

EDITION 60, TERM 2, 2019

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northerlyaspects

CELEBRATING GEELONG'S NORTHERN SUBURBS

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Victorian Poisons Information Centre 13 11 26

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Our cover: Northern Bay College students started the year with a new principal and a new group of leaders. Among the leadership group are True Win and Ben. See the story on PAGE 6.



Editor's letter

Welcome to the Term 2 edition of Northerly Aspects.

This edition, as always, aims to inform residents of the 3214 postcode area about some of the good news from their neighbourhood. It is also a way of letting people know about activities and events they can participate in.

In our first edition for the year, the three neighbourhood houses/community centres – Rosewall, Norlane and Cloverdale – got together to ask residents about what they want from their local centres. We've repeated the short survey in this edition to give more people the chance to have a say.

The centres are working together to create opportunities for residents of Geelong's north. They are happy to refer to each other to make sure you, the residents, get the same opportunities as people in other parts of the city.

So, please have your say and call into one of the local centres to drop off your survey and see what's on offer. Cloverdale and Rosewall are coming to the end of major building projects, while there are some new faces to meet at Norlane Community Centre.

Enjoy this edition, and Term 2, and look out for our next edition in your letterbox in late June.

Jeanette Anderson

Editor, on behalf of the Northerly Aspects Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

BreastScreen van returns to Corio

BreastScreen Victoria's hot pink van, known as 'Marjorie', is back in Corio to give free breast screens to women from the area.

From March 25 until April 18, local women over the age of 50 can get free breast screens—the best way to find cancer early and save lives. The van was last in Corio in 2017, and women who screened last time will be due for their next screen.

Women aged between 50 and 74 should have a breast screen every two years. They are the best way to find breast cancer early, before there are symptoms and when treatment is most successful.

A breast screen can find cancer as small as a grain of rice, long before a woman or her doctor can see or feel anything. All breast screens are with a female radiographer, in a friendly and safe environment. They don't need a doctor's referral or Medicare card, and only take 10 minutes.

BreastScreen Victoria CEO Vicki Pridmore is encouraging women aged 50 to 74 from Corio and surrounds to take advantage of the vans visit.



"Marjorie is one of our two mobile screening service vans which travel the state throughout the year. This visit to Corio has been organised to make sure women in this part of Victoria have access to a potentially life-saving mammogram," Ms Pridmore said.

"The vans use the highest quality digital radiography machines to ensure

that women receive the best service, regardless of their location."

The van will be outside Waterworld, 1-15 Cox Rd, Corio until April 18. Appointments for the Corio van can be made online at breastscreen.org.au or by calling 13-20-50.

A guide to Term 2 2019 events and activities

When	What	Where	Contact
Every Monday during term 10-11.30am	Free Play, Cook and Learn Playgroup Activities for parents and children.	Rosewall Neighbourhood Centre 36 Sharland Road, Corio.	5275-7409
Every Monday during term 4-6pm for 12-25 year olds.	Monday Night Drop In Activities and meal. Free.	f0rT Youth Centre, Stead Park, Corio	5274-9074
Every Tuesday during term 4-6pm.	Koorie Youth Group Activities and evening meal. Free.	f0rT Youth Centre, Stead Park, Corio	5274-9074
Every Wednesday during term 4-5.30pm	Activities and evening meal. Free.	f0rT Youth Centre, Stead Park, Corio	5274-9074
Every Thursday during term 4-6pm, for 12-25 year olds	Thursday Night Drop In Activities and evening meal. Free.	f0rT Youth Centre, Stead Park, Corio	5274-9074
Every Friday during term 4-5.30pm, for 12-25 year olds	Friday Night Drop In Activities and evening meal. Free.	f0rT Youth Centre, Stead Park, Corio	5274-9074
Every Friday 11.30am-3pm	Over 50s social group New members welcome.	Rosewall Neighbourhood Centre	5275-7409
Saturday, April 13 5-8pm	Norlane Community Film Night	Dorothy Thomson Centre 10 Wendover Avenue, Norlane	Norlane Community Film Facebook
Saturday, April 20 9.30am-11am	Cloverdale Food Swap	Cloverdale Community Centre 167-169 Purnell Road, Corio	5275-4415
Saturday, May 18 9.30am-11am	Cloverdale Food Swap	Cloverdale Community Centre 167-169 Purnell Road, Corio	5275-4415
Saturday, May 25	Neighbour Day	Dorothy Thomson Centre 10 Wendover Avenue, Norlane	0419-165-473
Saturday, June 15 9.30am-11am	Cloverdale Food Swap	Cloverdale Community Centre 167-169 Purnell Road, Corio	5275-4415

To have your community event listed in future editions, email the information to info@northerlyaspects.org.au with What's On in the subject line.

Do you have a legal problem? FREE LEGAL ADVICE AVAILABLE

Phone us on 1300 430 599 to make an appointment to speak with a lawyer
Free interpreters available, phone 131 450 and ask them to call 1300 430 599

*Appointments available at: Barwon Health - Corio Community Health Centre, Gellibrand Street, Corio
Norlane Child and Family Centre, 52-56 Gerbera Avenue, Norlane*



Celebrating volunteers

National Volunteer Week will be held in May to celebrate the generous contribution of our nation's volunteers. The theme for 2019 is 'Making a world of difference.'

From May 20 to 26, thousands of events will be held across the country to say thank you to the six million Australians who volunteer their time. Locally, volunteers support a huge range of organisations including community, sporting, health, education and welfare.

At the neighbourhood and community centres in Corio and Norlane the

volunteers are much-appreciated. They include administration assistance, garden and grounds maintenance, child minders, computer helpers, Community Kitchen facilitators, program leaders and cleaners.

Among the much-valued volunteers is Rosewall Neighbourhood Centre's Carlie, who has lived in Geelong for two years and volunteers as playgroup co-facilitator and child minder most days at Rosewall.

As well as holding a Certificate III in Children's Services, Carlie is super creative, organised and on the ball

when it comes to children's activities and programs. Carlie makes all the centre's art and crafts, playdough, mini-cooking menus and outside and creative play setups. Her creativity has made the playroom a fun and colourful space.

Information about Volunteer Week activities will be available at the neighbourhood and community centres in early May. The centre staff thank their volunteers for all that they put in. They are to be applauded on their commitment to the neighbourhood centre.



Cloverdale Community Centre appreciates its volunteers, including Helen, Glenn and Gale.



Carlie is a dedicated volunteer at Rosewall Neighbourhood Centre.

**Function room with
bay views for hire**

Pool room

Member's bar

Tennis courts

The Seaview Club Inc.

Family-Sports-Recreation

335 Blue Stone Bridge Road, Lovely Banks

Phone: 5275-2776



New principal at NBC

Northern Bay College started the school year with an interim principal to guide it through a transition period following the retirement of Fred Clarke at the end of 2018.

Scott Dellar (pictured) is an Executive Principal appointed to set the platform for the future of the school. He has worked in schools for more than 35 years, in both country and metropolitan areas.

Mr Dellar said his experience so far, during Term 1, has been positive. "Great kids, a hard-working, passionate staff and a supportive community; an excellent platform for a fantastic future," he said.

"I'm here to make a positive difference to students and the community, where the focus will be on learning, and I'm looking forward to working with groups and individuals to make this happen."

An early initiative introduced by Mr Dellar is presentation of leadership blazers to 200 students across the college's five campuses. They are part of a desire to show that leadership is valued and respected.

Mr Dellar said recognition of the leaders and opportunities to help them develop their skills will be celebrated across all campuses. He said the Northern Bay Challenge remains a priority to helping



remove barriers for students after they leave school. Developing the college's community partnerships, such as Deakin University, is also an important part of his role.

Northern Bay College 1300 348 535

2019! It is great to be back at Northern Bay College

Share the Experience

Northern Bay College 1300 348 535

Activities for every age

Corio Library has programs for all ages, from toddlers to seniors, during Term 2. From March through to May, the library will run classes on basic sewing, embroidery, knitting circle and stuffed animals.

Leather craft with local leather artist Aram O'Mara has been brought back due to popular demand.

The library is also going retro with macramé lessons for beginners. All of these activities are free, but you'll need to book your spot via www.grlc.vic.gov.au/whats-on or call 5275-2388. Activities for children include Preschool Story Time and Toddler Time on Tuesday and Thursday at 10.30am. Sensory Story Time and Baby Time are on Tuesday and Wednesday at 11.30am.

There's also a range of programs for school-aged children after school. The library is catering to parents too, with a special talk by Lou Harvey-Zahra on Creative Discipline for Happy Toddlers and Children.

Digital literacy is a big focus for Geelong Regional Libraries and Corio Library is continuing the theme with lessons on eSmart Cyber Safety and iPads – basic and intermediate levels. There are classes for the community



Children's and Youth Senior Librarian Jessica Newton with some of the crafty items created at Corio Library.

to help them explore the 3D printer, Design N Cut and Virtual Reality. Classes range from 3D printer basics and paper craft through to designing custom 3D printed jewellery.

So, whether you want to borrow a book,

learn something new, get creative or just relax, staff look forward to seeing you soon at the Corio Library, which is in Cox Road, Corio.

For further information phone 5275-2388 or email corio@grlc.vic.gov.au.

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Scholarships target future leaders

For the third year in a row, Bisinella Developments, one of the region's largest land developers, is offering people from the northern suburbs of Geelong the chance to develop their leadership skills.

Through their partnership with Committee for Geelong (CfG) Bisinella is sponsoring a limited number of places in a CfG Activate leadership program. The eight-week program runs from July 18 to September 5. Scholarships are available for people from the northern suburbs of Geelong and Lara.

Confidence, courage and ability to cope with change are some of the skills gained by last year's scholarship recipients.



Scholarship recipients Lorraine Kulic, Sharelle McGuirk and Fiona Bennett.

Sharelle McGuirk, who grew up in the northern suburbs, received a Bisinella Activate scholarship last year and said the course was "informative and engaging".

"It enabled me to think and reflect on the type of leader I'd like to be".

Scholarship applications close July 4, 2019. Contact Janelle Meyes, Acting Leadership Manager, Committee for Geelong, phone 5227-8073 or email: (marked Activate) janelle.meyes@committeeforgeelong.com.au.

Want to be a leader of your Community?

Do you live in the northern suburbs or Lara and aspire to be a leader? Or do you know someone who does?

Bisinella Developments is offering emerging leaders the opportunity to develop their leadership skills.

Through our partnership with Committee for Geelong (CfG), we are sponsoring scholarship places in the CfG's **Activate** leadership programs for 2019.

Bisinella, one of the largest local residential and industrial developers in the City of Greater Geelong, has been a proud supporter of the **Activate** program since 2017.

The CfG will run the second of two **Activate** programs from July 18 to September 5, 2019. Places are available.

Scholarship applications close July 4.



For details about Bisinella's **Activate** scholarships, please contact:

Janelle Meyes, Acting Leadership Manager
Committee for Geelong
Ph: 5227 8073
Email (marked Activate): janelle.meyes@committeeforgeelong.com.au



Something for everyone

Norlane Bowling Club members Alison Devlin and Maureen Riley would like to see more women join their ranks as the club continues to grow.

Alison has been bowling for about 12 years, following her late father to the club. Over the years she has played up to three times a week and now represents the club in Saturday pennant.

"I like the challenge of the game with all the elements coming at you," Alison said. "It's a game that's easy to learn but hard to master. I'm still trying to master it."

Maureen is a social member and has found the bowling club a good place to meet people after recently moving

to the area. She enjoys the friendship of the Friday night social functions and watching the bowls on competition days.

Newcomers are always welcome, whether they want to play bowls at a competitive level, have a social roll or access the facilities to socialise.

The club, in St George's Road, has teams playing in Saturday pennant competition, while mixed social bowls are played at the club every Tuesday and Thursday from 1pm. Coaching is also available for members.

Socially, happy hour is held every Friday from 4.30pm and the club facilities are also available for hire. For more information phone 0478-768-598.



Maureen Riley and Alison Devlin are members of Norlane Bowling Club.

New program for Corio clients

MatchWorks Corio is offering a new program for its indigenous clients.

'Deadly Yakka' is a three-week training program that covers a broad range of topics aimed at helping indigenous clients in their search for stable employment. It is a MatchWorks Indigenous Employment Initiative that will also include mentoring during and after completion of the course.

Topics in Deadly Yakka Corio Program include barriers, motivation, self-awareness and accepting responsibility. Participants will look at their current job-search strategies and learn about the hidden job market, as well as portfolio development, interview skills, feedback and coaching.

MatchWorks Corio site manager Fiona McIntyre said time is also spent with participants as they set new goals, search and apply for jobs.

For more information about Deadly Yakka Corio Program, contact the Corio MatchWorks office at Shop 88 (upstairs), Corio Central shopping centre.

MatchWorks

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5275 8212

or visit matchworks.com.au

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Supported students say thanks

Fifteen Northern Bay College students have so far been given an opportunity to change their future thanks to the Skyline Foundation.

The Skyline Foundation is a not-for-profit organisation with a mission to provide intensive financial, educational, emotional and practical support to gifted and academically talented students. They are students whose potential to realise their educational and career goals is compromised by circumstances – socially or financially – that are outside their control.

The Foundation included Geelong in its

program in 2017, when five Northern Bay College students won scholarship. Five more student have won places each year since.

The support is over three years and the members join a large group of graduates who are 'Skyliners' for life and can access networking, friendships and peer support. An event was held recently to thank the Geelong donors and congratulate the 2017 entry graduates.

Northern Bay College students Roghayeh Sadeghi, William Campbell and Nazdana Husseini talked to the

guests about their gratitude for having had these opportunities as a result of partnership between their family, school, Skyline and donors.

The Skyline Program is funded by corporate and private donations, local businesses and foundations including Deakin University, Geelong Community Foundation, Southern Dental Specialists, Boomaroo Wholesale Nurseries, the Anthony Costa Foundation, Linfox Avalon Airport, and the Makybe Stud.



From left, Northern Bay College's Roghayeh Sadeghi, William Campbell and Nazdana Husseini.
Photo: Melissa Hobbs, www.melissahobbs.com

Baptcare Coasthaven Community is now open

Baptcare Coasthaven Community located at 45 Robin Avenue, Norlane is now open and has welcomed its first residents.

It offers a 90-place residential aged care facility and a Community Hub that will shortly offer a café, community garden, men's shed and playground for the local community to access.

Meet Coasthaven's Manager

We are pleased to introduce Cara Shearer, the Residential Care and Services Manager of Coasthaven Community.

Cara has a wealth of aged care experience and a real passion for making a difference.

Having worked with Baptcare since 2012, she is highly qualified Registered Nurse who holds two Bachelor degrees, one in Nursing and one in Dementia Care and has won many prestigious awards throughout her career.



For more on our Coasthaven Community search Coasthaven on our website, www.baptcare.org.au

Baptcare Coasthaven Community is now open.

Places are filling fast. Take a tour today.

Government funded places available.

Norlane's new residential aged care community recently opened its doors, and has already welcomed its first residents. Don't miss your chance to be part of a proud community.



Call 13 BAPTCARE (13 22 78)
or visit baptcare.org.au/coasthaven

Baptcare

Baptcare Coasthaven Community 45 Robin Ave, Norlane

WELLMARK | BPT28106 | COASTHAVEN | ASPECT | HP | MAR 19

Volunteers help in many ways

Every day across Victoria, people donate their time and effort to make life more enjoyable for others.

Most of us have a direct contact with volunteers without even knowing it. They exist as local CFA or SES volunteers. They serve meals at the local Meals on Wheels, they are running local sporting clubs or coach our children to play the sport of their choice. Without volunteers in our hospitals and health sector we would be lost.

There are more than 1.5 million volunteers across Victoria, with the

state's volunteer sector estimated to be worth up to \$42 billion by 2021.

The Andrews Government is investing in new programs and approaches to build up Victoria's \$23 billion volunteer sector even further. In October last year we announced two new funding programs as part of a \$270,000 funding round which provides both training and mentoring opportunities, as well as specific skills development in new technologies.

It's all part of our Government's \$500,000 investment over two years in the 2018-19 Victorian Budget to

enhance the capacity of Victoria's volunteering sector.

Investing in the ongoing development of a skilled volunteer workforce is a key priority of the Ministerial Council for Volunteers, a strategic body focused on building a resilient and sustainable volunteer sector in Victoria.

Volunteers are the life blood of our community. I would like to say thank you to every single volunteer right across our State.

North Shore Station

I was pleased to host the Minister for Public Transport, the Hon. Melissa Horne at the North Shore Train Station recently.

We viewed the location for the Andrews Government's election commitment for up to 200 new and upgraded car spaces at North Shore station as part of the \$150 million Car Parks for Commuters Fund.

This project will also include new lighting and CCTV to make the station safer.

With the demand for parking along the Geelong line is growing each week, upgrades like this are essential and will provide our community with more options for their commute.



Free TAFE program

Geelong students and job seekers are getting into training through the Andrews State Government's Free TAFE program, with more than 600 students already enrolled in Free TAFE courses at The Gordon, a jump of 28 per cent compared with those courses at the same time last year.

It's so great to see thousands of students starting their Free TAFE training and developing skills that will keep Victoria growing – courses like nursing, engineering, plumbing, and building.

In January alone we saw seen almost three times as many students start in priority courses compared with the same time last year.

Free TAFE will make it easier for Geelong students to get the training they need to get jobs across a range of industries that are crying out for more skilled workers. For any more information please contact my office or the TAFE and Training line on 13-18-23.

Hon. John Eren MP

State Member for Lara

Level 1, Corio Shopping Centre,
Bacchus Marsh Road, Corio 3214.
Phone: 5275-3898.

Adventure, fun and friends

Norlane Joey Scouts is looking for boys and girls aged five to seven who like having fun and making friends.

Scouting has been an important and successful part of the Australian community for more than 100 years. It provides non-formal educational and recreational programs in a fun, friendly environment.

Joey Scouts meet in Norlane every Tuesday and have five available positions for new members. They will enjoy a range of activities including

cooking, building monsters and spaceships from scrap items, growing plants, hiking in the bush and camping in a tent.

Joey Scouts also play games, read books, sing songs and do craft activities together as a team. They find out about nature and learn about native birds and animals. They might fly a kite, go to the beach, explore bush signs, visit a fire station, zoo or farm.

The Joey Scout motto is Help Other People and members learn to jump

in and help, and to share with their friends. They also learn useful things, like what to do in an emergency.

There's something for everyone at Scouts, and potential new members can enjoy a free three-week trial. The group meets at Norlane West Scout Hall, 84-86 Dunloe Avenue, on Tuesday afternoons from 4pm to 5pm.

For more information call Kim 0425-783-995 or email gl.norlanewest@scoutsvictoria.com.au

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www.facebook.com/johneren1 www.twitter.com/johnerenmp
 Email: john.eren@parliament.vic.gov.au



Funded from the Parliamentary budget

New support group in Corio

Corio is home to a new Alcoholics Anonymous (AA) group.

The group is co-ordinated by Nick, who has more than 30 years' experience with AA and saw a need for a program of its kind in the area.

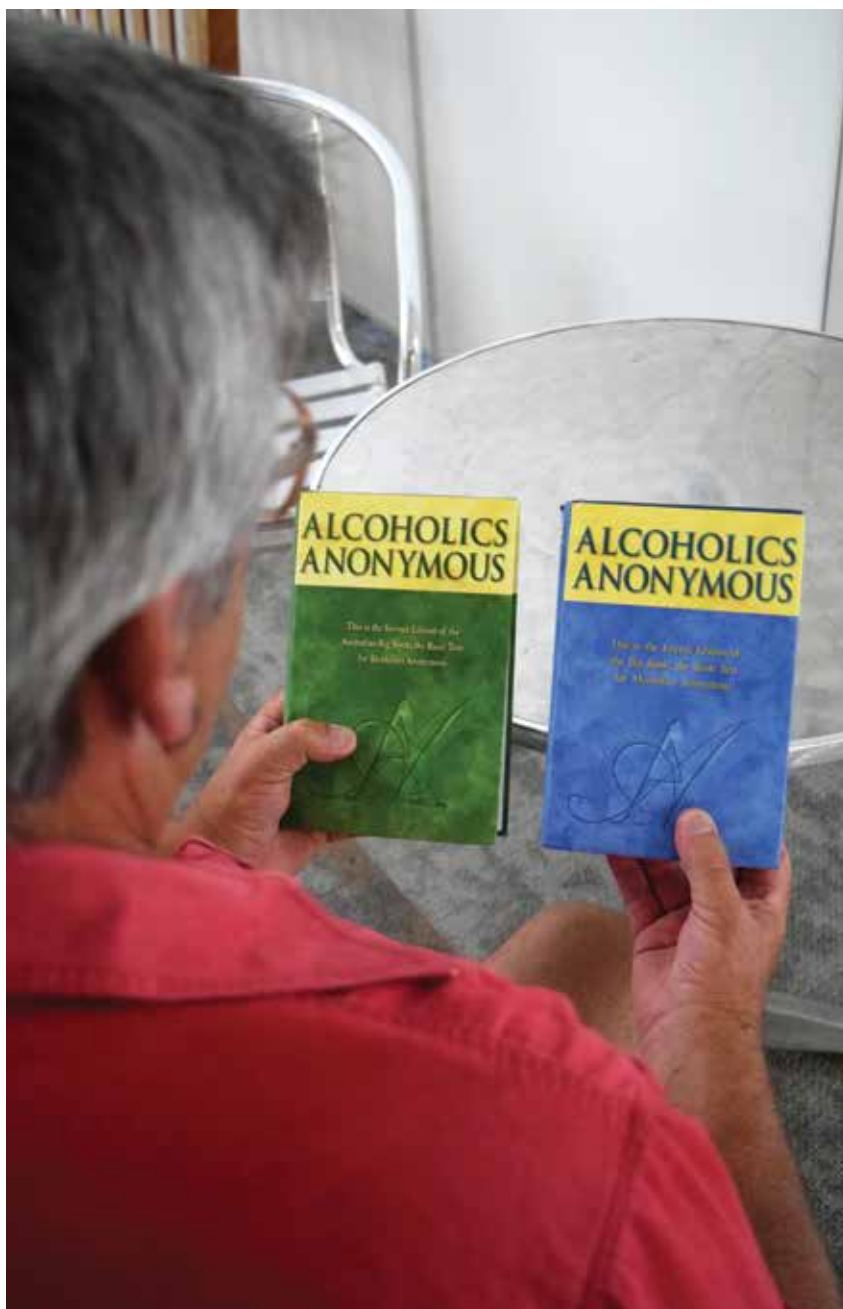
Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope to help others recover from alcoholism. The only requirement for membership is a desire to stop drinking.

"The traditional format is the foundation of what AA is," Nick said. "The AA meeting is a safe place where vulnerable people can go and get good information about how to solve their problems.

"It's spiritual not religious – it's really just about good living. Alcohol is a health issue, but before that it's a spiritual issue, so the spirituality is the key."

Meetings are held weekly and are open, meaning family, friends and loved ones can attend. They include three or four speakers, followed by discussion, and the chance to build trust as a way of supporting members.

The AA group meets at Rosewall Neighbourhood Centre. For more information about meeting times contact Nick, phone 0429-691-845.



Time to think about winter vegies

We've said goodbye to summer and the labour-intensive work in the garden over the warmer months and hello to the lower maintenance time of the cooler weather.

A crop of onions, leeks and garlic is always a bonus to the home cook and some can be stored after they mature and used during the coming seasons. They are not hard to grow and their flavor fresh out of your garden makes the produce out of the supermarket seem very bland and uninteresting, lacking in looks and flavor.

Another keeper is pumpkins – if they are cut after the vine withers and dies off, stored in a cool, dry place with a constant temperature, they will keep for months and the flavor is amazing.

Top of the agenda during the winter months are cabbages, cauliflowers and brussels sprouts. Grown from seedlings they seem to take forever to reach maturity, but the wait is worth it.

They do need monitoring to make sure that the white cabbage moths don't eat them all for dinner and they must be kept dusted or covered under fine netting to keep them safe. They are at their best both in flavor and in vitamin content when fresh from the garden.

A spare cauliflower can be used to make a lovely pot of Picalily Pickles – the recipe is an old one my Gran brought out from England in 1921. It's easy to make and a great keeper, I've kept it for three years in storage.

Now is also the time to buy in your bulbs ready for spring and summer flowers. Bulbs grow well in pots so they're great for balconies or patios. Look for big, firm bulbs and plant them three times as deep as their height, with their shoot facing upwards. You'd be amazed how many people plant them upside down. Don't overwater them or they may rot.

Betty



PICALILY PICKLES

Start with: 1 cauliflower, 3 zucchinis, 3 large onions, ½ cup salt.

Finely chop all vegetables and put into a large plastic bowl or bucket with salt. Mix through and cover with water. Leave overnight.

Next day, tip into large boiler, bring to boil for five minutes, then strain off the water.

Add 3 to 4 cups sugar, 1 level tablespoon salt, a pack of pickling spice tied in a cloth and cover with enough white vinegar to cover plus an extra 1.2 centimetres (usually takes 2 bottles). Bring to boil for approximately 15 minutes.

Thicken with a mixture of 1 ½ cups plain flour, 2 tablespoons mustard and 1 heaped tablespoon turmeric mixed together with water. Boil a further 10-15 minutes to cook the flour, stirring frequently, remove the spices tied in the cloth and bottle into hot bottles. Seal with paraffin wax.

If it's too thick add more vinegar; if too thin add more flour mixture.

If it's not spicy enough add more mustard, but remember that flavor will improve and grow stronger when stored before using.

Tell us what you want from us

The three Neighbourhood Houses/Community Centres in 3214 - Norlane, Rosewall and Cloverdale - are working together to provide the community with the programs, activities and connections it wants.



What are Neighbourhood Houses/Community Centres?

Neighbourhood Houses/Community Centres were first established in Victoria in the early 1970s. They started from local community need, particularly the isolation of women, aiming to bring people together and improve opportunities for their communities. They also aim to support lifelong learning in an informal, non-threatening and nurturing environment.

Neighbourhood Houses/Community Centres are community-owned, which means volunteers and community members can help decide what happens in them.

Here's your chance to have a say in what your local Neighbourhood Houses/Community Centres offer in 2019 and beyond.

As community members and centre participants, we'd like you to complete our survey and return it to us. We want to know what you're interested in so that we can co-ordinate the best

possible way to offer it to you.

If you have any other comments, include them with your survey or talk to a staff member at one of the centres.

1. Have you heard about us?

	✓	✗
Cloverdale Community Centre		
Norlane Community Centre		
Rosewall Neighbourhood House		

2. Are you interested in (please circle):

Arts and crafts	Sewing	Computer access	Self-help (reach your own personal goals)
Social groups	Gardening	Information on local support	Advocacy/Action (help to network with others on community issues)
Pottery	Community Kitchen	Photocopying	Other
Cooking	Learning	Skills for work	-----
Music	Volunteering		

3. What would help or make it easier for you to join in?

4. Would you like us to contact you about things you've expressed interest in?

Your details:

Name: _____

Contact phone or email:

To receive a small, thank you gift, return this survey to either:

Cloverdale Community Centre, 167-169 Purnell Road, Corio.
Norlane Community Centre, 39A Rose Avenue, Norlane.
Rosewall Neighbourhood House, 36 Sharland Road, Corio.



Learns

Cloverdale

Norlane

Rosewall

Aged Care			●
Barista Skills	●		●
Become Job Ready	●	●	●
Beginner Computers	●		●
Café Skills			●
Develop an Arts Practice	●		
First Aid			●
Food Handlers			●
Intermediate Computers	●		
Introduction to Child Care			●
Introduction to Community Services			●
Responsible Service of Alcohol			●
Tell My Story	●		
The Business of Music	●		



Creates

Art	●	●	●
Arts/Music drop in	●		
Beginner pottery class			●
Craft/knitting	●	●	
Creative Workshops	●		●
Instrumental music lessons	●		
North Geelong Community Big Band	●		
Open studio - Pottery			●
Portfolio Development	●		●
Singing	●		
Social sewing and craft group			●
Ukulele	●		

Meets

Cloverdale

Norlane

Rosewall

Over 50s social group



Social Support group



T.O.W.N. (Take Off Weight Naturally)



Plays

Kids Community Led Creativity



Play, cook and learn



Rec-Link - fun all abilities sports & activities



Moves

Body Movement (dance) Class



No Falls - Strength fitness and balance



Tai Chi



Walking Groups



Yoga



Grows

Community Gardening



Food Swap



Tool Pool



Eats

Community Kitchen



Learn to cook



Connects

Public Access Internet



Public Use Computers



The Neighbourhood Houses of 3214
acknowledge the support of the Victorian Government.

Happy snappers



Northern Bay College Peacock Campus staff and students enjoyed a wonderful warm day of games on the green. It was also a good night for teachers and children to get 'dunked'.



Baptcare held an open day for its Coasthaven Community in early March. The 90-bed residential aged care facility and community hub offering locals access to a café, community garden, men's shed and playground. The event was well attended with food, entertainment, face painting, giveaways and tours of the facility available throughout the day.

NOMINATE A YOUNG PERSON

Do you know a young
person who has been
making a difference
in our community?
Nominations close
17 May 2019

GEEELONG

YOUTH

AWARDS

Nominate at:
www.youthcan.vic.gov.au



Maternal and child health service change

The Corio West Maternal and Child Health Service, which normally operates from the Cloverdale Community Centre, is currently relocated while Cloverdale undergoes its renovation.

The MCH service is temporarily based across two other centres - the Norlane Child and Family centre, corner Tallis and Gerbera Avenue in Norlane and the Corio Maternal and Child Health Centre

at 38 Hendy Street, Corio.

The Norlane Maternal and Child Health Service operates an open MCH session every Monday, where families can see an MCH Nurse without an appointment.

To book an appointment with the Corio West MCH Nurse, please call 5272-4741.



Grant-writing and information sessions

The City of Greater Geelong will be conducting information sessions for the next round of the Community Investment & Support Fund (see the story on page 23). This is an opportunity for community members to talk through their ideas with Council staff and to learn more about the grant round and process.

In addition, Council is delivering grant-writing sessions to assist community members in understanding the requirements of the funding guidelines and application.

Topics to be covered include:

- Why apply for a grant?
- Eligibility
- Auspice arrangements
- Budget details
- Project planning
- Sustainability
- Tips and hints and useful links

Grant-Writing and Information Sessions will be held in Corio and Norlane in June.

For further information, please contact Monica Butler on 5272-4073 or mbutler@geelongcity.vic.gov.au



Community grants opening soon

The City of Greater Geelong Community Investment & Support Fund offers a variety of grant programs for not for profit incorporated organisations to undertake projects that benefit the local community. The range of programs includes:

Community Facility Infrastructure Fund

Planning and delivery of capital works projects within the City of Greater Geelong in community and sporting facilities on public land managed or owned by Council, or Crown land where the management of the facility is community based and there is access for the broader community.

Healthy & Connected Communities Grant Program

To facilitate community projects activities and small equipment purchases that will contribute to an inclusive, diverse, healthy and socially connected community.

Environment & Sustainability Grant Program

To assist with the cost of projects that help to achieve the goals and outcomes of Council's strategic objectives relating to environment and sustainability.

Creative Communities Grant Program

Community Arts: To support the initiation, development and delivery of quality arts projects;

Community Festivals: For groups seeking to develop small to moderate sized festivals which celebrate local or community identity and provide a diverse range of arts activities for the Geelong community.

Children's Week Grants

Small grants to facilitate events held during Children's Week – This is an international event designated by the United Nations, and celebrated annually in the fourth week of October.

Geelong Seniors Festival

Small grants to facilitate events held during Geelong Seniors Festival, held annually during October. It's the largest community celebration for seniors in regional Victoria and a major partner of the statewide Victorian Seniors Festival.

Dates for forthcoming mid-year grant rounds will be announced shortly. To find out more go to: <https://www.geelongaustralia.com.au/grants>



2013 LEARN LOCAL LEGEND



Barista Babies are back

Experienced chef and trainer Sharna Anderson is giving parents of young children the chance to obtain barista skills in a program trialled last year.

Barista Babies ran successfully in the 2018 when the Cloverdale coffee machine was temporarily relocated to Norlane Community Centre during major building works. Sharna, herself pregnant at the time, ran the course in 10-week blocks to give expectant mothers and those with young children the chance to learn coffee-making, food handling and job skills.

The coffee machine is back at Cloverdale and Sharna is keen to pass on her barista knowledge to a new cohort after her daughter Mia was born in December. The 10-week course will run from 9.30am until 11.30am every Friday at Cloverdale.

Barista Babies participants will receive plenty of practice making coffees and



Sharna Anderson and her 'Barista Baby' Mia.

learn other related skills. They will receive a Certificate of Participation at the end of the program.

Sharna said her previous group included four pregnant women and others with young children, some who have gone on to other training and

volunteer roles. She is keen to help others gain skills that might eventually lead them to work or other training.

For more information about the program, call the centre phone 5275-4415.

Building work coming to an end

A major building program is coming to an end Cloverdale, resulting in a much-improved, new-look building for community use.

The two-stage program started in May last year and has seen a large extension to the rear of the building followed by a redevelopment of the front. A new

entry has been created to improve access from the carpark.

The front of the facility was rebuilt and renovated in stage two of the project, expected to be completed in time for the start of Term 2.

Cloverdale's regular programs returned

to the Purnell Road site in February, including computers, craft, art, North Geelong Community Big Band, ukulele, jiu jitsu and yoga. The centre also has several options for groups wanting to hire space for meetings, conferences and events.

For more information, call 5275-4415.

MUSIC, ART AND CRAFT

Art@Cloverdale: Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays, 10am-noon. \$5 per session.

Cloverdale Singers: Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays, 10.30am-noon. \$3 per session.

Ukulele Players: A great musical gathering for those who have a grasp of the basics and want to refine their skills including; performing, strumming and chord progressions. Thursdays, 10am-noon. \$5 per session.

Cloverdale Craft and Knitting Group:

Bring your craft or knitting project and join with Marguerite for a relaxed craft or knitting session. Fridays from noon. \$2 per session.



North Geelong Community Big Band:

Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from 6.30pm.

FOOD AND GARDEN

Cloverdale Food Swap: Swap vegies, fruits and plants, preserves, cakes and other produce. Reduce your food miles and join us for coffee and cake. Third Saturday of every month from 9.30-11am. Free.

HEALTH AND WELLBEING

Tai Chi: Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays, 9.30-10.30am. \$5 per session.

Yoga: Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided. Thursdays, 7-8pm. \$50 for 5 weeks or \$12 per session.

No Falls with Dee Martin: A gentle introduction to exercise with a focus on preventing or reducing the risk of falls, achieved through exercises to improve muscle strength, balance and increased mobility. Tuesdays, 10.15-11am. \$5 per session.

Cloverdale Walking Group

Join with a motivated group of community members for a walk and a chat every Wednesday, 10am. FREE.

T.O.W.N Club (Take Off Weight Naturally)

For more information contact the Club Secretary on 0428-517-364. Meets every Thursday, 9am-11am.





From left: Di Pont, Bec Smith and Esther Konings-Oakes at Norlane Community Centre.

Two new co-ordinators for Norlane

As we say farewell to Bec Smith as co-ordinator of the centre, Norlane Community Centre welcomes not one, but two new co-ordinators in Diane Pont and Esther Konings-Oakes.

Both Di and Esther bring a wealth of knowledge to their new position.

Both have been active in community involvement and development and supporting the 3214 community for many years.

We look forward to working with both Di and Esther.

We would also like to take the opportunity to say thanks to Bec for her commitment, time and effort that she has put in to the Norlane Community Centre over the past two years. We wish Bec well in her new position as co-ordinator at Koroit Creek Neighbourhood House.

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group.

Contact Monika on 5281-7175 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join the group every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4.

The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your craft ideas or learn something new.

Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use.

If you are interested in your own veggie patch, contact Tabatha on 5275-8124.

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of Norlane Community Centre Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee each time you hire. No whipper snippers or brush cutters available for hire, but there are some hand tools and wheelbarrows that are free to borrow.



Hire is available on Tuesday and Friday mornings between 9am and 10am. Mowers must be returned the same day no later than noon.

Becoming a member can be done by visiting the centre between 9am and 5pm Monday to Friday. Inquiries 5275-8124.

Computers

Community computer usage is FREE during business hours, between 9am and 5pm, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Book lending library

Finished reading a book and would like a new one? Drop into the centre and check out our lending library.

If you see something you like you can borrow and then return it once you are done - that way others can enjoy it - or you can swap it with any unwanted books of your own.



Norlane Community Kitchen

The Norlane Community Kitchen operates from the Norlane Community Centre every Friday from 10am until 1pm. For further details please contact the centre on 5275-8124.

Norlane Boomerang Bags

Boomerang Bags work to reduce the use of plastic bags by engaging local communities in the making bags, using recycled materials. Boomerang Bags provide a free, fun, sustainable alternative to plastic bags.

The Norlane Community Centre group meets fortnightly on Friday from 1pm until 3pm.

If you like sewing and have some spare time, come along and join in.

For more information see the group's Facebook page.

2017 LEARN LOCAL LEGEND



Rosewall has some new friendly faces

You will find two new faces to help welcome you at Rosewall Neighbourhood Centre - Monique and Bonnie - who have provided the following information to introduce themselves:

"I am Monique and I am the new engagement and project co-ordinator at Rosewall Neighbourhood Centre. My role is to engage young people to their local neighbourhood centre.

I am at Rosewall to offer programs and connections for the youth in the 3214 postcode.

I encourage young people to visit have a voice, visit their local neighbourhood centre and share their ideas about what is on offer, what they would like, and give their suggestions.

This is your neighbourhood, and your neighbourhood centre wants to meet your needs.



We aim to meet the needs of all the community but find that the young people in 3214 don't know what Neighbourhood Centres can offer ... and we want that to change.

We offer programs, groups, catch-ups, pathways to further study, printing and copying services and lots more. If we don't have it, let us know."

"I'm Bonnie, the new Adult education co-ordinator.

My role at the centre is to help people

reach their goals through pathways to study and training requirements.

At Rosewall Neighbourhood Centre we offer entry level courses to help establish pathways to further study while building self-esteem and confidence to reach all study goals.

Our courses offer free child minding, which is a great help for parents who want to achieve their hopes and dreams of further study or participation in activities of interest."

What activities do young people want?

Rosewall Neighbourhood Centre would like some feedback from young people aged 12 to 25 about the types of programs they're interested in seeing at the centre.

Some of the suggestions are:

- Get active and exercise activities.
- Games nights.
- Movie nights.
- Cooking programs.
- Tutor services.
- Holiday activities.

Contact Monique to discuss ideas for activities for young people.

Call the centre, phone 5275-7409, via our Facebook page or pop in to Rosewall.

Activities and groups at Rosewall NC

See our website www.rosewallnc.org.au for details, visit us at 36 Sharland Road, Corio or call us on 5275-7409, Monday to Friday 9am-3pm.

CALD Community Kitchen Rules

Be part of a youth community kitchen and gain barista skills. Tuesdays 4-6pm. Contact Nestor Estampa, 0439-358-342, Nestor.Estampa@ccam.org.au

Painting and drawing

Thursdays from 9.30am-12.30pm (8 weeks). Pay as you go. Full Fee \$10, Concession \$5.

Cook & grow program

A new cooking program, have fun sharing your cooking and gardening knowledge and eating a delicious meal together. Thursdays 10am-12.30pm until June.

New course: Adults Can Cook

Community kitchen, learn how to budget, buy food, choose recipes and cook delicious low-cost meals to eat and take home. Cost \$5 each session. Mondays, April 29 to June 24.

Pottery for beginners

Mondays, April 29 to June 24, 1pm-3pm and 3.30pm-5.30pm.

Open studio – pottery

Bring your own projects and share creative ideas with other potters during term times. Tuesday and Wednesdays from 9-3pm.

SOCIAL ACTIVITIES

Free social sewing and craft group

Wednesdays 10-noon during term time.

Social Support Group

Meet in a small group to plan excursions and activities together for company and emotional support. Tuesdays 1-3pm.

Free play, cook and learn playgroup

Have fun playing and learning with your pre-school aged children. Activities will include craft and simple cooking on alternate weeks during term times. Mondays 10.30am-noon.

Over 50s

Fridays, 11.30am-3pm. Over 50s social group includes excursions, games and other social activities, new members welcome. Gold coin donation.

HEALTH AND WELLBEING ACTIVITIES

Strength, fitness and balance

Tuesdays from 8.45- 9.45am. New fee: \$10 per session.

Take Off Weight Naturally (TOWN)

Every Monday, 8.30am-10.30am. Call Geraldine on 5298-2275 for more information.

PATHWAYS TO WORK

Art portfolio preparation

Develop a presentation portfolio for further education or employment. Mondays 9.30- 12.30pm. Cost: 9 weeks full fee \$90, concession: \$45 per term or pay half-term at the start of term.

Food handling

Register your interest for this nationally accredited course.

First aid and CPR

Update your CPR Certificate or gain an accredited certificate.

CERT III In Individual Support (Aged Care) CHC33015

If you are seeking to work in the Aged Care industry, register your interest for this in-demand skill.

Introduction to Child Care

Learn practical hands-on skills that all child care workers and kindergarten teachers need.

Beginner Computers

Learn how to use a computer with a friendly teacher. Thursdays from 10am-11.30am during term.

Café Skills

Get practical experience, food preparation, customer service, table service and money handling.

Barista Skills

Learn the tricks of the trade to become a barista on your pathway to employment. Register your interest for this course.

Responsible Service of Alcohol

Gain skills in the responsible service of alcohol with a nationally recognised certificate. Register your interest.

Other training courses and activities

Refer to our website as new opportunities become available in 2019 - www.rosewallnc.org.au

NOTE: Training courses are held when sufficient numbers of students enrol.



What's happening at Stead Park?

Windermere ward councillors Kylie Grzybek and Anthony Aitken have contributed the following information for 3214 residents:

If you've been past the car park near the corner of St Georges Road and the Princes Highway lately, you'll have noticed it's now a construction site.

This is the location of our new Northern Skate Park, a very exciting facility for local skaters and BMX/scooter riders.

The park, which is right near the fOrT youth centre, will also include seating, a drinking fountain and 40 new trees.

We believe it will build on the success of the fOrT by attracting more young people to the area, where they can be encouraged to access the excellent programs offered by the City of Greater Geelong's youth development team.

As a significant \$500,000 investment by Council, it shows our commitment

to improving the lives of our local young people and to providing regionally significant facilities in our northern suburbs.

It will also mean we can address anti-social behaviour by closing the existing skate facility at Windsor Park.

The new Northern Skate Park is expected to be open by the end of June.

Congratulations youth councillors

We're very pleased to have welcomed Greater Geelong's first ever youth council, which includes three very bright Windermere Ward youth councillors representing our northern suburbs.

They are Carmen MacLeod (age

15), Erin Robertson (12) and Logan Chandler (16).

Mental health, bullying, safe homes and education are some of the issues they've identified as most important to them, and we look forward to receiving their recommendations on

these and other topics.

The youth council will give us a great insight into what the young people in our region are thinking and feeling, and help us make decisions that take their important viewpoints into consideration.

Power Purchase Agreement with wind farm

Viva Energy recently announced that it has entered into a long-term Power Purchase Agreement (PPA) with Acciona who own and run Mt Gellibrand, one of Victoria's newest and largest wind farms near Colac, 65 kilometres west of Geelong.

The agreement, which is a financial contract, secures pricing for Viva

Energy on approximately 100GWh per annum of electricity, which represents around a third of Viva Energy's Geelong Refinery's annual electricity needs. Further, it supports the Mt Gellibrand Wind Farm in Victoria which is home to around 30 percent of all wind farm generation in Australia, with the refinery being one of the State's largest electricity users.

Viva Energy CEO Scott Wyatt said: "Our research has shown that renewable energy is very competitive with existing sources of generation and can be a viable and sustainable part of the energy mix for a business like ours."

The PPA commenced in January 2019.

Refinery celebrates International Women's Day

To mark International Women's Day on Friday, March 8, Viva Energy's General Manager Refining, Thys Heyns, Technology and Integrity Manager, Maggie Weijers-Rinkel and refinery Laboratory Coordinator, Rachel

O'Connor, participated in a panel discussion with special guests from the Geelong Cats AFLW team at the Geelong Refinery.

Participants discussed what

#BalanceForBetter means to them and how we can all play an active role in making positive changes to improve gender balance in the workplace. #IWD2019



Machteld 'Maggie' Weijers, Rachel O'Connor, Julia Crockett-Grills, Elise Coventry and Thys Heyns celebrate International Women's Day.

Fueling all things aviation at Avalon



John Begg, right, with Linfox driver refuelling the tanker at the Geelong Refinery jet fuel gantry.

Viva Energy Australia proudly supported the recent Australian International Airshow by exclusively refueling the many aircraft that left thousands of spectators spellbound over the weekend of March 1-3.

Geelong Refinery's General Manager, Thys Heyns, said: "Over the last few years we have invested heavily in the Geelong Refinery to increase the amount of fuel we can transport to Avalon Airport to support their ever-increasing activities and I'm pleased

that our fuel could bring such delight for spectators."

The Geelong Refinery supplies 100 per cent of Avalon Airport's jet fuel, supporting day-to-day operations for commercial airlines and also for special events such as the Airshow.

Jet Fuel Gantry Operator, John Begg, is one of many Viva Energy staff behind the manufacturing of a range of fuels, including jet fuel.

"I'm proud that our great quality jet fuel - made by us right here in Geelong - ended up exclusively refueling the Avalon International Airshow," Mr Begg said.

Viva Energy works with Linfox to transport jet fuel to Avalon Airport all year round, and during the week of the Airshow, the Geelong Refinery fuel gantry loaded around six Linfox trucks per day to supply the aircraft that performed at the hugely successful event.