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CELEBRATING GEELONG'S NORTHERN SUBURBS

CORIO | CLOVERDALE | NORLANE | NORTH SHORE | ROSEWAL



nærtherlyaspects

Our sponsors

The Northerly Aspects Editorial Committee is grateful to its valuable sponsors, who continue to support this important community publication. In this edition, we welcome Baptcare as a new Gold Sponsor and acknowledge Northern Futures, which has increased its commitment to also become a Gold Sponsor.

Our much-valued sponsors are:

- Viva Energy
- Baptcare
- Northern Futures
- Matchworks

Support is also provided by:

- Cloverdale Community Centre
- Rosewall Neighbourhood Centre
- Norlane Community Centre.

For more information about sponsorship, contact info@northerlyaspects.org.au or phone 0409-368-576

Important numbers

Emergency (police, fire, ambulance) 000 Lifeline 13 11 14 Barwon Family Violence After Hours 1800 662 673 Kids Helpline 1800 551 800 Victorian Poisons Information Centre 13 11 26 Road Safety Hotline 5225 3297

OUR COVER: Cloverdale Community Centre is operating as an outreach centre to provide support to redundant Ford workers. Nathan Oakes (centre) has been employed as project worker, with assistance from shop stewards John and Tony. SEE Page 4 for more information.



Editor's letter

Welcome to the Term 1 2017 edition of Northerly Aspects. The Editorial Committee hopes you are enjoying a happy start to the new year and that 2017 will be a positive year for you.

In this edition, we welcome Baptcare as a new Gold level sponsor of Northerly Aspects. Baptcare is already an important member of the 3214 community and will be even more significant as its aged care and community facilities take shape in Robin Avenue, Norlane. You'll be able to follow the progress in coming editions.

We are also delighted that Northern Futures is continuing its relationship with our publication as its importance to local job seekers grows. Northern Futures is changing lives through the opportunities it presents and we are grateful for its decision to take up Gold level sponsorship with us in 2017.

Many families in the area will be getting ready to send their children off to school at the end of January, some of them for the first time. I'm sending a family member off to school this month as a Prep teacher for the first time. It only seems like yesterday that she was the first-time student. I hope this year is successful, happy and healthy for you, whatever you choose to do.

Jeanette Watt Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

New medical service Norlane

Norlane residents have access to a local medical service following the opening of Labuan Square Medical Centre. The medical centre opened as part of a revitalisation the shopping centre and adjoins the pharmacy.

Residents have responded well to the service, which offers bulk-billing Monday to Friday between 9am and 5pm. A pathologist is available in the clinic every morning.

Practice administration manager Sunu Varghese said the practice opened in response to an obvious need for medical services in Norlane. It is saving residents from having to travel out of the area for medical care.

Ms Varghese said there is a rotation of GPs who are highly trained and able to provide care in multiples areas including diabetic management, antenatal (shared) care, medication reviews, women's health, asthma assessment and management, childhood vaccinations, counselling services and mental health assessments.

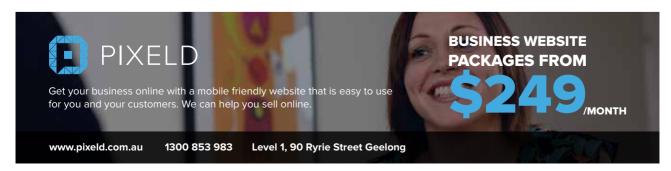
A podiatrist started at the medical clinic in December, and a physiotherapist and psychologist will also be available onsite regularly. Ms Varghese said future plans for the clinic include additional doctors and extended hours if there is demand.



Labuan Square Medical Centre receptionist Elizabeth Clarke and administration manager Sunu Varghese.

Labuan Square Medical Centre is at 19 Labuan Square. For appointments

phone 5272-3233. Walk-ins are also welcome.



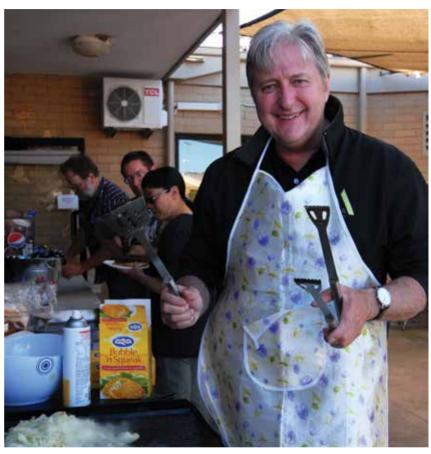
Networks for work, health and happiness

Cloverdale Community Centre is operating as an outreach centre to provide support to redundant Ford workers.

Auto Skills Australia approached the centre to run the program in 2014, in the lead-up to the closure of the Geelong Ford plant. The program provided workers with connections to services such as Centrelink, training organisations and job service providers as well as providing financial and career advice. The neighbourhood house location was an effective means of connecting workers into their local community.

Late last year, with the next round of redundancies, ASA again offered Cloverdale as an outreach centre. Operating for four weeks last October/ November, the Outreach Centre connected workers to training organisations, jobactives, government services, the Skills and Jobs Centre and community organisations.

The Ford Transition Project is now supporting a follow-on Health and Wellbeing project at Cloverdale to strengthen community connections for exited workers. It is providing a social



Barbecues, guest speakers, community information and social and recreational activities are part of the Ford Transition Project at Cloverdale Community Centre.

space for conversations, catch ups and additional employment support.

Nathan Oakes has been employed as project worker, with assistance from

shop stewards John and Tony, to create a diverse and supportive program including barbecues, guest speakers, community information and social and recreational activities.



Preparing for new hub

Changes are being made at Waterworld this summer as part of the Masterplan for a new health and well-being hub in Norlane.

City of Greater Geelong Manager Community Life Linda Quinn said negotiations are continuing around the Northern ARC (arts, recreation and community) Masterplan. She said the goal is to deliver a vibrant health and well-being hub in Geelong's north and the council will be in a position to provide further information in the next few months.

Ms Quinn said decommissioning of the water slides has commenced, as part of Stage 1 of the Northern ARC Masterplan, which means they are not operating this summer.

However, the rest of the Waterworld facility remains open during summer including the outdoor toddler pool, Splashpad, diving pool and towers, barbecue area, large outdoor area and car park. The centre's indoor aquatics area, gym, group exercise room, cycle studio and crèche will also remain open to the community.

"We will also be introducing the inflatable Aqua Adventure Run for young people this summer," Ms Quinn said.



The Masterplan overview of the Northern ARC hub.

"This exciting floating obstacle course will provide hours of challenging entertainment for kids and teenagers and features four different inflatable challenges including the Swing,
Overpass, Peg play and Aqua Joust. The inflatable Aqua Adventure Run will be open at specific times through the week.

"We will also be introducing additional outdoor shade structures and landscaping improvements to ensure families can enjoy hot summer afternoons by the pool."

Function room with bay views for hire Pool room Member's bar

The Seaview Club Inc.

Family-Sports-Recreation
335 Blue Stone Bridge Road, Lovely Banks

Phone: 5275-2776



Tennis courts

Help solving neighbourhood problems

The Dispute Settlement Centre of Victoria (DSCV) assists the Geelong community by providing an informal, impartial and accessible dispute resolution service.

Using DSCV services to resolve a dispute is a cheaper and simpler alternative to taking disputes through the courts. The service can help to improve and maintain positive relationships with neighbours, community and friends.

Dispute Assessment Officers provide dispute resolution advice and mediation services to assist residents in the Barwon South-west region to settle disputes in a free, confidential and fair manner.



The officers can help with issues involving difficult or anti-social behaviour, personal safety intervention order matters, bullying, fences, noise, animals, trees and drainage. They listen to concerns, help clarify issues, answer questions and work with residents to provide options and strategies for resolving the dispute.

DSCV may also offer to contact the other person and invite them to participate in mediation.

Staff conduct a full assessment with evervone involved to see if the dispute is suitable for mediation. The whole process can be done over the telephone or in person.



Student goals supported

Six Northern Bay College students will begin the school year with the support of the Skyline Education Foundation Australia. The Year 11 students at the Goldsworthy Campus have received scholarships aimed at making their dream of entering university a reality.

Skyline Education Foundation Australia launched in Geelong after 10 successful years of assisting some of Victoria's most talented and dedicated students.

The Skyline Education Foundation Program assists VCE students who come from resource stretched families to make their aim of entering university a reality.

The Foundation is led by a group of accomplished Australians who recognise that completing VCE and gaining access to a tertiary education is crucial to a student's lifelong success. Assisting these students often has a wider effect, strengthening and improving outcomes for the whole community.



Board Member and Chair, Dr Peter Hollingworth AC OBE, said Geelong was an obvious place for the Foundation to expand its scholarship program.

"Over the past 10 years of fine tuning what is a unique program, we looked for a community that might respond to this opportunity," he said.

"We have been greatly encouraged by the warmth of our initial reception and now look forward to building new partnerships here in the Geelong Region. Our program will be grounded in local communities committed to improving educational opportunities for their young people who are facing difficult circumstances."

Skyline Foundation has partnered with Geelong- based businesses and Deakin University to work with carefully chosen students and schools in the region.

Northern Bay College Goldsworthy Campus had six successful applicants to be Skyline Scholars and they will commence Year 11 in 2017 with this amazing support.

Campus Principal Ken Massari is confident that the 2017 students are outstanding representatives of the community who can complete their VCE years with the Foundation's support. He hopes that students in Year 10 will seize the opportunity to study in 2017 with an aspiration to apply for the 2018 intake.



Skyline Education Foundation Program Chair Dr Peter Hollingworth.



Future looks bright for **Kyle**



Kyle-Alexander Jensen couldn't be happier. One month into a new job, he loves the work, the crew he's with and the company he's working for. And he's marvelling how far he's come in 12 months.

Last year, the 18-year-old Norlane resident was homeless and wondering what the future held.

He left school in Year 10 and completed a Certificate I in Automotive, but that qualification didn't lead to a job.

It wasn't until his housing worker at Barwon Child. Youth and Family referred him to Northern Futures that his future started to take shape.

Kyle began a Certificate II in Logistics and Warehousing, delivered by The Gordon at Northern Futures. His Northern Futures advisor then supported his application for a job with DKM Utility Services, a service provider to Barwon Water. This job had been referred to them by GROW (G21 Region Opportunities for Work).

Kyle now has a two-year traineeship with DKM and describes the sense of stability and relief he feels not stressing day to day as "phenomenal".

"I wouldn't be here if it wasn't for Northern Futures. They really believed in me and encouraged me to excel," Kyle said.



"I just love being outdoors and being constructive with my time. I've now got my own place and am saving for a car. My whole family is proud of me. "I encourage any kids out there in similar circumstances to get in touch with Northern Futures. They have pathways to employment and links to industry partners that have helped me turn my life around in a huge way."

Northern Futures is based at Norlane Community Centre in Rose Avenue, Norlane.

For more information about Northern Futures programs in 2017, see PAGE 27.

Scholarship program





Northern Futures provides a range of training options for jobseekers.

Applicants who don't qualify for government-funded training may be eligible for financial assistance from a Viva Energy Role Model Scholarship.

This unique scholarship program is available through Northern Futures with generous support from Viva Energy.

You can play street soccer

The Big Issue Australia's Community Street Soccer Program is looking for new players of all backgrounds and abilities to join the friendly team.

The program uses sport as a mechanism to engage people and promote social inclusion. You don't have to have played soccer before. The program's main purpose is to provide a friendly space to come together with friends and learn more about health and well-being.

The street soccer program is free for all participants. It involves males and females, 16 years and above, with varying ability and fitness levels, getting together once a week, training and playing matches.

Participants get fit, make new friends and seek support and advice. Support staff work closely with players, linking them to services that address any issues they may be facing, or to assist them with moving towards their personal goals.

Local co-ordinator Sam Purcell said: "We have a strong health focus and arrange activities and guest speakers

to assist us all in being healthier and taking the best care of ourselves. "We have donated fruit and vegetables, and bread each week, which players can take home. We put a number of our players through the Ministry of Food cooking course in 2016 and look forward to offering similar opportunities in 2017."

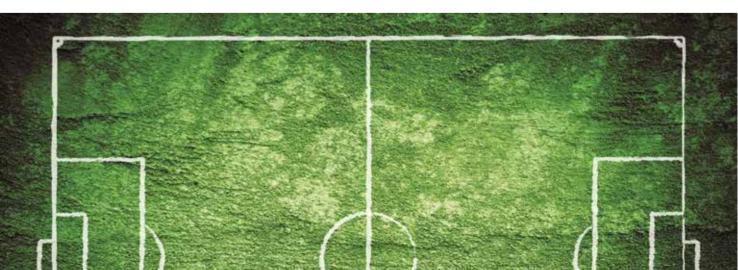
Each year, players are nominated to fly to Sydney and meet players from all around Australia and play in the inclusive Nationals competition, as well as the chance to be selected to play for Australia in the Homeless World Cup. Local players John Pitharas and Obi Jamshidi represented Geelong in these competitions in 2016.

Street soccer is played from 4-6 pm every Thursday of the year, rain, hail or shine, at the Leisuretime Centre, 262-282 Anakie Road, Bell Post Hill.

There are purpose-built pitches and participants can play under lights in the winter months. An indoor area is also available to be used in bad weather or to meet, hear guest speakers or just share some social time.

For more information call in any Thursday and check out the program, or contact Sam Purcell, Local Co-ordinator, phone 0433-626-857, or email streetsoccersam@gmail.com





Workers make a difference

Renovations to the North Shore Sports and Community Club were recently unveiled as part of a MatchWorks Work for the Dole Co-ordinator project.

Job seekers were formally recognised for their six-month commitment to the project at a celebratory event at the club in December.

More than 10 job seekers worked on the project, which included bathroom renovations, recarpeting, painting, repairing fixtures, restoring seating, and constructing new storage areas and signage for the club house.

Project supervisor Luke McDonald said job seekers had gained and refined valuable skills in trade areas such as painting and restoration, and also soft skills in punctuality, work ethic, and team work.



"Projects like these are fantastic for keeping job seekers functional, optimistic, and enthusiastic about future work prospects," Luke said. It's the perfect motivator for the right individuals."

The clubrooms have been the home of the North Shore Seagulls since 1958 and play a significant role in the local community. The Seagulls participate in programs such as the Australian Drug Foundation's Good Sports initiative and they're committed to managing alcohol responsibly, maintaining smoke-free areas, and promoting a healthy, safe, and family-friendly environment.

The clubrooms' aesthetic appeal and communal space was upgraded through the Work for the Dole project to further promote and improve local community participation in programs and initiatives. The project was a Federal Government-funded initiative.



A great place to get connected





Free, fun activities for new parents, young families and their children:

- Drop in all welcome!
- Playgroups (0-5 years)
- Multicultural Playgroups
- Early Years Activities

Includes:

- Parent Support
- Family Wellbeing
- Pre & Post Natal Information

Ph: 5224 9791

Open: 9am-5pm, Monday-Friday Email: northernbayfamily@bcyf.org.au www.northernbaycollege.vic.edu.au



Norlane project taking shape



An artist's impression of the project.

Baptcare is excited at the significant progress made at the former primary school site in Robin Avenue, Norlane (on the corner of Eagle Parade).

When complete, the project will provide:

- A community hub and café.
- 52 affordable rental houses.

A 120-bed residential aged care facility.

Stage 1 of the development is underway and it won't be long until local residents see people starting to move into some of the affordable rental houses in Eagle Parade. This will happen around March.



Stage 1 of the development features affordable rental houses in Eagle Parade.

Reference Group



Baptcare Norlane Project Reference Group members been busy.

The Baptcare Norlane Project Reference Group has been busy lately. Members of the reference group have been meeting regularly and making important decisions about the site.

Among the top priorities for the group has been choosing street names for the site.

The names chosen by the group are Swift Way, Kite Place and Faith Close. For more information about the reference group, phone Simon Reeves on 0408-229-981.

Newsletter

Residents can sign up to receive a copy of the project newsletter by emailing communications@baptcare.org.au. The newsletter is an effective way of keeping up-to-date with the project. Updates will also be published in Northerly Aspects.

About Baptcare

Baptcare is a leading, faith-based not-for-profit organisation working across Victoria and Tasmania, providing residential and community care for older people, support to children, families and people with disability, financially disadvantaged people and people seeking asylum.

On track for 2018 opening

Hendy Street Child and Family Centre is on track to be open in time for the 2018 pre-school year.

The City of Greater Geelong Administrators agreed to delegate the power to accept or reject tenders for the project to the Chief Executive Officer in September 2016, provided the tenders were within the allocated budget.

The City's General Manager Strategy and Performance Will Tieppo said to avoid disruption to early childhood services, and to deliver a 2018 opening, it was necessary to award construction tenders by the end of 2016.

"The City is committed to the timely

construction of the Hendy Street Child and Family Centre," Mr Tieppo said. "Delegating the powers and functions to accept or reject a tender and sign the contract documents to the CEO for the project's construction and associated works, providing it falls within the adopted budget, will speed up the process and ensure the timelines are met."

The City is funding the \$5.4m Hendy Street Child and Family Centre, which will include a kindergarten, maternal and child health consulting rooms, outdoor playgrounds, consulting spaces for visiting support services, a multipurpose playgroup/occasional care room, parent lounge, off-street car parking and reception/office space.



JOHN EREN MP

State Member for Lara
Minister for Tourism & Major Events
Minister for Sport
Minister for Veterans

'For all your State Government Matters'

Proudly serving the communities of Anakie, Balliang, Bell Park, Bell Post Hill, Corio, Hamlyn Heights, Lara, Lovely Banks, Moorabool, North Geelong, Norlane and North Shore.

Also covering parts of Batesford, Drumcondra, Little River and Staughton Vale.

Level 1, Corio Shopping Centre Bacchus Marsh Road, Corio 3214 Phone: (03) 5275 3898 www.facebook.com/johneren1 www.twitter.com/johnerenmp Email: john.eren@parliament.vic.gov.au

Funded from Parliament's electorate office and communications budget

More help for paramedics

More firefighters will be helping paramedics save the lives of heart attack victims, with the Emergency Medical Response (EMR) Program rolling out further across Victoria.

EMR means a dual response of trained firefighters and ambulance crews will respond to any emergency where a patient may not be breathing. Defibrillators will be installed in fire trucks and firefighters will receive specialist training so that they can provide basic life support and give CPR.

The Andrews Government is providing the funds so that brigades have the necessary medical equipment to save lives. We will deliver the EMR program at all 35

integrated CFA Stations, including Corio and Geelong Stations, and we have already allocated \$46.7 million over the past two budgets to make this a reality.

The Ambulance Victoria 2015-16 Annual Report showed that Statewide ambulance response times are the best they have been in five years.

The Report shows 75.2 per cent of Code One incidents are now responded to within 15 minutes, compared to 2012-13, at the height of the ambulance crisis, where they fell to a record 73 per cent.

Locally, we have seen the recent announcement that the Geelong branch of Ambulance Victoria will receive a new 24-hour team with 14 full-time equivalent paramedics and a new ambulance vehicle.

In addition, we are also investing more than \$3 million to open more beds at Barwon Health. This will treat more emergency department patients to sooner and free up ambulances to get back on the road.

While we know we have more to do to meet community and government expectations and targets, these improvements are a testament to the wide range of reforms undertaken and funded by our Government to rebuild our ambulance services.

More police

There is a need for more Police and that's why, since November 2014, the Andrews Government has funded 1156 new police personnel.

We have expedited the recruitment of 406 new police and 400 Police Custody Officers are being rolled out statewide.

On top of this our Government is giving Victoria Police every resource they have asked for to smash crime. Victoria Police have told us they need 2729 police over the next four years, we are delivering on this in full. Chief Commissioner of Police,



Graham Ashton, has stated: "It represents the greatest boost to policing numbers that we've had in 163 years."

We are ensuring we will see more police officers into the community as soon as possible.

Hon, John Fren MP

State Member for Lara, Minister for Tourism & Major Events, Minister for Sport, Minister for Veterans.

Level 1, Corio Shopping Centre, Bacchus Marsh Road, Corio 3214. Phone: 5275-3898.

Art show at centre

Northern Bay College Family Centre held a successful art show and family day in late 2016.

The day included a display of children's work, as well as opportunities for familis to participate in a range of hands-on activities.

In 2017 the Family Centre will continue to work closely with the Northern Bay Early Learning and Care Centre, which is located next door on the College site in Goldsworthy Road, Corio.

Together they will work toward the College aim to provide a planned, seamless and integrated path of education, care and support for children and families from birth and kindergarten through to Year 12 and beyond.





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Safe chemical disposal

Local residents are being encouraged to take advantage of a new service that will enable the safe disposal of potentially toxic household chemicals.

Detox Your Home is offering a mobile collection site on February 11 at Corio Operations Centre, 299 Anakie Road, Lovely Banks. The service will be available between 8am and 4pm.

Regular clear-outs to minimise the potentially dangerous chemicals kept in the home are a great idea, but it's vital to dispose of them properly.

This service is a great way to protect the health of your family and the environment.

Musical day for students

Northern Bay College organised and coordinated the 10th annual Music Count Us In event in late 2016.

Along with more than 600,000 people right across Australia, NBC joined other schools in the Geelong district to sing the same song, at the same time on the same day.

Major sponsors The Pier Geelong and Oxygen College enabled 400 students to gather at the picturesque Cunningham Pier for a big singalong. The day was made even more special with past Corio Primary School student Ben Toyne, teaming up with his renovating partner from TV series The Block, Andy, to be the MCs for the day.

Teacher Amanda Baulch said Ben and Andy were great role models for the students, telling jokes, singing songs and talking about the importance of music. This day was another major highlight on the Northern Bay College Performing Arts calendar.



Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.





Ron Edmonds gets some ukulele practice in at Cloverdale Community Centre. The centre has ukulele groups for all experience levels. They meet on Thursday and Friday mornings.



Cloverdale Community Centre hosts friendly playgroups for families every Wednesday from 9.30am until 11.30am and Friday from 10am until noon. The cost is \$2 per session.



A group of Ford workers made a difference at Northern Bay College's Peacock campus as part of Volunteer Corp.



The Lions Club of Corio Norlane recently donated toys to the Northern Bay College Early Learning Centre. Children at the centre had fun helping to select the toys.



Northern Bay College Family Centre hosted an art show and open day during Children's Week. Activities included art on display, activities and entertainment.







Rosewall Neighbourhood Centre's Big Concert For Little People was well attended by local residents. Families enjoyed a range of musical and fun activities.



The Rosewall Neighbourhood Centre's Twilight Market was a popular community event. Market visitors enjoyed the range of stalls, food and activities. The centre will host a festival on Saturday, March 4 with another array of activities and entertainment lined up.

Where to play, learn and grow in Corio and Norlane

MATERNAL & CHILD HEALTH CENTRES

A free service that provides information, advice and support to all families with children from birth to school age. Services include child health and development screening, infant feeding, parenting support and advice.

MATERNAL & CHILD HEALTH CENTRES

Contact 5272 4741

Corio

38 Hendy Street

Corio West

Cloverdale Community Centre 167 Purnell Road

Norlane

Norlane Child and Family Centre 52-56 Gerbera Ave

Maternal & Child Health Line

Contact: 13 22 29

Support line for Victorian families with children from birth to school age. Available 24 hours a day, 7 days per week.

EARLY CHILDHOOD EDUCATION & CARE

For children from 0-6 years on a full-time, part-time or sessional basis. Check individual centres for hours. Within purpose built buildings and natural outdoor environments, early learning centres work alongside you to support the growth and development of your child.

City Learning & Care Corio

116 Purnell Road, Corio VIC 3214 Contact: 5272 4790

- Care and educational programs
- 4 year old kinder within long day

City Learning & Care, Trudy Moritz

9 Sparks Road, Norlane Contact: 5273 4795

- Care and educational programs
- 4 year old kinder within long day care

Community Kids

Bellnore Drive, Norlane Contact: 5274 1680

- Care and educational programs
- 4 year old kinder within long day care
- Courtesy Bus

Happy Feet

Plantation Road, Corio Contact: 5274 9399

- Care and educational programs
- 4 year old kinder within long day

Northern Bay College Early Learning Centre

3-25 Goldsworthy Road Contact: 5224 9784

- Care and educational programs
- 4 year old kinder within long day care

The Learning Tree - Corio

3-5 Purnell Road, Corio Contact: 5275 4445

Care and educational programs

Norlane Child and Family Centre

52-56 Gerbera Avenue, Norlane Contact: 5272 4444

Occasional care

City of Greater Geelong Family Day Care Contact: 5272 4741 Home Based Childcare, educators providing care in your area.



PLAYGROUPS

Playgroups are an opportunity for families with children aged 0-5 to come together to have fun, learn and develop new skills and make new friends.

CITY OF GREATER GEELONG PLAYGROUPS

Contact: 5272 4781

Wednesday: Bowerbirds Playgroup

9.30 - 11.30am

Norlane Child & Family Centre 52-56 Gerbera Ave, Norlane Contact Petrina 0418538569 phare@geelongcity.vic.gov.au

Wednesday: Playlinks Playgroup

9.15 - 10.45am

St Thomas Aquinas Primary School 51 Plume St, Norlane Contact Tracey 0427670905

tmarshall@geelongcity.vic.gov.au
Thursday: Little Possums Playgroup

9.30 - 11.00am

Northern Bay Family Centre, Gate 6 3-25 Goldsworthy Rd Corio Contact Ali 0448816414 akelly2@geelongcity.vic.gov.au

Friday: Playlinks Playgroup

9.15 - 10.45am

St Francis Xavier Primary School Bacchus Marsh Rd, Corio Contact Tracey 0427670905 tmarshall@geelongcity.vic.gov.au

Friday: Karen Family Playgroup

9.30 - 11.00am

Northern Bay Family Centre, Gate 6 3-25 Goldsworthy Rd Corio Contact Louise 0427693361 ljarvis@geelongcity.vic.gov.au

BARWON CHILD, YOUTH AND FAMILY PLAYGROUP

Contact: 5222 6911

Salvation Army Northside - Thurs

92 Cox Road

BETHANY SUPPORTED PLAYGROUPS

Contact: 5278 8122

Northern Bay College - Monday

Hendy Street

Northern Bay College - Tuesday

Wexford Street

Northern Bay College - Wednesday

Peacock Street

Rosewall Community Centre - Thurs

Sharland Road

WATHAURONG PLAYGROUP

Contact 5277 0372

Milla Milla Aboriginal Playgroup

Norlane Child and Family Centre

Monday 11am -1pm

Wathaurong, 62 Morgan Street

Thursday/Friday 11am-1pm

Northern Bay Family Centre Playgroup Mon, Tues, Wed

3-25 Goldsworthy Rd, Gate 6

Contact: 5224 9791

Cloverdale Playgroup - Mon, Wed,

Thur

167-169 Purnell Road

Contact: 5275 4415

Playgroup Victoria

Community run playgroups in your

local area.

Contact: 1800 171 882

or www.playgroup.org.au

SESSIONAL KINDERGARTEN

Kindergarten run pre-school programs for children aged between 3-5 years, for up to 15 hours. Your child will learn, develop skills and play in a safe and happy environment.

Corio Kindergarten

152 Purnell Road

Services: 3 and 4 year old kindergarten

Contact: 5275 1629

Norlane Child and Family Centre

52-56 Gerbera Avenue, Norlane

Services: 4 year old kindergarten

Contact: 5272 4444

Early Learning Centre@Rosewall

62 Morgan Street, North Geelong

Services: 3 and 4 year old kindergarten

Contact: 5275 4529

William Hovell Preschool

28 Hendy Street

Services: 3 and 4 year old kindergarten

Contact: 5275 4663

Norlane West Kindergarten

39-43 Peacock Avenue

Services: 3 and 4 year old kindergarten

& Occasional Care Contact: 5275 3774

PRIMARY SCHOOLS

For children aged 5-12 years. Monday to Friday, with after school care

available.

Check with individual schools for hours. Primary schools work alongside you to support the growth and development of your child.

NORTHERN BAY P-12 COLLEGE

Hendy Street P-8 Campus

38 Hendy Street, Corio Contact: 5228 4200

Breakfast Program

Peacock Avenue P-8 Campus

27-37 Peacock Avenue, Norlane West

Contact: 5245 3900

After School Care

Breakfast Program

Tallis Street P-6 Campus

27-57 Tallis Street, Norlane

Contact: 5275 1359

Breakfast Program

Wexford Court P-8 Campus

Wexford Court, Corio Contact: 5273 7600

Before and After School Care

Breakfast Program

St Francis Xavier Catholic Primary

143 Bacchus Marsh Road, Corio

Contact: 5275 1974

• Breakfast club – 2 days per week

Before and After School care (off

site)

St Thomas Aquinas Catholic Primary

45-59 Plume Street, Norlane

Contact: 5275 3560

OTHER PROGRAMS FOR CARERS & FAMILIES

BARWON CHILD, YOUTH & FAMILY

Contact 5222 6911

'Bumps to Bubs' - For parents and parents to be up to age 23. Share experiences and learn from each other and professionals. Conducted in Geelong.

PLAY - Play based program conducted in the family home or a supported playgroup setting for children aged from 0-6 years.

HIPPY - A two year early childhood enrichment program to help parents/carers to create a positive learning environment. Conducted in the family home or a group setting.

The benefits of gardening

Well, here we are again at the beginning of a new year. I hope you had a lovely Christmas and that the new year will bring you health, wealth and happiness.

I hope you will spend some of your leisure time in your garden. The sight of colourful flowers will bring a great deal of pleasure to you, your family and even to your neighbours.

Have you ever thought about the side effects of having a garden, even if it's just a few plants in pots? Did you know that just being in a green space for 30 minutes a week has been proven to reduce blood pressure and lower levels of depression?

If you don't have a garden of your own, a visit to a public park or a walk around the block can have the same effect; all this without taking medication.

There are also the physical effects – just pushing your lawnmower around for 15 minutes is the equal to a one kilometre walk. And why go to a gym? Go out and dig a garden plot to plant some vegies and you have exercised so many muscles you would lose count. You have the added bonus of having fresh food to eat at little or no cost.

If you're feeling sad, worried or upset, I've found that a great way to cope is to sit outside (if it's not too hot) feel the breeze on your face and listen to the birds. An additional benefit is that you absorb the essential vitamin D from the sun.

When you connect with nature it helps you experience less stress and anxiety. The physical side of gardening keeps your body moving, particularly as you grow older and it helps with things like arthritis, where your joints can seize up.

If you have difficulty getting down to ground level, why not try a raised garden? Gardening and hardware shops have kits for easy to make up beds, which are raised and are not expensive. You can garden whilst sitting in a chair or on a walker, or there are kits for hanging gardens to put on a wall or a fence. Even if you only have a patio, there is room for one of these gardens.

Why not start with a few easy to grow things like a tomato in a pot, a couple of strawberries or even a cucumber plant? Not much space is needed and no hard work.

Just make sure you buy a good quality potting mix, fertilise regularly and keep them watered without drowning them.







Rosewall Neighbourhood Centre

36 Sharland Road (PO Box 120), Corio, VIC 3214. Phone 03 5275 7409 E-mail: admin@rosewallnc.org.au and training@rosewallnc.org.au Web: www.rosewallnc.org.au Office hours: 8.30-4pm Monday to Friday

Local woman going places

Meet Haileigh Jones, who is enrolled to study Pathology Collection at the Gordon next year and has been awarded the Learn Local to TAFE scholarship to help her.

Haileigh grew up in 3214 and when she left school in Year 8 she didn't really have any interest in school or learning.

"I did some Learn Local short courses," she said. "Cafe skills gave me confidence to gain employment, but the Learn Local to TAFE course is the one that has really made a change for me. The scholarship will really help me get started."

Local to TAFE is a course run at Rosewall Neighbourhood Centre, and is for people who think about studying at the Gordon but want assistance getting



started. This includes help with skills like writing or computers; getting up the confidence; choosing a course and enrolling; or anything else. It's all about getting over those first hurdles and getting started.

"Thanks to Learn Local to TAFE I have enrolled in the course at the Gordon that will start me on my career in pathology," Haileigh said.

Festival in March

The Rosewall 'Going Potty' Festival will be held on Saturday March 4 from 11am - 3pm.

It will again be a free family fun day with kids activities, art workshops, roaming reptiles, Dazzling Dan, jumping castle, live music, open mic and much more.

Last year we asked what you wanted and lots of people said more food

and the animal nursery – so the baby animals are back in 2017, as well as more food for sale.

And the name? Rosewall Festival? After lots of consultation we are letting the title 'Going Potty' go, in preparation for the new Rosewall Community Hub which will start being built this year.



Learning at Rosewall Neighbourhood Centre

At Rosewall, we structure our courses for small class sizes so that you can get the most out of your learning. Our supportive trainers will assist you and answer your questions in our comfortable training rooms. We put you, the learner, at the centre of what we do by building your skills and enhancing your confidence. Call us (5275-7409), or drop in to the centre to discuss the learning opportunities that are available to you.







Introduction to Computers

If you've never used a computer, or are unsure about the online world, the idea can be daunting. But it doesn't have to be, this course is designed to give you the help you need.

Café Skills

Kick start your hospitality career. Learn new skills and gain hands-on work experience in our neighbourhood café.

Excel

With our Excel training course, gain confidence in creating and formatting spreadsheets creating charts, sorting and filtering databases, and use Excel formulas and functions

Courses

Course	Start date	Day	Time	Concession	Full Fee
Using digital devices	February 6	Monday	9.30am – Noon (7 weeks)	\$90	\$125
MS Excel	February 6	Monday	1.00pm – 3.30pm (8 weeks)	\$90	\$125
MS Excel - Evening	February 6	Monday	6.30 pm – 8.00 pm (8 weeks)	\$100	\$150
Intel Easy Steps - Introduction to computers	February 7	Tuesday	9.30am – Noon (8 weeks)	\$90	\$125
Intermediate computers	February 9	Thursday	9.30am – Noon (8 weeks)	\$90 \$125	
Conversational English	February 1	Wednesday	9.30am – Noon (during school term)	Gold coin	
Café skills	February 22	Wednesday	9.30am – 2pm (6 weeks)	\$100	\$150
Coffee making	March 3	Friday	10.00am – 2pm (1 day) \$50		\$70
English Learners Job Club	Contact the Centre for start date				

Are you 15-24 years old? Message us on Facebook. We want to know what you'd like to do here.



Creative Arts

Course	Description	Day	Time	Fee
Drawing and Painting	Draw or paint with experienced artists guiding you.	Thursdays during school term from Feb 2	10am – Noon	\$5 per session
Learn to draw	Do you want to learn how to draw? Learn the basic concepts with an experienced artist.	Mondays during school term from Feb 6	10am – Noon	\$5 per session
Screen printing	Learn to design and screen print.	Starts Friday Feb 3 for 6 weeks	10am – Noon	\$80 inc. all materials
Mel's Daytime Pottery Class	Learn the basics of pottery to enable you to join the open studio sessions.	Thursdays for 6 weeks starting February 9	1pm – 3pm	\$180 includes materials and firing
Mel's Evening Pottery Class	Wheel throwing and hand building using different clays and a variety of surface design techniques.	Thursdays for 6 weeks starting February 9	6.30pm – 9.30pm	\$180 includes materials and firing
Junior Pottery class	Projects that cover beginner to advanced pottery techniques for young learners	Wednesdays for 6 weeks starts February 8	4pm – 5.30pm	\$160 includes materials
Geelong Potters. Open Studio	For those who have some pottery experience. Bring your own project and ideas.	Tuesday and Wednesday, during school terms	9am – 3pm	\$5 per session
Monday Night Pottery Studio	For those who have some pottery experience. Clay available for purchase, kiln costs extra.	Mondays, February 6 to March 13	6.30pm – 9.30pm	\$90

Activities and Groups

Group	Description	Location	Contact
Bethany Play Group	Facilitated playgroup for 0-5 years, 9.30am – 11am on Thursdays	Rosewall	5275-7409
English Language Playgroup	Learn English while playing with your children. Wednesdays 9.30am – 11am during school term	Rosewall	5275-7409
Computer Help	Answers to your computer problems. Fridays 9.30am – Noon. Free.	Rosewall	5275-7409
Over 50s	Get together and meet new friends each Friday. New members welcome, 11.30am – 3pm	Rosewall	5275-7409
TOWN	Take Off Weight Naturally. Help each other to lose those extra kilos. 8.45am – 10.45am Mondays	Rosewall	Geraldine 5298-2275
Strength, fitness and balance	Open class, start the day strong. Qualified personal trainer. \$7 per week, Tuesdays 9am – 10am	Rosewall	5275-7409
TAEKWON - DO	Geelong Taekwon-do trains weekly 6.30pm – 7.30pm Thursdays	Hendy St	Phil Zdybel 0418-513-981
Bayside Active Adult	Exercises with a qualified personal trainer. 10.45am – 11.45am Mondays	Hendy St	Lesia 5200-0146
Corio Kyokushin Karate	6.30pm Mondays and Wednesdays	Hendy St	Scott 0418-335-355
Cloverdale Calisthenics College	4pm – 8pm Mondays and Tuesdays and Saturday mornings during school term	Hendy St	Mandy 0418-559-241
GKR Karate	6.30pm – 7.30pm Fridays	Hendy St	Luke 0450-011-654
Northside Christian Church	Church Service – Sunday mornings Youth Group – 7pm Fridays	Hendy St	Stephen 0405-104-610
Beginner yoga	Gentle yoga with a professional teacher.	Rosewall	Call 5275-7409 for times.

Plan your journey and access

Geelong

The City of Greater Geelong has partnered with Barwon Disability Resource Centre (BDRC), RECHARGE Scheme Australia and the National Disability Insurance Scheme (NDIA) to provide information that will reduce the stress experienced by many people with mobility issues when planning a trip to Geelong.

The Central Geelong and Waterfront Access Map; Central Geelong Mobility Access Directory; and RECHARGE Scheme identify locations, amenities and features around Central Geelong and Geelong Waterfront that are useful for with people mobility restrictions, parents with prams and others visiting Geelong.

General Manager Community Life Linda Quinn said the Central Geelong and Waterfront Access Map supported people getting out and about.

"The map contains information about accessible parking, street gradients, and easy to manage travel routes," Ms Quinn said.

The access map is supported by the Central Geelong Mobility Access Directory which provides information about access to shopfronts, which is very useful for individuals whose mobility is assisted by wheelchairs or mobility scooters.

"Simply type in the service and location that you're after and the directory will provide a list of suitable locations along with a description of accessible features.



"The access directory allows anyone with mobility restrictions to plan a trip to Central Geelong before leaving home," said Ms Quinn.

The access map and directory are available at City of Greater Geelong Customer Service Centres and on the Geelong Australia website.

The RECHARGE Scheme is a third initiative making it easier for people to engage with their community.

The scheme makes it possible for

electric mobility scooters or wheelchairs to be recharged at sites displaying the Recharge Point logo.

"This scheme is possible through the goodwill and generosity of local business and community organisations that provide free use of a power point.

"This encourages people using a motorised device to engage with people and services in their local community without fear of being stranded by a flat battery," Ms Quinn said.



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124. E-mail: admin@norlanecc.com.au
Office Hours: 9am-5pm Monday to Friday

Award for Krystine



Award winner Krystine Canny-Smith.

Norlane Community Centre is proud to congratulate Krystine Canny-Smith on receiving one of the 2016 Commonwealth Bank Not-for Profit Treasurers' Awards Certificate of Appreciation. More than 1500 nominations were received, with the Awards being endorsed by all eight Australian state and territory government treasures.

Krystine's nomination reflects the

appreciation and high esteem in which she is held by the Board of the Norlane Community Centre and the wider community.

New Administration Assistant

Norlane Community Centre would like to introduce its new administration assistant Tabatha Young, who has replaced Liz Winning on her retirement.

Tabatha (pictured) is available to answer

your general, membership or room hire inquiries.

Tabatha may be contacted: Monday to Friday from 9am–5pm, phone: 5275–8124 or email: admin@norlanecc.com.au.



www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am–11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5281–7175 or Maureen 5275–3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join the group every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your craft ideas or learn something new.

Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own vegie patch, contact Tabatha on 5275-8124

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower hire fee. No whipper snippers or brush cutters available for hire, but there are some hand tools and wheelbarrows that are free to borrow.

The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

Computers

Computers are available for community use at Norlane Community Centre.
Community use is free for one hour on Friday and \$2 per hour at other times, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Munch 'n Crunch



Munch 'n' Crunch Catering provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring products and services to the needs of customers. They understand that every function is different and that people may have special dietary needs. Visit the website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, call 5274-2242, or email mnc@encompass-cs.org.au. Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.



Training Programs 2017





GFT		

Certificate I

Employment Pathways

A good place to start planning pathways to further training

and employment.

DURATION: 15 weeks

Class Days: Thursday and Friday

Class Times: 9am - 3pm

Programs commencing in March and August

Location: Norlane Community Centre, Rose Ave, Norlane

BUSINESS BASICS

Certificate II

Skills for Work & Vocational Pathways

Building skills to begin a career in business administration

DURATION: 12 weeks

Class Days: Monday and Tuesday

Class Times: 9am - 3pm

Programs commencing in February and July

Location: Norlane Community Centre, Rose Ave, Norlane

WAREHOUSING OPERATIONS

Certificate II Warehousing Operations

Training for jobs in warehousing and logistics including

forklift licence and first aid certificate

DURATION: 14 weeks

Class Days: Monday, Tuesday and Wednesday

Class times: 9am - 3pm

Programs commencing in February and June

Location: Norlane Community Centre, Rose Ave, Norlane

INDIVIDUAL SUPPORT

Certificate III

Individual Support

Skills for employment in personal care within the aged care, home and community care and disability services sectors

DURATION: 26 weeks

Class Days: Thursday and Friday

Class times: 9am - 3pm

(Includes some Monday - Friday Work Placement)

Program commencing in March

Location: Norlane Community Centre, Rose Ave, Norlane

HEALTH SERVICES ASSISTANT

Certificate III

Health Services Assistant

Training for hospital based employment as a patient services

or ward assistant

DURATION:16 weeks

Class Days: Thursday and Friday Class times: 9am - 3.30pm

(Includes some Monday - Friday Work Placement)

Program commencing in April

Location: Kitchener House, Ryrie St, Geelong

CONSTRUCTION SKILL SET TASTER

Tailored three week taster course in trades including brick-

laying, painting, plastering and carpentry

DURATION: 3 weeks

Class Days: Monday, Tuesday, Thursday and Friday

Class times: 9am - 3.30pm

Program commencing in March and November Location: Gordon TAFE, East Geelong Campus

Participants will be transported by bus from Norlane Community

Centre

Contact the Northern Futures team:

Barbara Ryan 0475 505 225 barb.northernfutures@gmail.com Anna Dobrovoljni on 0427 722 020 anna.northernfutures@gmail.com Bryan Moore 0407 911 232 bryan.northernfutures@gmail.com Amy Parker 0407 594 193 amy.northernfutures@gmail.com

Norlane Community Centre:

Windsor Park, 39 Rose Ave, Norlane

New community program

In 2016 Viva Energy introduced a new community program called Jigsaw, and the pieces are all starting to come together.

Through Jigsaw, Viva Energy is investing \$3 million over the next three years to support mental health and substance abuse issues both nationally and locally, and especially within Geelong communities.

Some of the things Viva Energy is doing on the community through Jigsaw include Helping role models in the local community. Three local not-for-profit organisations - MI Recovery, Camp Licola, and Ardoch Youth Foundation - were collectively awarded more than \$13,000 as part of the Viva Energy Role Model Grants.

In addition, the Geelong community helped tear down the "Big Stigma" as part of headspace's Mental Health



Members of the community were invited to tear down a piece of wall, representing the stigma associated with mental health, as part of headspace activities.

celebrations. The event was supported by Viva Energy and members of the community were invited to the Geelong Performing Arts Centre to tear down a piece of wall, representing the stigma associated with mental health.

For more information visit vivaenergy. com.au/geelong.

Very special donation

Geelong Refinery's General Manger proudly presented a cheque for \$120,000 to Very Special Kid's CEO Michael Wasley in November.

The donation from Viva Energy's Geelong Refinery was Very Special Kid's largest single donation for the year and will help them continue the work they do within our community. VSK helps more than 900 families across Victoria (82 in our own region) who have a child coping with a life-threating condition.

The money was raised by Geelong Refinery and their contracting partners

during their recent \$100 million maintenance project. This massive project, known as a turnaround, was completed in November and occurs every four to six years. It involves more than 1000 people to totally overhaul major sections of the refinery ensuring it runs safely and efficiently for years to come.

Giant pink pigs made frequent appearances around the refinery as part of the partnership with VSK, remaindering everyone to raise as much money as possible for this important charity.



For more information visit vivaenergy. com.au/operations/geelong/refinery-updates.



Cloverdale Community Centre

167-169 Purnell Road Corio, VIC 3214. Phone: 03 5275 4415

E-mail: info@cloverdalecommunitycentre.org.au or courses@cloverdalecommunitycentre.org.au Web: www.cloverdalecommunitycentre.org.au Office Hours: 9am-3:30pm Monday to Friday

2013 LEARN LOCAL LEGEND

Noise Scavengers performance

Cloverdale Community Centre's Noise Scavengers were part of the Book of Daughters sonic performance cycle at Meat Market in North Melbourne

Noise Scavengers is a youth experimental sound/noise group based at the centre.

In the Melbourne performance with Sarah Smith and Dave Brown, Noise Scavengers created a Cacophony Wolves, a "raw and brutal [work] delivered over a backdrop of guitar noise and guttural vocalising" (Limelight Magazine).

Curated by JOLT Arts and James Hullick, Book of Daughters was an ambitious, large-scale project over three nights with artists from Australia and Japan.



Cloverdale's Noise Scavengers rehearse for their Melbourne performance.

Nomad (an itinerant art space)

In 2017 watch out for NOMAD, a moving/moveable art venue that will materialise at events and locations.

Created by industrial designer Nathan Oakes, NOMAD will run art making sessions with a team of artists across various forms. Supported by a City of Greater Geelong Community Arts grant, NOMAD encourages people to engage in art making in spaces and places not traditionally associated with culture.

For times and locations, go to https://www.facebook.com/CloverdaleCommunityCentre/.

Women as One



This annual women's dinner will be held at the centre on March 3 from 6pm.

It is a celebration of International Women's Day for women from all communities. The event is presented in partnership with Diversitat, and celebrates the achievements of women in their struggle for equality.

Open Mic Night

The first Cloverdale Open Mic Night for 2017 will be held on March 31 from 7pm.

Start 2017 with an evening of great local talent. Live music, stand-up comedy and great food in one place. Call 5275-4415 to be part of the lineup.

Backing up Open Mic will be the Cloverdale Autumn Festival on April 1.

GENERAL INTEREST

Cloverdale Singers

Join with local songstress Hannah Reeves for dynamic community singing. The group meets weekly, with a repertoire including folk, gospel, rounds, ballads and part songs. For people who enjoy singing and are up for a challenge.

Tuesdays from January 31, 10.30am-noon.

\$3 per session.

Community Kitchen

Cook, share, socialise.
Learn and share your knowledge of cooking, meet new people in a relaxed and friendly environment.
Thursdays 5pm from February 2;
Wednesdays 11am from February 1.
\$5 (price may vary).

Ukulele Players

Learn to play the cutest instrument on the planet. Strumming techniques, chords and new songs regularly added to the repertoire. Players of all abilities welcome.

Thursdays from February 2, 10am-noon. \$5 per session.

Ukulele 101

Want to learn how to play the ukulele? Master the uke in no time and have fun along the way. Instructed by Adam Pollock (S.I.M.M.A., The Bipolar Bears, The Retrobates). Beginners welcome. Fridays from February 3, 11am-noon.

Cloverdale Craft and Knitting Group

Bring your craft or knitting project and join with Marguerite for a relaxed craft or knitting session. Fridays from February 3, from noon. \$2 per session.

Cloverdale Food Swap

Swap vegies, fruits and plants, preserves, cakes and other produce. Reduce your food miles and join us for coffee and cake. All welcome. 3rd Saturday of every month from 9.30–11am. Free.

Cloverdale Garden Group

Come along for some gardening fun. Help grow our community garden, share tips, learn new skills and meet new friends.

Call 5275-4415 to find out more.

CREATIVE THURSDAYS

Arts/Music Drop In

Join in our social art experience while enjoying live music. Bring along your project, stay for a meal and enjoy the creative atmosphere.

Thursdays from February 2, 5pm-9pm. \$2 per session.

Guitar for Beginners

Learn guitar with our community instructor. Includes basic theory and practice of chord changes, scales, strumming and picking.
Thursdays from February 2, 3–5.30pm by appointment.
\$15 per session.

Also:

- Introduction to Songwriting
- Preparing to Perform (See Learn Local section for course details and prices)

Plus \$5 for healthy meal.

HEALTH AND WELLBEING

Tai Chi

Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence.

Mondays from January 30, 9.30-10.30am.

\$3 per session.

Yoga

Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided. Thursdays from February 2, 7-8pm. \$50 for 5 weeks or \$12 per session.

Dance Fitness with Janine Get fit the fun way. Dance yourself to a healthier you. All fitness levels welcome. Wednesdays from February 1, 1-2pm. \$5 per session.

Chair Yoga

Are you injured or have limited mobility and want to enjoy safe exercise in a supported environment? Our experienced instructor from Inner Cor will help you exercise safely from the comfort and support of a chair. Medical clearance required prior to start. Taking expressions of interest \$50 for 5 weeks or \$12 per session.

CHILDREN AND PARENTS

Playgroups

Friendly playgroups for children and their parents/carers. New parents always welcome.

Wednesdays from February 1, 9.30-11.30am.

Fridays from February 3, 10am-noon. \$2 per session.

COMMUNITY ARTS

Art@Cloverdale

Drop into the artspace and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist, Esther Konings-Oakes.

Wednesdays from February 1, 10am-

\$5 per session.

Also:

Develop An Arts Practice (See Learn Local section for course details and prices)

Scrapbooking

Preserve, present and arrange personal and family history in the form of a book, box or card. Join with consultant Sue Masterton.

Mondays from January 30, 11.30am-1.30pm.

\$10 per session.

What is Learn Local?



You see the brand 'Learn Local' but do you really know what it means?

Learn Local is State Government subsidised learning run through not-for-profit and community based organisations like Cloverdale Community Centre. It sits between secondary school and VET training and aims to pathway learners towards further studies or employment.

Cloverdale has a number of courses that range from the creative through

to work related skills. We tailor our course to suit each learning group's needs, in an environment that is not about academic outcomes but instead participation and discovery. Learn Locals are friendly and welcoming, with qualified teachers who are focussed on helping you succeed.

Ready to start your learning journey?

Call and ask to speak with Liz about how to get started. Phone 5275-4415.

Term 1 2017

Call to book: Cloverdale 5275 4415

PROGRAM	Starting	Day	Time	Full Fee	Concession
Computers					
Getting Started with Computers (8 weeks)	January 30	Monday	9.30am-12pm	\$180	\$90
Developing Computers - the next step (10 weeks)	February 1	Wednesday	12.30pm-3pm	\$220	\$115
Vocational and Employment Skills					
Safe Food Handling (RTO AGB Training)	Pending Numbers	TBA	TBA	\$100	NA
Introduction to Barista Skills - Short Course (8 weeks)	January 30	Monday	10am-12pm	\$180	\$90
Develop An Arts Practice (10 weeks) - move from art as a hobby to art as a vocation	February 1	Wednesday	1pm-3.30pm	\$220	\$115
Preparing to Perform - Using creativity to build employability (8 weeks)	February 2	Thursday	6.30pm-9pm	\$210	\$90
Literacy and Numeracy Programs					
Tell My Story - work with a professional journalist and publish a book about you! (8 weeks)	February 1	Wednesday	12.30pm-3pm	\$180	\$90
Introduction to Songwriting (8 weeks)	February 2	Thursday	6.30pm-9pm	\$195	\$80

^{*} Subject to meeting funding criteria



Apprenticeship Gold for Hannah

WorldSkills is considered the Olympics of trade skills, and Geelong Refinery's very own Hannah Terry has brought home the gold medal in the mechatronics category.

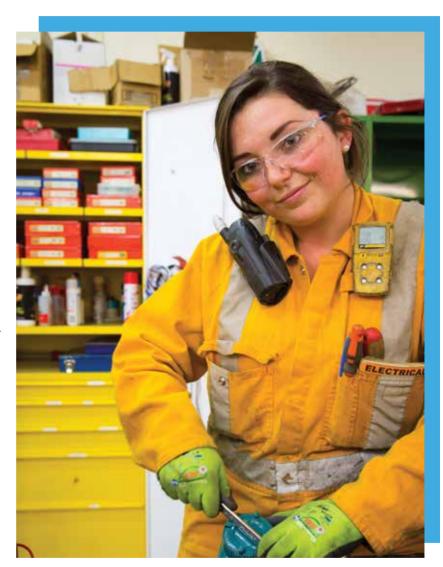
Coming to Viva Energy from Alcoa, Hannah (pictured) credits her preapprenticeship at The Gordon – and the wealth of knowledge and skills learnt in her role at the Geelong Refinery – for sparking her love of the electrical trade.

"With the right apprenticeship I knew I could really make something of it, and the possibilities would be unlimited", said Hannah.

When asked for what advice she had for young people like herself considering apprenticeships, Hannah said: "The key to a successful apprenticeship is having the right attitude, a passion and willingness to learn and trying your best."

General Manager Refining Thys Heyns said Viva Energy is committed to providing apprenticeship opportunities and supporting programs to provide lasting benefits to the local community.

"On behalf of everyone at the refinery we congratulate Hannah on her outstanding achievement at the WorldSkills Championship. I'm proud



that our business can foster this sort of talent and it inspires me to do everything I can to keep this refinery manufacturing in Geelong for many years to come," Thys said.

Read more about Hannah at vivaenergy. com.au/about-us/media-centre/news.