

EDITION 61, TERM 3, 2019

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northerlyaspects

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OUR COVER: Local actor Ben Oakes recently made his debut with Malthouse Theatre, playing Fish Lamb in its season of Cloudstreet. Ben is well known as a volunteer at Cloverdale, Rosewall and Norlane community centres. SEE Page 7 for the story.

Editor's letter



Welcome to the Term 3 edition of Northerly Aspects – and welcome to winter.

After a mild autumn, the cold weather arrived with a vengeance. And although we all know it's coming, every year, the chilly mornings and dull days always arrive as a bit of a shock to our system

Now is not the time to lock ourselves away though. As tempting as it is to stay at home by the heater, there are still plenty of opportunities for us to get out and about in the community.

Winter sports are in full swing, whether you follow Australian Rules, netball, soccer, baseball or basketball. And even if you're not interested in participating, supporters and volunteers are always welcome, especially at grassroots level.

Local libraries continue to offer a wide range of activities, many of them free. Call into Corio Library or go online to www.grlc.vic.gov.au for the full program.

Clubs and service organisations don't stop in winter either. Their members are out and about offering their time and energy to help others. You can read about Corio Norlane Lions Club and its many activities in this edition.

And of course, your local community centres are open and offering a range of programs and activities. They include education and training, hobby groups, exercise programs, singing and music. The centres are also somewhere to drop in for a cuppa and chat.

Rosewall and Cloverdale have new buildings they'd love you to see, while some new faces at Norlane will be happy to welcome you.

Enjoy the term and stay well.

Jeanette Anderson

Editor, on behalf of the Northerly Aspects Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.



State Emergency Service is recruiting

Are you ready for action? VICSES is currently recruiting new members in Corio, Norlane, Bell Park, Bell Post Hill, Lovely Banks and North Geelong to play a vital role in assisting the community during emergencies.

The SES is looking for volunteers in road rescue, flood and storm response, search and rescue, and other operational duties.

VICSES is the control agency for

natural disasters such as storms, floods, tsunamis, earthquakes and landslides. It operates the largest road rescue network in Australia and also supports other emergency service organisations.

VICSES volunteers receive accredited, recognised training in first aid, flood and storm rescue, chainsaw operation, road rescue, four-wheel driving, community education and much more.

If you would like to learn more about becoming a VICSES volunteer, you're invited to attend an information session on Tuesday, July 2 at 7pm at 299 Anakie Rd, Lovely Banks.

To register your interest, email corio@ses.vic.gov.au.

You can also visit the website: www.ses.vic.gov.au/volunteer



Golden Opportunity shop and more

Corio Norlane Lions Club's Golden Opportunity Community Shop is going from strength to strength and the club will celebrate three years of running the shop in August. The shop is supported by a dedicated team of volunteers and also supports work-for-the-dole volunteers.

The project not only helps the community receive well-priced items, but helps others in the community while they are looking for paid employment. The opportunity shop is in Alkira Avenue, Norlane.

The Lions Club held an Open Day at Centenary Hall in June to showcase

many of its project initiatives. They include:

- Bike Maintenance
- Computers
- Road Home Geelong
- Golden Opportunity Community Shop
- Lions Cakes and Mints
- Trivia Night donations
- Support of Northern Bay College
- Peace Poster competition
- Lions Eye Health program
- Lions Operation Smile
- Lions Hearing Dogs
- Lions Need for Feed (Drought relief)
- Lions Cord Blood Foundation

- Lions Prostate Cancer research
- Lions Childhood Cancer Research Foundation
- Lions Diabetes Research
- Lions Children's mobility
- Youth of the Year
- Youth exchange
- Junior Public speaking contests
- Lions Alzheimer's Foundation
- Lions Australia Spinal Cord Foundation

For more information about the club, email coriolions@gmail.com or call the secretary Richard Walter, phone 0402-409-895.

Do you have a legal problem? FREE LEGAL ADVICE AVAILABLE

Phone us on 1300 430 599 to make an appointment to speak with a lawyer
Free interpreters available, phone 131 450 and ask them to call 1300 430 599

*Appointments available at: Barwon Health - Corio Community Health Centre, Gellibrand Street, Corio
Norlane Child and Family Centre, 52-56 Gerbera Avenue, Norlane*



Students as community leaders

Year 6 students from Northern Bay College are stepping up to take on community leadership roles, as they tackle Victoria's leading schools-based philanthropy initiative for children aged eight to 12.

Kids as Catalyst is run by Kids Thrive, a not-for-profit creative organisation for child voice, choice and agency. Students from the Wexford, Tallis, Hendy and Peacock campuses have identified a diverse range of issues and are actively working on projects related to cultural diversity, the environment, elders, animals, gender and all abilities.

Andrea Rieniets, Co-Creative Director and Lead Artist, Kids Thrive said: "Kids as Catalyst is a two-phase, 16-week social action program. Students identify issues in the Geelong community that matter to them and partner with relevant community groups to develop solutions and take action."

196 students from a broad range of cultural backgrounds and abilities are taking part.

"We also have 20 year 7 students who participated in this program in the past and have returned as mentors for the younger students," Andrea said.

"They've been incredible in their support and continue to put into practice the program values, such as gratitude, kindness, giving and volunteering."

This is the second year Kids as Catalyst program is being delivered at the College. It is aligned with the Victorian Curriculum through Social Emotional

Learning (SEL), Civics and Citizenship, Literacy, Numeracy, Economics and Critical Thinking. In 2017 the program received the VicHealth Improving Mental Wellbeing Award.

For more information contact Angela Thiel-Paul – angela@kidsthive.org.au.



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Savings and financial education

Bethany Community Support is helping families in 3214 to build their savings for education costs through the Saver Plus program. The program also includes fun, informal workshops to help people manage their money better.

Saver Plus is a matched savings and financial education program which is ongoing; interested eligible participants can sign up at any time. Eligible families can receive up to \$500 in matched funds that can be used towards educational items including laptops and tablets, uniforms and shoes, books and supplies, camps and excursions.

The program also helps with education-related activities outside school, such as swimming, sport or music lessons.

Saver Plus helps individuals and families on lower incomes to build their savings for educational costs and improve their financial management skills in fun, informal workshops.

The program is free, although there are eligibility criteria. For more information call Bethany Community Support, phone 5278-8122 or go to saverplus.org.au.



Northern Bay College 1300 348 535

Enrol for Kindergarten, Prep, Year 7 and Year 9 2020

Northern Bay College

Look to the future

Northern Bay College 1300 348 535

Major stage role for Ben



Ben Oakes (second from left) appearing as Fish in Cloudstreet. Photo: Pia Johnson

Aspiring young actor Ben Oakes has taken the greatest leap of his short career in a role he hopes will lead to bigger and better future opportunities.

Ben recently completed his debut season at Melbourne's Malthouse Theatre in its production of Cloudstreet, which is based on the novel by Australian writer Tim Winton. He played the role of Fish, the disabled son of the Lamb family.

Ben, who has Autism Spectrum Disorder, was cast after a nation-wide search for an actor with a disability to play the role. It follows his earlier work with Geelong's Back to Back Theatre.

Ben appeared in the production alongside well-known actors including Guy Simon, Natasha Herbert Greg Stone, Alison Whyte and Geelong's Bert LaBonté. He said it was "an amazing experience".

"Everyone has been so nice," Ben said. "I've enjoyed it immensely."

Ben will travel with the production to Perth in 2020 and hopes to secure an agent to help him find other acting work. He is well known at Cloverdale, Rosewall and Norlane community centres where he has been a volunteer in various programs and at events.



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Planning for the future

Dementia Australia and Seniors Rights Victoria are working together to support people who have been recently diagnosed with dementia. A free family information and support session in July will help them make informed choices about future financial, health and care arrangements.

Dementia Australia represents the 447,115 Australians living with dementia and the almost 1.5 million Australians involved in their care.

The information session will be held in Geelong on Friday, July 12 from 11am until 1pm. It will include information about Enduring Powers of Attorney and Advance Care Planning. It is for people who have recently been diagnosed

with dementia, accompanied by their families and carers.

The session will include information about:

- Rights and how to safe guard them.
- The importance of Enduring Powers of Attorney and Advance Care Plans and the timely appointment of them.
- Being empowered to take action and have conversations with loved ones about what you want in the future.
- Legal information about appointing an Enduring Power of Attorney.
- Feeling in control of decisions you are making for your future.



Attendees may be able to participate in a Legal Clinic where they can receive legal advice and help to complete the paperwork to appoint their Enduring Powers of Attorney. Details on how to book will be available at the information session. You must attend an information session to participate in a Legal Clinic.

To register your interest or for more information about support available, call the Geelong office of Dementia Australia, phone 5229-6979.

Little Miracles Home Group – Free Dinner

Every Sunday 6-8.30pm
We are better together!

Make friends, learn about Jesus and experience the miracles of His life-changing love

Rosewall Neighbourhood Centre
36 Sharland Road, Corio

Outdoors, discovery and learning

Boys and girls aged eight to 10 years are invited to join Cub Scouts, who meet at Norlane West Scout Hall in Dunloe Avenue every Monday afternoon.

Cub Scouts focuses on exploring the outdoors, discovery and learning interesting things. Members belong to a Pack and begin to learn leadership and teamwork in small teams called Sixes.

Cub Scouts go bushwalking, on bike trips and camps, and learn skills including how to use a compass. They also have the chance to try things like sailing, canoeing and abseiling. The natural environment is at the heart of Scouting and there are activities aimed at developing knowledge of caring for the environment.

Cub Scouts have a Leader to help along the way and encourage members to participate. They also help create a fun place to learn, belong and be adventurous.

By joining in different activities and learning new skills, Cub Scouts can earn special badges to sew on their Cub Scout shirt and camp blanket. There's something for all interests.

Cub Scouts from the Norlane West Scout Group attended the ANZAC Day march and service at the Norlane RSL. Several Cubs were proud to wear their Great-Grandfathers' war medals. The following week at the Scout hall, the Cubs planted poppy seeds and learnt about their significance. They also learnt about the components of the Australian flag.

Boys and girls interested in starting their Scouting adventure can enjoy a free three-week trial. The group meets at Norlane West Scout Hall, 84-86 Dunloe Avenue, Norlane on Monday from 4.30-6pm.

For more information, contact Kim phone 0425-783-995 or email gl.norlanewest@scoutsvictoria.com.au.



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Building on support success

There have been exciting changes at Northern Bay College Family Centre, with the addition of a brand-new building to run its family support programs from.

The new facility arrived in February and has been situated to also create an inviting new entry to the nearby childcare and kindergarten spaces. Manager Helen O'Connor said the new building offers a family playroom, office space, areas for drop-in services to operate from and a large parent education room.

"This new facility is the final link in all of what we do," Helen said. "It's at the centre of our aim to have a place that's calming and inviting, so that young parents can expand their experiences in a positive environment."

The Family Centre supports young parents and families, with a focus on promoting the best possible start to a child's first 1000 days. This covers from pregnancy to two years old, which are identified as the key stages of early family life.

As well as running its own playgroups and drop-in service, the centre hosts a Maternal Child Health drop-in service



Young parents are supported as they learn in the new Northern Bay College Family Centre facility.

on the first Monday of the month (10am until noon) and outside agencies who conduct specialised groups and services.

Helen said partnerships with organisations such as Barwon Children Youth Family, Bethany, City of Greater Geelong and Rotary Club of Kardinia aim to support transitions for young parents.

Further partnerships are being explored that will provide new education opportunities for students under 25 years who may pregnant or parenting and returning to complete their studies

as a new parent. This could include access to VCAL either online or at NBC, as well as supported pathways from Learn Local to advanced training.

"We have also welcomed Allison Rose, who is a youth worker for young parents," Helen said. "Allison is supporting the young parents' program and will be part of future education programs."

The centre is on the Northern Bay College campus in Goldsworthy Road. For more information phone 5224-9791.



Northern Bay College Family Centre
New Facility
Daily Groups
Drop In
Young Parent
Education & Access
Support Services
Ph: 5224 9791

Northern Bay College
Family Learning Centre
NBC Goldsworthy Campus - Gate 6

Northern Bay College
Early Learning Centre
Kinder Groups
Quality programs
Beautiful Grounds
Long Day and Casual Care

Child Care Kindergarten
Ph: 5224 9784

Don't miss out at Coasthaven Community

There are still some places available at Baptcare Coasthaven Community, so get in quick to secure yours.

Baptcare Coasthaven Community is a newly-opened residential aged care community located at 45 Robin Avenue in Norlane.

Providing all levels of residential care and palliative care, it also offers residents a Community Hub complete with café, community garden, men's shed and playground.

All residents have their own modern, private room while enjoying shared living areas in a warm, family style community, with bright dining rooms and lounges, landscaped courtyards and gardens, access to many activities and

health services, and excellent views.

With this new Community having only been opened a few months, current residents are already embracing their new lifestyle. Their comments include: "My room is so spacious, and light compared to my previous home."

"The transfer from my old room (at an alternative facility) to this community was made easy with lots of help from the Baptcare team."

"I have never felt lonely since moving in here, there are so many fun and interesting activities I can do and always someone to talk to."

For more information and to help guide you through the process, call 13 BAPTCARE today.

The Aviary Café is now open



The Aviary Café, adjacent to Baptcare Coasthaven Community, is now open.

Located at 45-49 Robin Avenue, Norlane, it is open Tuesday to Saturday from 9.30am to 2.30pm. Be sure to visit for freshly baked scones, muffins, cakes and of course, coffee. Bulk dry goods are also available for purchase.

Search The Aviary Café on Facebook for further details.

Baptcare Coasthaven Community is now open.

Places are filling fast. Take a tour today.

Government funded places available.

Norlane's new residential aged care community recently opened its doors, and has already welcomed its first residents. Don't miss your chance to be part of a proud community.



Call 13 BAPTCARE (13 22 78)
or visit baptcare.org.au/coasthaven

Baptcare

Baptcare Coasthaven Community 45 Robin Ave, Norlane

State budget is delivering

The Andrews Government is delivering for the people of the Lara electorate, with major investments in health, local schools and sporting clubs in the Victorian Budget 2019/20.

As part of a massive \$1.8 billion investment in schools around the state, this Budget includes \$3.46 million to make sure students at Rollins Primary School have the learning spaces they deserve, replacing an older building with a new architecturally-designed permanent modular building.

A further \$58 million will expand our School Breakfast Clubs. This investment will see free breakfasts and lunches served up to students at 1000 primary and secondary schools every school day.

Thanks to a \$882 million Budget investment, we will ensure that every three-year-old has access to at least five hours per week of subsidised kinder by 2022 – increasing to 15 hours per week.

Delivering on our commitment to

create five new dedicated children's emergency departments, the Budget will kickstart planning on this new space at University Hospital Geelong, giving local parents peace of mind that their kids will get calm and compassionate care in the moments that matter most.

Last year's budget included \$10 million in planning for the new Geelong Women and Children's Hospital. This work is on track, with \$100 million in funding ready to flow once planning is completed.

New parenting centre for Geelong

The Andrews Government will further support local families by establishing a new parenting centre in Geelong, as part of a \$213.7 million Budget investment. One of nine across the state, the brand-new Geelong parenting centre will help make sure mums and dads get the advice they need, including support with sleeping, feeding and extra care for babies with additional needs.

Our sporting clubs are the heart and soul of our community. With this Budget, the Andrews Government is ensuring local sporting stars have the facilities they deserve, delivering:

- \$7.4 million to upgrade Geelong West Oval.
- \$350,000 for infrastructure upgrades at Osborne Park for North Geelong Football Club.
- \$500,000 to upgrade the Geelong Motorsport Complex and a further \$500,000 for a new home for the Geelong Motocross Club, to support young motorsport participants and provide the sporting facilities that local communities deserve.

Local commuters can look forward to an easier time finding a car park,

with new lighting, security (CCTV), signage and an additional 200 parks at North Shore Station.

And with the state's biggest transport build underway, we're now turning our attention to the next big projects, investing \$100 million to begin work on the Western Rail Plan to begin planning for the full separation of regional and metro rail services on the Geelong and Ballarat lines – the first step in delivering real fast rail to these cities.

This is a Budget that delivers for all Victorians and importantly delivers the goods for the Lara electorate.

Hon. John Eren MP

State Member for Lara

Level 1, Corio Shopping Centre,
Bacchus Marsh Road, Corio 3214.
Phone: 5275-3898.

Keeping brain and body active

Are you recently retired or looking for something to keep your brain and body active in your older years? U3A maybe just the thing for you.

U3A is not a University, as the name implies, but rather a place where you can learn new things, keep fit or go along for social get togethers.

Corio Bay U3A provides courses and activities at its main venue: Cobradah House, 7-13 Beauford Avenue in Bell Post Hill.

There you can learn Spanish, Computers - Beginners and Intermediate, hear about a retired magistrate's time in

the law, join a book club, have fun at a games day, learn Mahjong or play Bridge, test your creative writing skills, master Tai Chi or join the Family History Group and discover your roots.

Corio Bay U3A is also running a program at Lara Hall on the first and third Tuesday of the month at 10am, looking at amazing Australian Women in History.

Course Co-ordinator Di Cray said: "We are also providing some one-off Speakers Days where you can hear some amazing stories from guests or listen to people in the community who are providing programs of interest. This is



also a social event where we will provide lunch and the opportunity to meet other members."

"I encourage anyone interested to look at our new website - u3acoriobay.org.au - for the full list," Di said. "Membership is \$35 annually and for that you can attend as many courses as you like. Come and give it a try."

For more information call 0458-636-839.

JOHN EREN MP

State Member for Lara

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www.facebook.com/johneren1 www.twitter.com/johnerenmp

Email: john.eren@parliament.vic.gov.au



Funded from the Parliamentary budget

Affordable help with loans

Individuals and families on low incomes have access to safe, fair and affordable loans up to \$1500 through the NILS program, which operates across Geelong.

There are no fees, no interest and no charges. Importantly, each client has an affordable repayment plan designed around them, so repayments don't put further pressure on the borrower's finances.

The aim of the program is to provide families with an alternative to payday loans or credit cards.

Loans are generally available for the purchase of essential goods and services, such as household items like fridges, washing machines, stoves, dryers, freezers and some furniture. They may also include some medical and dental services, education essentials such as computers and books.

The NILS scheme starts with the borrower obtaining a quote from a provider of goods or services which, along with other documentation, is brought to NILS for an interview. An assessment is then made on the loan.

For more information, call 4210-1108. The NILS office is open Monday, Wednesday and Friday from 9.30am until noon.

Diversitat Futsal Academy



Melbourne Victory's Yazid Said shared his journey with Diversitat Futsal Academy participants.

Diversitat Futsal Academy is an early intervention pilot project for refugee youth aged 14-18 years and residing in Geelong.

The program aims to use indoor soccer to build resilience through increasing access to positive role modelling for at-risk young people, who have been in Australia less than five years.

The program promotes equal opportunity and access to opportunities in the broader community while building personal capacity to deal with confronting behaviours.

The program commenced in Term Two and engaged 24 diverse young people. They recently welcomed Melbourne Victory's Yazid Said, who shared his

journey from being a young person in Eritrea to now playing professional soccer.

For more information about the program, email makot.wol@diversitat.org.au or phone 5260-6000.

New partnerships for learning

New partnerships in Corio and Norlane have expanded learning opportunities for participants at two established support programs.

Cloverdale Community Centre has joined with Northern Futures and the Northern Bay College Family Centre to give their participants a new way of accessing Getting Ahead.

Getting Ahead aims to help participants establish where their lives are now, to better understand other forces outside their control and to build resources for their future. It is being run in three modules over 15 weeks, with the backing of the Department of Education, and started at Northern Futures in May.

Cloverdale Community Centre manager Liz Bonner said a unique feature of the partnership program is that Northern Futures has a specialist case worker also join in every session.


"This means our facilitator can lead the learning part of the program and there is extra support on-the-spot for anyone needing it."



Northern Futures case worker Cherie plays an important role in Getting Ahead sessions.


"We've been encouraged by the commitment of everyone so far and we know that having case worker there just to support participants is making a difference," Liz said. "It's given us the confidence to develop new partnerships."

The program is also about to begin with a group of young parents of Northern Bay College Family Centre, using the same format.



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3214

For more information please see :



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Learns

Cloverdale

Norlane

Rosewall

Barista Skills	●		●
Become a Tutor/Facilitator			●
Become Job Ready	●	●	●
Beginner Computers	●		●
Café Skills			●
Conversational English			●
Creative Arts - visual & performing	●		
First Aid			●
Intermediate Computers	●		
Introduction to Child Care			●
Introduction to Community Services			●
Introduction to Hair and Beauty			●
Responsible Service of Alcohol			●
Safe Food Handlers			●
Tell My Story	●		



Creates

Art	●	●	●
Craft/knitting/Sewing	●	●	●
Creative Workshops	●		
Instrumental music lessons	●		
North Geelong Community Big Band	●		
Portfolio Development	●		●
Pottery			●
Singing	●		
Ukulele	●		



Meets

	Cloverdale	Norlane	Rosewall
Coffee and chat	●		●
Over 50s social group			●
T.O.W.N. (Take Off Weight Naturally)	●		●

Plays

Fun and games 12 -15year olds			●
Playgroup			●

Moves

No Falls	●		●
Strength and Training			●
Tai Chi	●	●	
Walking Groups	●		
Yoga	●		

Grows

Community Gardening	●	●	●
Food Swap	●	●	

Eats

Community Kitchen	●	●	●
Learn to cook	●		●

Connects

Public Access Internet	●	●	●
Public Use Computers	●	●	●



The Neighbourhood houses of 3214 acknowledge the support of the Victorian Government.

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



A sunny autumn morning gave Cloverdale Community Centre Tai Chi participants the chance to make the most of the new deck area. Tai Chi is held every Monday during term, 9.30am until 10.30am.

Northern Bay College students enjoyed a range of sporting activities in Term 2. There are opportunities for the students to engage in different sports during and after school hours.



Rosewall Neighbourhood Centre participants were involved in activities during Harmony Month, including work on a mosaic depicting a map of the 3214 area.



Northern Bay College Family Centre hosts a range of programs aimed at supporting young parents. Among them are facilitated playgroups, where parents and children can have fun and learn together.



Staff at Viva's Geelong Refinery joined 3.5 million people worldwide to complete good deeds as part of Good Deeds Week in April. Among the good deeds was time spent repairing bikes.



Rosewall Neighbourhood Centre has been running new programs and activities based on feedback they received by asking residents what they want at the centre. Music, movies, games and other activities have been introduced as a result.



Viva Energy was a proud sponsor of the inaugural Victorian Science Alive! event at GMHBA Stadium. Viva Energy staff offered a range of fun and interactive initiatives including over the three days for the event.

The f0rT holiday program

The f0rT Holiday Program is full of fun activities and anyone aged between 12-25 is welcome. For excursions, call in and grab a permission form and for all other activities, just drop in.

All of the programs, activities and excursions are FREE. To keep up to date with term programs and the holiday program, go to our Facebook page <https://www.facebook.com/fortgeelong/>. The f0rT is on the corner of Melbourne Road and St Georges Road in Norlane.

The Term 2 Holiday Program includes:

Week 1

Drop In: Come and help put together a High Tea afternoon plus Xbox, pool competition and more.

Excursion: Splatball.

Drop In: Get arty with screen printing on to different items for you to take home plus table tennis tournament, indoor games and more.

Corio Library session – old favourites like All In Game On and Movie Night plus new activities

Drop In: Become a ceramics masters with clay moulding and pottery making plus Guitar Hero, trivia and more.

Week 2

Excursion: Grab some popcorn and settle in for a movie at Reading Cinemas.

Excursion: Face your fear of heights at The Rock indoor rock-climbing centre.

Corio Library session – old favourites like All In Game On and Movie Night plus new activities.

Plus regular Drop Ins with food and plenty of activities throughout the week.



Young people from The f0rT enjoy an outing to Luna Park in Melbourne.

Community support fund grants

The City of Greater Geelong's 2019-20 competitive grant programs is now open. Grants will be directed to groups and organisations undertaking projects that benefit the local community.

The grant programs include:

Healthy and Connected Communities:

To facilitate projects and activities that contribute to an inclusive, diverse, healthy and socially connected community.

Environment & Sustainability: For projects by community organisations relating to environmental and sustainability initiatives.

Creative Communities (Arts & Festivals):

To support quality arts projects and community festivals.

Community Infrastructure:

To plan and deliver capital works projects for community and sporting

facilities.

Central Geelong Heritage:

To support the restoration of heritage building facades in non-residential properties within Central Geelong.

Online applications close Friday, August 2 at 5pm. For more information on all the funding opportunities and how to apply, visit www.geelongaustralia.com.au/grants.

Sutcliffe Reserve – a great open space for the Corio community

Located at 240-268 Plantation Road in Corio, Sutcliffe Reserve consists of approximately 18.5ha that offers dog off-lead space and plenty of room to run and kick a ball. Situated close to the Geelong Ring Road, Sutcliffe Reserve is a fenced open space reserve

and is the home of the Austrian and Serbian Clubs of Geelong.

For any major event inquiries for the site, contact the City of Greater Geelong Events Team on 5272-5272.



Get snapping around Geelong

The City of Greater Geelong is on the lookout for photos from amateur and professional photographers to feature in next year's City Calendar.

The City is keen to highlight photos that show what locals love about Greater Geelong.

This year's competition features four categories:

1. Landscapes.
2. Architecture and Urban Spaces.
3. Nature.
4. Events and People

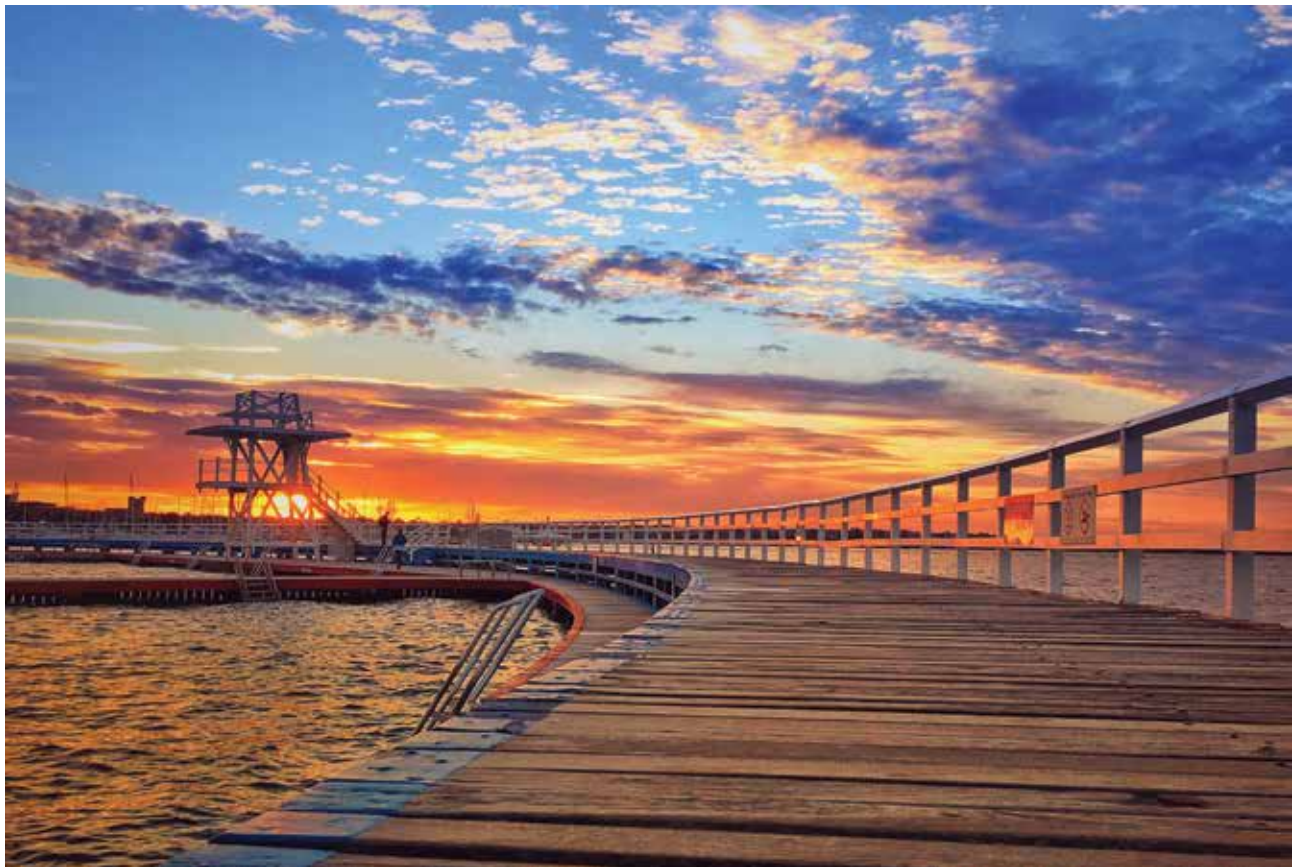
Mayor Bruce Harwood said: "Show us what you love about Geelong and your photo could appear in more than 130,000 City of Greater Geelong calendars for next year. We all know Geelong is a fantastic place to live and visit but we want to see what you love about our region and what makes you proud to live in Geelong.

"Whether it's the flora and fauna in the Geelong Botanic Gardens, a quirky or historic building that catches your eye, your favourite beach at sunset or one of our major events, there's so much to capture in our region.

"Now's the time to grab your phone or camera and get snapping."

Entries are open until Friday, August 30. The public will vote on the final images featured within the 2020 City of Greater Geelong Calendar.

For more information and to enter visit: www.geelongaustralia.com.au/calendar



Chris Gonsalves' image of the Geelong Waterfront is featured on the 2019 City Calendar.

The mystery of potato harvest

There are still plenty of things to do in the garden during winter and some of the activities carry over into spring, summer and even into the next year.

Pruning is the major job for the season. Roses and fruit trees are top of the list as careful pruning will decide what kind of crop you will get next season. Don't prune too hard as a late frost may cause damage to emerging shoots (particularly with roses) so it's better to do a medium prune and fine tune the result in early spring.

Citrus trees need feeding with a specialist fertilizer or dynamic lifter; just don't add it too close to the trunk.

Plant bare-rooted trees and shrubs in the garden now. Remember to put them into the ground as soon as you get them home to prevent the roots from drying out.

It's also time to plant summer bulbs such as dahlias, gladioli and lilies. Planted in garden beds or in pots will add colour to the garden and nothing lifts the spirits on a dull and gloomy day better than a patch of bright colour.

Improve your garden image on the

cheap by lifting and dividing clumping plants such as day lilies, dahlias and gerberas. Any excess ones can be planted out in pots for presents at a later date, swapped with other gardeners for their favourites or even listed online for sale or as a free offer.

Seedlings of cabbage, cauliflower, broccoli and onions are available now and will make a lovely addition to the fresh food available for warming winter dishes, along with carrots, peas, broad beans, lettuce and Asian greens.

Potatoes are a great asset to any garden. They're easy to grow, there's very little work involved and a mystery package to harvest.

My favourite is a Dutch Cream, which is a high-yielding variety with a lovely creamy texture that you don't usually find in the spuds bought in the supermarket. They also flourish in a partly-shaded area of the garden, leaving the sunlit bit for the plants that really need it.

Seed potatoes can be planted direct into the garden. I'd recommend planting in a bed with nothing else in it

to make harvesting easier, or they can be planted into large deep pots or bins with holes in the bottom.

Create a tyre tower

You can also plant potatoes in a 'tyre tower' made up with old tyres piled on top of each other and then filled with soil. Start off with two tyres and fill the middle with soil; plant the spuds and wait for the first shoots to show, then add another tyre and fill with soil again. Repeat the last two steps once or twice.

Each time you top the tower up, a new level of tubers will form, increasing the final yield. These are easy to harvest after the foliage yellows and starts to die back. You just lift the dirt and potatoes out and take one tyre off at a time as you dismantle the tower. Clean up is easy if you place a sheet of plastic underneath at the time of building and planting.

Enjoy your garden this winter,

Betty





Rosewall Neighbourhood Centre

36 Sharland Road (PO Box 120), Corio, VIC 3214. Phone 03 5275 7409

E-mail: admin@rosewallinc.org.au and training@rosewallinc.org.au

Web: www.rosewallinc.org.au Office hours: 8.30-4pm Monday to Friday

2017 LEARN LOCAL LEGEND



Exciting times ahead at Rosewall



The new building is almost ready at Rosewall.

The end of June is fast approaching and Rosewall Neighbourhood Centre is excited about the opening of its new building. The new building is situated at the same address at 36 Sharland Road in Corio, just behind the old building.

With the new building there will be a slight name change. The new centre will be named Rosewall Community Centre. We hope to move into the new building in the start of July 2019 and we can't wait. This is an exciting time

for the community, who have been eagerly awaiting the completion of the building.

Keep an eye on our Facebook page for our Grand Opening, which will be held at the centre soon.

In the meantime, we invite the community to stop in at any time. We warmly welcome you to visit, have a coffee and check out the awesome new space that we have available.



You asked, we listened



Café skills classes are continuing to run at Rosewall, along with some new programs and activities that resulted from the community's survey responses.

Since October last year, Rosewall has been asking locals about their ideas for our centre, their interest in courses, and what we can do to improve the centre.

We did this at local community spots including Northern Bay College, online and in the last two editions of *Northerly Aspects*. We were delighted to get a staggering 106 responses.

Most people had heard of at least one neighbourhood centre in the area: Rosewall, Cloverdale or Norlane. We got some great ideas for programs to run at the centre, from boys' sport to computer skills, scrapbooking, after-

school programs and volunteering.

Some people said it would be easier to get involved if our centre was more disability friendly, child friendly, open for longer, advertised more and prices kept as low as possible. We think these are great feedback ideas and we will incorporate these activities as much as possible into our programs.

In the meantime, we've introduced an after-school 'fun and games' hour on Wednesdays, a computer course for all abilities and have even more exciting programs planned at the new centre. We're also continuing to run our usual range of programs and activities.



Call in and see us at 36 Sharland Road, Corio, or call the centre on 5275-7409 for more information.

2013 LEARN LOCAL LEGEND



Get active this winter

Cloverdale Community Centre is encouraging residents to become more active this winter and offers a range of activities each week.

Among them are:

No Falls: A gentle introduction to exercise with a focus on reducing the risk of falls. Experienced practitioner Dee Martin conducts sessions every

Tuesday, 10-10.45am at a cost of \$5 per session. A GP clearance is required for this program.

Tai Chi: A weekly class to reduce stress and improve balance, strength, flexibility and confidence. Classes are held every Monday, 9.30-10.30am at a cost of \$5 per session.

Cloverdale Walking Group: A motivated, friendly group of community members who walk and chat every Wednesday, meeting at Cloverdale at 10am. No cost.

Yoga: A weekly class, held on Thursdays from 7pm until 8pm. \$5 per session. For more information phone 5275-4415, between 9am and 3.30pm, Monday to Friday.

MUSIC, ART AND CRAFT

Art@Cloverdale: Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays, 10am-noon. \$5 per session.

Cloverdale Singers: Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays, 10.30am-noon. \$3 per session.

Ukulele Players: A great musical gathering for those who have a grasp of the basics and want to refine their skills including; performing, strumming and chord progressions. Thursdays, 10am-noon. \$3 per session. Beginner classes are available (bookings essential).

Cloverdale Craft and Knitting Group: Bring your craft or knitting project and join with Marguerite for a relaxed craft or knitting session. Fridays from noon. \$2 per session.

North Geelong Community Big Band: Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from 6.30pm.

Open Mic: Cloverdale Open Mic will be held on Friday, September 20, from 7pm until late. This is a friendly, supportive open mic – event and all talent is welcome. Come along and perform or just enjoy the



entertainment. Light refreshments available. Entry is by gold coin donation. To inquire about performing, phone the centre on 5275-4415 or email manager@cloverdalecommunitycentre.org.au.

FOOD AND GARDEN

Cloverdale Food Swap: Swap vegies, fruits and plants, preserves, cakes and other produce. Reduce your food miles and join us for coffee and cake. Third Saturday of every month from 9.30-11am. Free.

HEALTH AND WELLBEING

Tai Chi: Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays, 9.30-10.30am. \$5 per session.

Yoga: Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided. Thursdays, 7-8pm. \$50 for 5 weeks or \$12 per session.

No Falls with Dee Martin: A gentle introduction to exercise with a focus on preventing or reducing the risk

of falls, achieved through exercises to improve muscle strength, balance and increased mobility. Tuesdays, 10.15-11am. \$5 per session.

Cloverdale Walking Group

Join with a motivated group of community members for a walk and a chat every Wednesday, 10am. FREE.

Brazilian Jiu Jitsu

Saturday morning. Adults from 8am until 9.15am, children (6-14 years) from 9.15am until 10am. Free.

T.O.W.N Club (Take Off Weight Naturally)

For more information contact the Club Secretary on 0428-517-364. Meets every Thursday, 9am-11am.

HIRE OUR FACILITIES

Cloverdale has a new-look and lots of new space available for hire. Rooms of various size are available for meetings, functions and events, as well as a registered kitchen. Note, we need at least seven days' notice for a booking and we do not hire for 18th and 21st birthday parties. For more information and fees, call the centre on 5275-4415.

www.cloverdalecommunitycentre.org.au



A chance to thank to volunteers

During National Volunteer Week, the staff at Norlane Community Centre took the chance to say thank you to all of the centre's awesome volunteers.

The theme for national Volunteer Week this year was 'Making a World of Difference', so staff presented

the centre's volunteers with cookies decorated by Tabatha. Thanks Tabatha for your decorating; we hope everyone enjoyed their individual cookies.

To support our volunteers work maintaining our gardens, the City of Greater Geelong's Healthy and

Connected Communities Grant was used to buy some much-needed garden equipment. The equipment purchases were to help make it easier for our hard-working volunteers to maintain NCC's extensive gardens.

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group.

Contact Monika on 5281-7175 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join the group every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your craft ideas or learn something new.

Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use.

If you are interested in your own vegie patch, contact Tabatha on 5275-8124.

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of Norlane Community Centre Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee each time you hire. No whipper snippers or brush cutters available for hire, but there are some hand tools and wheelbarrows that are free to borrow. Hire is available on Tuesday and Friday mornings between 9am and 10am. Mowers must be returned the same day no later than noon. Becoming a member can be done by visiting the centre between 9am and 5pm Monday to Friday. Inquiries 5275-8124.

Computers

Community computer usage is FREE during business hours, between 9am and 5pm, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Book lending library

Finished reading a book and would like a new one? Drop into the centre and check out our lending library.

If you see something you like you can borrow and then return it once you are done - that way others can enjoy it - or you can swap it with any unwanted books of your own.

Norlane Community Kitchen

The Norlane Community Kitchen operates from the Norlane Community Centre every Friday from 10am until 1pm. For further details please contact the centre on 5275-8124.



Norlane Boomerang Bags

Boomerang Bags work to reduce the use of plastic bags by engaging local communities in the making bags, using recycled materials. Boomerang Bags provide a free, fun, sustainable alternative to plastic bags.

The Norlane Community Centre group meets fortnightly on Friday from 1pm until 3pm.

If you like sewing and have some spare time, come along and join in.

For more information see the group's Facebook page.



Grants to support community groups

The following information has been provided by Windermere Ward councillors Kylie Grzybek and Anthony Aitken:

A constant battle facing the many wonderful clubs and groups in our community is finding the money to upgrade facilities, plan new projects or buy equipment. Most are run by hard-working volunteers and simply don't have large sums of cash lying around.

As a council, we know how important these community clubs and groups are to the health and happiness of residents, and we really want to help. In our proposed budget for the next 12 months we've increased the financial support available through our grants program, the Community Investment Support Fund.

This fund now has a pool of \$8.3

million – up 30 per cent on last year – spread across a range of grants designed to help with different community projects and needs. There will be a total of \$3 million available for infrastructure planning and upgrades, and for the first time, clubs on private land are now eligible.

You can apply for up to \$350,000, so this is where to go if your club needs new floodlights or upgraded changerooms. There are grants for arts and culture projects, environmental initiatives, and a new \$300,000 fund for community festivals.

There are smaller grants (up to \$2000) available for equipment purchases. These are great for sporting clubs, but can be used for all manner of things. Last year for example, Norlane Community Centre received \$1800 to buy gardening gear.

As your local councillors, we really want to see our northern suburbs benefitting from these grants.

Applications are open until August 2. Visit www.geelongaustralia.com.au/grants for more information, including help available when applying.

We're also very happy to speak directly to any member of a club, group or organisation in the north who wants to apply for a grant but is unsure how to go about it. Please get in touch.

To contact Cr Aitken, email AAitken@geelongcity.vic.gov.au or phone 0434-307-044.

To contact Cr Grzybek, email KGrzybek@geelongcity.vic.gov.au or phone 0434-307-043.



We are run by science

Viva Energy was a proud sponsor of the inaugural Victorian Science Alive! event at GMHBA Stadium in May.

Science Alive! Geelong presented three days of science-related exhibits and activities aimed at secondary school students including Friday's 'STEM (Science, Technology, Engineering and Maths) Day Out' and families over the

weekend.

Viva Energy staff from right across the business worked together to offer a range of fun and interactive initiatives including: simple and fun science experiments for children to participate in; a competition to win a drone; refinery staff as guest speakers to school groups and more.

Overall, the Viva Energy team was delighted with the outcomes and fun interactions members had with the local community (and beyond), who took away new knowledge and interesting stories about what they do at Viva Energy and the Geelong Refinery.

Good Deeds Week

Viva Energy Australia joined 3.5 million people from 100 countries worldwide to complete good deeds as part of Good Deeds Week.

This year marked the fourth year that Viva Energy employees have been involved in this initiative in supporting local communities. More than 500

members of the Geelong team donated 500 hours of good deeds, raising more than \$8335. This amount was then doubled by Viva Energy, raising the total amount to \$16,670.

Good deeds ranged from repairing bicycles, donating blood, collecting 100 kilograms of cereals for Geelong Food

Relief and a team walking a collective 120 kilometres on the Surf Coast Trek.

It was great to see Geelong Refinery employees putting into practice the simple idea that doing something good, be it large or small, can improve the lives of others and positively change the world.



Geelong Refinery: 65 years young

The Geelong Refinery is celebrating 65 years of supporting local manufacturing and local jobs. We have been growing and evolving since 1954, and now supply over half of Victoria's fuel.

While most of us might consider retiring at 65, we are investing to ensure our refinery continues working hard for years to come.

vivaenergy.com.au

VIVA
EnergyAustralia

Historical photographs courtesy of The University of Melbourne Archives, photos by Helmut Newton, circa 1950's.