friendly, comfortable self-help group. All art mediums are welcome; bring your own materials. The cost is \$4.





Northern Bay College celebrated Book Week with staff and students dressing up as their favourite book character.

AFL opportunity for females

The Leisuretime Sports Precinct in Anakie Road is hosting a six-week football program designed to get more females playing and learning AFL in a fun, friendly and safe environment.

The program started in late August and will conclude on October 3, with sessions being held every Thursday. All ages and skill levels are encouraged. Whether you want to practice your skills with one of the friendly coaches or you want to try footy for the first time and get active, everyone is welcome.

The project focus is on the skills and fitness related to the game as well as developing new friendship and having fun. The Female AFL Project is inclusive for all females and all skills, drills and

modified games are 'non-contact' to help reduce the likelihood of impact injuries occurring. The sessions feature step-by-step skills adaptation, followed by friendly competition-based games.

The Geelong area has a huge interest from females who want to play Australian Rules Football yet for one reason or another have not had the opportunity to play or have been wanting a more flexible and friendly induction to the game where they can learn the skills before moving into full contact football.

The Female AFL Project provides an enjoyable environment where participants can improve their skills with their mates while their favourite song is on in the background.



Program details

Location: 262-282 Anakie Road, Norlane.

Day & Time: Thursdays 4.30pm-5.30pm until October 3.

Cost: \$6 per player for each session. This program has been broadly aimed at females aged 13-21 years of age, but older are also welcome.

For more information, follow the Leisuretime Sports Precinct on Facebook <https://www.facebook.com/leisuretimegeelong>

Lara United scores goal

Soccer players in Lara are enjoying more space and increased comfort after the official opening of upgraded facilities at Lara United Football Club.

The \$950,000 upgrade was co-funded by the City of Greater Geelong (\$850,000) and the Victorian Government via its 'Change our Game' fund (\$100,000). Works included new female friendly changerooms, a kitchen, social space and first aid room.

The new facilities were officially opened by Windermere Ward councillors Anthony Aitken and Kylie Grzybek alongside Member for Lara John Eren and club president Aaron Pettman.

Lara United is a growing community

club with more than 260 active players from miniroo to senior level, with around 40 per cent of these players being female. The new facilities allow the club to meet Football Federation Victoria standards, giving it an improved ability to attract more girls and women to participate.

Through a partnership with Leisure Networks, Lara United is also making a positive impact in the community by improving access to soccer for people of all abilities.

Windermere Ward councillor Kylie Grzybek said the council was proud to make a major investment in the new facilities, that will help Lara United become an even better place to play

and socialise, especially for girls and women.

"The club had been finding it impossible to fit everyone in, with some teams having to change in the car park. They now have enough space for two matches to be played at the same time, with girls and boys able to play side-by-side and change separately in modern, comfortable facilities," Cr Grzybek said.

"With these facilities, Lara United now has a better chance of attracting junior girls to the sport and developing them all the way through to senior level, where hopefully some will go on to even bigger things."

New child and family centre almost ready

A new \$13.3 million child and family centre in Purnell Road, Corio is entering its final stages of construction. Funded via a major investment of \$11.7 million from the City of Greater Geelong and \$1.6 million from the Victorian Government, the new centre will give Corio children and families access to a range of important services at one state-of-the-art facility.

It includes:

- Long day care for 92 children.
- Kindergarten for 66 children.
- Maternal child health consulting suites.
- Multi-purpose room for group activities such as playgroups and parenting programs.
- Five flexible consultation rooms.
- Specialist family support program area.

The finished building will also feature a toy library, parent lounge, interview and meeting rooms, central reception and office, and off-street car parking.

Windermere Ward councillors Anthony Aitken and Kylie Grzybek recently

visited the site to check its progress, alongside Member for Lara John Eren.

With the bulk of the building now complete, attention has turned to landscaping and construction of a link to Northern Bay College next door. The centre is expected to be ready by the end of October, well in time for a kindergarten and day care opening in January next year.

Mayor Cr Bruce Harwood said "this is a very important investment by the council in our northern suburbs that will improve the services on offer to families and children in the area. Our aim is to help all children in our region get off to the best possible start in life, and these centres have been a major priority

"The Purnell Road centre is one of several we've funded in recent years, with another in Drysdale also making very good progress."

Windermere ward councillor Anthony Aitken, who is also Co-Chair, Social and Infrastructure Planning portfolio

said the project is the single largest investment in social infrastructure for the northern suburbs by the City of Greater Geelong since the amalgamation in 1993.

"It's an excellent partnership project with the state government and Northern Bay College, creating an integrated early childhood hub that will improve outcomes for people with young families in the northern suburbs," he said.

"It's a very personal project for councillor Grzybek and I, showing that the Greater Geelong council does care about our community that lives in the north."

Cr Kylie Grzybek said the facility and its direct link to the Northern Bay College Wexford campus will create a connection for local children from birth all the way to the end of year eight. "Everything they need will be right there in the one place," she said.



Time to think about tomatoes

Spring has officially arrived and this means that it is nearly 'tomato time.' According to statistics, the most popular plant in any home garden is the not-so-humble tomato and now is the time to start planning your summer production line.

Last year, I planted seeds and grew a wonderful Roma tomato called San Marzano, which produced fruit up to 125mm long with a terrific flavor and very few seeds. It was very easy to care for, needed less water than the other varieties, and continued to fruit after the others had finished.

I cut it back to about 30 centimetres high at the end of the season and was surprised when it sent out new shoots, then flowered and produced a secondary crop of smaller tomatoes.

One of the main things to remember is to check the plant's growth early by pinching out the tips at the end of the branches. This helps make the plant stronger with a greater air flow, which increases the plant's ability to produce fruit.

If you don't check the plant's growth early, your tomatoes can end up as a big green mass of leaves with little fruit. The correct climbing frame installed when you plant the seedlings means there will be less interference to the root system at a later time.

Most tomatoes are best planted late October or early November when soils are warmer, so the time to plant seeds is NOW. Try planting seeds inside a degradable paper cup or cardboard roll placed in a pot.

Your seedling can then be transplanted (cardboard and all) into the garden with little or no disturbance to the root system. Your plant should flower and fruit earlier. By staggering the planting of your seedlings at three or four week intervals, you'll extend your fruiting season over most of the summer period.

It's important to make sure you don't crowd your plants, especially with vegetables. Leave plenty of space around your plants and the results will speak for themselves.

You can plant vegetables in the flower garden; the tomatoes mentioned above were actually planted in my rose garden, which meant more frequent visits from the bees, more pollination and more fruit.

During the next few months you may also plant, beans, carrots, celery, cabbage, silverbeet, squash, sweetcorn, brussels sprouts, parsnips, turnips, leeks, radishes and spring onions in the vegie garden and various flower seedlings. Just check with your local nursery to see what's available in the colours you require.

A pretty flower for the Christmas season is petunias. Planted in pots, bowls or hanging baskets, they will make a wonderful addition to your festive events later in the year. Consistent watering and a good heat tolerance will ensure that these pretty colourful plants flower for extended periods of time.

Betty



Spring Garden Party

There is a lot to be excited about at Norlane Community Centre.

On September 20, staff are hosting a Spring Garden Party, in celebration of all the wonderful people at Norlane Community Centre

Come and share food in our community garden and outdoor area. We will provide refreshments and fun; play a game of quoits and enjoy some music.

Look out for our special people with our new roaming iPads. Be amazed by how much you can learn about the garden and garden visitors from these little devices. Hit them up with any IT questions.

We will have gardening advice what to do for spring and if you have any excess garden produce, plants or seeds we will have a share table. Tell us what you would like to see or do here at your local community centre.

Fabulous hat wearing is encouraged.



Free 24-hour public Wi-Fi

Norlane Community Centre will soon have 24-hour public Wi-Fi, thanks to the City of Greater Geelong. The extenders are being installed and when that's all done you will be able to access the free public Wi-Fi from the front of the building 24/7. We will post on Facebook and our website when this is up and running.

www.norlanecommunitycenter.com.au

GROUPS, ACTIVITIES AND SERVICES

Tai Chi

Classes are held every Tuesday 10am–11.30am for beginners and those with previous Tai Chi experience. Wear comfortable clothing and flat shoes. Contact Monika on 5281-7175 or Maureen 5275-3939.

Art group

Would you like to paint in a friendly, comfortable self-help group? Come and join us every Tuesday 9am–1pm and have a cuppa. All art mediums invited. Bring your own materials. Cost is \$4.

Craft & friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages. Fridays from 1–3pm. This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Kitchen

Norlane Community Kitchen meets at the centre every Friday from 10am to 1pm to socialise, meet friends, cook and share a meal together. They also cook using vegies grown in our community garden. For further information, contact the centre on 5275-8124.

Norlane Boomerang Bags

Boomerang Bags aim to reduce the use of plastic bags by engaging local communities to make the bags using recycled materials. The group meets fortnightly on Friday from 1–3pm. If you like sewing, or want to learn and have some spare time, come along and join in. For more information join the group's Facebook page.

Community Gardens

Norlane Community Fruit, Herb & Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own vegie patch, contact Tabatha on 5275-8124.

Many of our groups also manage their own community garden to share vegies with their group participants.

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool for a \$5 yearly membership and pay a \$5 mower hire fee. We also have some hand tools and wheelbarrows that are free to borrow.

Hire is available every Tuesday and Friday mornings from 9am to noon. Mowers must be returned the same day, no later than noon. Inquiries 5275-8124.



Book Lending Library

Finished reading a book and would like a new one? Drop in and check out our lending library. If you see something you like, you can borrow and return it or swap with any unwanted books of your own. That way others can also enjoy reading them as well.



Computer Lab

We have 10 desktop computers and two tablet devices for community use in our computer lab. These are free to local community members and are usually available from Monday to Friday unless classes are being held. Children must be accompanied by an adult. Coming soon – Digital Drop-In sessions. We can also photocopy, scan documents, laminate or send faxes for a small cost.

Digital Drop-In IT Café

At last year's Digital Expo, we asked everyone who came: "What else can we do to support the community with computers and Information Technology?"

One of the most common responses was a request to open up our Computer Lab to the people more often, so thanks to the City of Greater Geelong we are able to help support the community by providing a facilitated Drop-In IT Café.

We're planning to listen to our community about how they would like to access this space, what programs would be of interest, drop in times, we will have food to share and people available to answer IT questions.

Check out our Facebook page for details of upcoming events.



Be Connected

We've also linked with Be Connected, which has free online courses like how to access the internet, using your device and keeping in touch with others online.

Be Connected also has special topics such as how to access Ancestry, Facebook and EBay and loads more.

Stay tuned to our Facebook page for more details.

SERVICES AT NORLANE COMMUNITY CENTRE

Room Hire

We have a range of room hire options available for meetings, events and other activities.

Northern Futures

Northern Futures is based at Norlane Community Centre. They work closely with job active providers, local industry, government, schools and

the community to change lives by connecting and including people and enhancing their opportunities for personal growth through employment. See the Northern Futures facebook page or website <https://www.northernfuturesgeelong.com> or you can call reception at Norlane Community Centre 5275-8124 or email info@northernfuturesgeelong.com

Gforce

Gforce Youth Employment – Transition to Work supports young people aged 15-21 on their journey to enter employment (including apprenticeships and traineeships) or complete education.

For more information call 5222-7766 or email info@gforce.org.au.

New facilities for community use



The following has been provide by City of Greater Geelong Windermere Ward councillors Anthony Aitken and Kylie Grzybek:

A long-held vision has finally come to life in our northern suburbs, with the brand new Rosewall Community Hub and upgraded Cloverdale Community Centre now open.

As passionate representatives of Geelong's north, we were proud to see both of these major projects fully funded by the council.

A new \$3.76 million hub replaces the old Rosewall Neighbourhood House building, and is at the same site on Sharland Road.

While the old building served the

community wonderfully for many years, the new facility is much more modern and comfortable. It will be a perfect meeting place for community groups, adult education classes and social gatherings.

It's got a range of state-of-the-art facilities, including multi-purpose rooms, a pottery room and kiln, a hospitality training kitchen and activity rooms of various sizes.

A big thanks to the centre's committee of management as well as past and present coordinators for all of their hard work to help bring this facility to life.

Not too far away on Purnell Road, the Cloverdale Community Centre has had a major \$2.2 million renovation.

The works have added an extra 263 square metres of space for the community to use.

Cloverdale now has four multi-purpose rooms, computer spaces, maternal and child health consulting suites, kitchen facilities for community classes and changing place facilities.

Another outstanding result, and we are looking forward to our council meeting in the new space on November 12 – all welcome.

We hope these investments show that this council does care about our community in the north. We will continue to speak up strongly for the facilities are services that are needed.

2019 LEARN LOCAL LEGEND



Liz Bonner (right) accepts the award from chair of the Barwon South West Region Council Jan Golden.

Legend status for Cloverdale

Cloverdale Community Centre is celebrating recognition by the Victorian Adult, Community and Further Education (ACFE) Board at its recent annual awards night.

Cloverdale was awarded Learn Local Legend status after being nominated by the Barwon South West Regional Council. The centre previously won the

award in 2013.

The nomination recognised Cloverdale's partnership with residential rehabilitation centre Foundation 61, to deliver pre-accredited courses aimed at addressing the residents' education needs.

Manager Liz Bonner, who accepted

the award, said the award is a good reflection on all who work and volunteer at Cloverdale and Foundation 61.

"We are very proud to have been recognised for the second time in just six years," Liz said. "To have other people value what we do is very satisfying."

MUSIC, ART AND CRAFT

Art@Cloverdale: Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays, 10am-noon. \$5 per session.

Cloverdale Singers: Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays, 10.30am-noon. \$3 per session.

Ukulele Players: A great musical gathering for those who have a grasp of the basics and want to refine their skills including; performing, strumming and chord progressions. Thursdays, 10am-noon. \$3 per session. Beginner classes are available (bookings essential).

Cloverdale Craft and Knitting Group: Bring your craft or knitting project and join with Marguerite for a relaxed craft or knitting session. Fridays from noon. \$2 per session.

North Geelong Community Big Band: Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from 6.30pm.

Open Mic: Cloverdale Open Mic will be held on Friday, November 29, from 7pm until late. This is a friendly, supportive open mic – event and all talent is welcome.

Come along and perform or just enjoy the entertainment. Light refreshments available. Entry is by gold coin donation. To inquire about performing, phone the centre on 5275-4415 or email manager@cloverdalecommunitycentre.org.au.

FOOD AND GARDEN

Cloverdale Food Swap: Swap vegies, fruits and plants, preserves, cakes and other produce. Reduce your food miles and join us for coffee and cake. Third Saturday of every month from 9.30-11am. Free.

HEALTH AND WELLBEING

Tai Chi: Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays, 9.30-10.30am. \$5 per session.

Yoga: Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided. Thursdays, 7-8pm. \$50 for 5 weeks or \$12 per session.

No Falls with Dee Martin: A gentle introduction to exercise with a focus on preventing or reducing the risk of falls, achieved through exercises to improve muscle strength, balance and increased mobility. Tuesdays, 10.15-11am. \$5 per session.

Cloverdale Walking Group Join with a motivated group of community members for a walk and a chat every Wednesday, 10am. FREE.

Brazilian Jiu Jitsu

Saturday morning. Adults from 8am until 9.15am, children (6-14 years) from 9.15am until 10am. Tuesday evening, 6.30pm-9pm. Free.

T.O.W.N Club (Take Off Weight Naturally)

For more information contact the Club Secretary on 0428-517-364. Meets every Thursday, 9am-11am.

HIRE OUR FACILITIES

Cloverdale has a new-look and lots of new space available for hire. Rooms of various size are available for meetings, functions and events, as well as a registered kitchen. Note, we need at least seven days' notice for a booking and we do not hire for 18th and 21st birthday parties. For more information and fees, call the centre on 5275-4415.

A chance to learn or improve English



Cloverdale manager Liz Bonner (right) welcomes Aireys Inlet Rural Australians for Refugees volunteers John, Colleen, Sue and Fran.

Volunteers from Aireys Inlet Rural Australians for Refugees are coming to Cloverdale Community Centre to teach English to newly-arrived residents.

Teams of volunteers will run informal classes on Monday and Friday mornings

from 10am until noon, starting in Term 4. Anyone wanting to improve their English writing and speaking skills is welcome to participate.

Experienced teachers and tutors will offer classes in a relaxed setting. It will

give participants the chance to build confidence by practising their English.

To register your interest, call into Cloverdale – 167-169 Purnell Road, Corio – or call 5275-4415.

PROGRAM	Starting	Day	Time	Full Fee	Conc.
Computers					
Getting Started with Computers (8 weeks)	October 14	Monday	9.30am-Noon	\$180	\$90
Developing Computers - the next step (10 weeks)	October 17	Thursday	1pm-3pm	\$220	\$115
Vocational and Employment Skills					
Printing and Community Enterprise (PACE) using art to explore the world of enterprise	October 16	Wednesday	1pm-3pm	FREE	FREE
Literacy and Numeracy					
Tell My Story - work with a professional journalist to publish a book about you (8 weeks)	Call for more information			\$180	\$90
Kitchen Operations and Coffee					
Introduction to Kitchen Operations/Barista(8 weeks)	October 15	Tuesday	9.30am-3pm	\$180	\$90
Introduction to Barista (8 weeks)	October 18	Friday	9.30am-11am	FREE	FREE
Health and Fitness					
Introduction to Health and Fitness (8 weeks)	October 14	Monday	1pm-3pm	\$180	\$90

All courses are subject to sufficient enrolments.



Volunteers in the classroom

EdConnect volunteers are helping 3214 school students through one- on-one mentoring and in classroom learning support roles.

EdConnect matches volunteers with young people in schools who need extra support, to help create springboard for young people who might otherwise struggle to realise their potential.

Volunteers' interests are matched with a school that has compatible needs and

training is provided for the volunteers by an EdConnect Liaison Officer.

Volunteers are working with the Northern Bay College Peacock Campus (P-8). Julia Western from the school's Wellbeing team said EdConnect is recognised, valued and appreciated by school staff, students and families.

"Our students are supported 1:1 with a volunteer at school to support and encourage them, and it builds student

engagement and attendance at school," Julia said. "Our volunteers also offer us connectedness to the community."

EdConnect is operating in 20 schools across the Geelong Region. If you have a passion to help young people and can give an hour of your time weekly, you can apply online to volunteer.

For more information, visit www.edconnectaustralia.org.au or phone 1800-668-550.



"The Geelong Refinery helps me get the kids to school."

More than half the fuel used in Victoria is supplied by the Viva Energy Geelong Refinery.

vivaenergy.com.au/geelong





Club Legends for 2019

Viva Energy Refinery has announced its 2019 Club Legends, celebrating the local heroes who support their local community sports team. Some exceptional nominations were received from a diverse range of sporting teams, all who have volunteered their time and energy to help their local sporting clubs thrive.

The winners of the awards were chosen by a panel of judges from the City of Greater Geelong Council, previous winners, Deakin University and other independent members of the Geelong community who acknowledged the difficult task of picking just one winner for each category.

Each winner received a share of the \$55,000 prize money for themselves and their respective clubs. Viva Energy Australia, as sponsors of the award would like to congratulate the following winners:

- Lorraine Kulic of the Lara Giants Basketball Club won the Club Legend Female award for her endless support, which began as a general member and led to her role as Vice-President of the club.
- The Club Legend Male award was presented to Allen McKee from the Try Boys Basketball Club for the dedication and support he has shown to the club over the past 40 years.
- The Trailblazer category was introduced this year to celebrate young volunteers aged between 18 – 35. The Male Award was presented to Rohan Greaves for his support in his role of President of the Geelong Touch Football club. The Female Trailblazer award was given to Sarah Naylor, the Head of Football for the Geelong West Giants.

People's Choice Awards were voted on by more than 4000 members of the community, resulting in wins to Cliff Grinter (St Albans Football Club) and Jesse Sutton (Ocean Grove Football Netball Club).

Viva Energy General Manager of Refining Thys Heyns said the awards evening was an encouraging celebration of the commitment of each of the finalists to their respective clubs.

"Volunteering is such a crucial aspect of life in Geelong, so it is great to have the chance to celebrate the hard-working people who contribute so much to their clubs, their communities, and their sports," he said.