

EDITION 49, TERM 3, 2016

FREE COPY

northerlyaspects

CELEBRATING GEELONG'S NORTHERN SUBURBS

CORIO | CLOVERDALE | NORLANE | NORTH SHORE | ROSEWALL



Proudly sponsored by



Proudly supported by



Our sponsors

The Northerly Aspects Editorial Committee is grateful to its valuable sponsors, who continue to support this important community publication.

- Viva Energy Australia
- Matchworks
- Northern Futures
- Corio Shopping Centre

Support is also provided by:

- Cloverdale Community Centre
- Rosewall Neighbourhood Centre
- Norlane Community Centre.

For more information about sponsorship, contact info@northerlyaspects.org.au or phone 0409-368-576.

Important numbers

Emergency (police, fire, ambulance) 000

Lifeline 13 11 14

Barwon Family Violence After Hours 1800 662 673

Kids Helpline 1800 551 800

Victorian Poisons Information Centre 13 11 26

Road Safety Hotline 5225 3297

Our cover: Corio residents Jaxson Cox and Dylan Whiteside are enjoying success as rising young stars on different race tracks. READ about Jaxson and Dylan on Pages 4 and 5.



Editor's letter

Welcome to Edition 49 of Northerly Aspects. It's hard to believe we're getting ready for Term 3 already.

Even though the days are shorter the temperature has dropped, the winter months don't have to be a time to hide away. There are plenty of activities available to get you out and about.

In this edition, Batty Betty suggests ways of using winter to keep your garden under control and prepare it for spring and summer. Gardening can be a great way to relax and get some fresh air. Betty has suggestions for people who are renting and still want to create some garden colour to enjoy. She also has some exciting news about ticking off one of the big items on her bucket list.

As usual, there are many programs and activities offered by community and sporting groups, the neighbourhood houses and community centres. Read through this edition for some fresh ideas.

Before we know it we'll be getting ready for Term 4 and that means the countdown to Christmas. Make the most of Term 3 and look out for your next edition of Northerly Aspects in the week before the next school holidays.

Jeanette Watt

Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

Extra activities for students



School days have become longer for large numbers of Northern Bay College students who are taking advantage of their school's extended activity program.

Up to 500 students from across the college's five campuses are staying at school until 5pm to learn and experience programs they haven't had the chance to take part in before.

Extended School Day Co-ordinator Amanda Baulch said during planning for the program, every student from

Year 3 to 8 was given the opportunity to say what they believed they were missing out on.

"From this feedback the first program was created with students having the opportunity to participate in French, cooking, drama, Auslan, boxing, music lessons, science programs, just to name a few," Mrs Baulch said. "They are embracing every minute of it."

The program runs at the Goldsworthy campus Monday to Thursday from 3.30pm, when the children are provided

with afternoon tea, until 4.45, when parents come and collect them.

Mrs Baulch said Term 3 timetables are almost finished, ready for students to sign up for next term.

"Our students are hungry to learn and we are here to help provide a vast array of experiences. We are always looking for new experiences and programs to expose our students to and for facilitators to run them, which is very exciting for the Northern Bay College community."



PIXELD

Digital marketing that will demand attention to your business. We develop web sites that will create new leads and convert them into customers.

**BUSINESS WEBSITE
PACKAGES FROM**

\$249 /MONTH

www.pixeld.com.au

1300 853 983

Level 1, 90 Ryrie Street Geelong

Dylan's a rising star

Dylan Whiteside is only 14, but already considered one of the rising stars of superbike racing.

The Corio teenager recently whizzed through the third round of the 2016 Yamaha Motor Finance Australian Superbike Championship at Sydney Motorsport Park. He is sitting third in the series and will compete in three more rounds – in Western Australia, Queensland at Victoria's Winton race track – before it is completed.

Dylan has been riding for three years, taking up the sport after watching a friend compete in South Australia. Dylan said his parents James and Michelle were great supporters and have helped him rise through the ranks, including his graduation to 250cc bike this year.

"I love the thrill of going fast," he said. Dylan is also leading the Moto3 class at the 2016 Pirelli Motul Victorian Road Racing Championships after the opening round took place at Broadford in early April. He is also leading the Moto3 class at the 2016 Hartwell Motorcycle Club Championship after two rounds.

In addition to his parents' support, Dylan has sponsorship from Urban Drilling in Geelong.



FREE legal help

Every Monday afternoon
Barwon Health Corio Community Health Centre
Gellibrand Street, Corio
1300 430 599
FREE interpreter service available 131 450

Jaxson's on track for success

Corio teenager Jaxson Cox is making a name for himself in the world of go karting.

Jaxson has won the first three rounds of the Junior KA Light Victorian Country Series, with three more races to come before October. His success comes three years after taking up racing at Geelong Kart Club's Beckley Park complex.

The 14-year-old previously raced dirt carts and followed his cousin into track racing. His father, Graham, also has a background in speedway racing.

Jaxson and his family have travelled all over Victoria to race. As well as racing at weekends, they are kept busy testing and maintaining his go kart.

Jaxson, a Year 9 student at North Geelong Secondary College, often reaches speeds of up to 120 kmh during racing. He is also learning the mechanical side of racing, so that he can improve.

The young achiever has attracted interest from sponsors, including Max Fry Smash Repairs, Garden City Auto Wreckers, Ultimate Karting and The Royal Hotel Meredith.



**Function room with
bay views for hire**

Pool room

Member's bar

Tennis courts

The Seaview Club Inc.

Family-Sports-Recreation

335 Blue Stone Bridge Road, Lovely Banks

Phone: 5275-2776



Friendly introduction to bowls

Norlane Bowling Club is inviting people to come and try the sport in a relaxed, friendly atmosphere.

The club, in St Georges Road, recently celebrated its 50th anniversary. It runs social bowls sessions every Tuesday, Thursday and Saturday afternoon, as well as indoor bowls on Thursdays from 7pm.

Club assistant secretary Neil Watson said social bowls is a good introduction to the sport.

"We play from 12.30pm until about 4pm during the cooler months and it's a great way for people to come and try bowls in a friendly, relaxed atmosphere," Neil said.



"Newcomers don't have to worry about equipment because the club has bowls they can use for a while before they commit to buying their own. Coaching is also available."

Neil said bowls is for all ages and abilities and no experience is necessary.

"We have bowlers from age 10 to 90.

Our memberships are affordable and we also have kitchen and bar facilities available to members," he said. "We'd love to welcome new bowlers to our club."

For more information, potential bowls are invited to call in to a social or indoor bowls session or contact Neil Watson, phone 0478-768-598.

CORIO SHOPPING CENTRE

With 2 supermarkets, over 90 specialty stores and easy access to FREE parking, Corio Shopping Centre has everything you need in the one place.

Love your local

CORIO SHOPPING CENTRE

Cnr Bacchus Marsh & Purnell Roads, Corio
Ph: 03 5275 3111

/corioshopping corioshopping.com.au

Nominate a volunteer

The Rotary Club of Kardinia is looking for nominations for its Volunteer of the Year Awards.

The aim of the awards is to recognise some of the many volunteers who serve in a wide range of community organisations, charities or clubs in areas such as community, arts, youth work, healthcare, environmental, sport, emergency services, or other.

The nominee must be a volunteer who is not paid for completing their role or duties and they must perform their volunteer work within the boundaries of the City of Greater Geelong, Surf Coast Shire, Golden Plains Shire or the Borough of Queenscliffe.

Award nominees and their nominators will be invited to attend the Award presentation evening in August.

Nominations close on July 1 and nomination forms are available from: Kardinia Rotary, Volunteers of the Year Awards, PO Box 768, Belmont. Vic 3216 or email kardiniarotary@gmail.com.

Help for homeless



The Lions Club of Corio Norlane is supporting a program aimed at raising awareness of homelessness, while at the same time supporting people experiencing homelessness in the community.

The Lions club has joined the Barwon South West Homeless Network, which is running a Homeless Awareness Campaign until October.

The Road Home aims to raise awareness about homelessness. It is also offering practical help by collecting items such as toothbrushes, toothpaste, soap, shampoo, deodorant, sunscreen, hair brushes, wet wipes, tissues, socks and underwear, female hygiene items, bedding and linen.

On any given night, more than 105,000 Australians are experiencing homelessness, of these almost 45 per cent are under 25 years of age. Issues facing these vulnerable people include no secure place to call home, personal security, obtaining and storing food, hygiene issues, loss of relationships, limited access to education, banking and communication devices. They are also more likely to suffer chronic illnesses and mental health issues.

Lions Club of Corio Norlane Secretary Richard Walter said: "It is up to all of us as a society to change this situation. We will be holding events during the year.

"You can support this campaign in many ways, please try one:

- Organising a sleep out in the park, in your car, on your couch or in the office.
- Collecting money (a collection tin can be provided).
- Collecting hygiene items, bedding and linen (a bin can be provided).
- Get local community, friends and neighbours involved.
- Five-day Food Challenge.
- An Awareness Dinner.

You can contact us on theroadhome20@gmail.com or through the website at www.theroadhome.net.au where you can find links information that you can use."

Art project at café

As part of their final year community development and participation subject, a group of eight Gordon Tafe students studying a Diploma of Community Services Work have been working on an exciting art project with eight students from Northern Bay College's Hendy Campus.

Working with local artists Courtney Ward and Alex Renn, the project was based at the Rosewall Neighbourhood Centre. As a result, the centre's Rosewall Cafe is now the proud owner of some brightly-coloured hand-painted banners and flags, which will be displayed outside the centre during the cafe's opening hours.

The children have also worked with

artist Alex Renn to create their own screen printed fun design on tee shirts that they will take home on the last day of the project.

The Gordon students said they appreciated the chance to work with all the different groups and people involved. They gained valuable experience as they learnt how to run a project from start to finish, and had a fun time along the way.

"We would like to thank staff and volunteers at Rosewall NC, the delightful students (Pacey, Samim, Sherk, Liam, Jack, Jayke, Tessloch Brodhi) at NBC Hendy St, our amazing artists Alex and Courtney, the Gordon Tafe, Bendigo Bank and Geelong




Connected Communities. We hope that the Northern Bay College students have enjoyed working with us as much as we have enjoyed working with them," the students said.

"We hope that through their involvement at Rosewall the children will feel pride at seeing their banners and flags displayed at their neighbourhood centre. Please drop into the cafe for a chat and a cuppa when you see the cafe signs and flags out on display, brightly guiding the way."

Northern Bay P-12 College

Working together for an exciting future


Northern Bay College



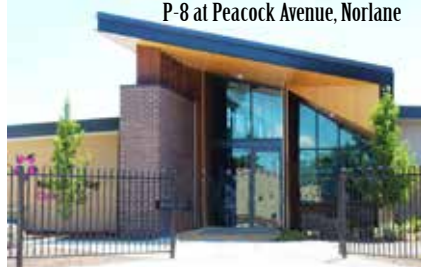
Northern Bay P-12 College

www.northernbaycollege.vic.edu.au


9-12 at Goldsworthy Road, Corio



P-8 at Peacock Avenue, Norlane




P-8 at Wexford Court, Corio



P-8 at Hendy Street, Corio



P-8 at Tallis Street, Norlane



Leading Learning in our Communities

Northern Bay P-12 College

Peacock P-8 Campus

Wexford P-8 Campus

Goldsworthy 9-12 Campus

Hendy P-8 Campus

Tallis P-8 Campus

Learning through lunch



Students from Corio and Norlane primary school enjoy dining at the Davidson Restaurant.

More than 250 children from primary schools in Corio and Norlane were recently taken on an innovative excursion – an experience in fine dining at the Davidson Restaurant of The Gordon Institute of TAFE.

The program, called Learning through Lunch, was organised by Ardoch Youth Foundation, an Australian charity that provides education support for children and young people in communities where resources are limited.

Ardoch has been partnering with early year services and schools in Geelong's northern suburbs for eight years. It provides educational volunteers to support children's literacy, numeracy and engagement with learning and also creates opportunities for the children to broaden their horizons through excursions, new activities and engagement with community and

corporate volunteers as positive role models.

Learning through Lunch was created in Geelong in 2012 after a teacher approached Ardoch's Education Programs Co-ordinator about creating an experience for his students that would challenge their everyday expectations and provide them with valuable life skills.

In collaboration with The Gordon Institute of TAFE, Ardoch developed an inspiring learning experience to take place at The Davidson Restaurant. The program introduces them to new experiences and food that they may never have tried before.

For many children, it is their first experience of fine dining. To help them, Ardoch recruits corporate, philanthropic and community volunteers, who

mentor and support them through the experience, while also talking to them about their aspirations, dreams and ways to achieve them.

The program has been so well received it has now been rolled out in other parts of Victoria.

Ardoch's strongest partnership is with the Davidson Restaurant, which helped to develop the original program and provides inspiring learning experiences for students from Corio and Norlane each year.

For more information on how Ardoch's programs support the community, contact Mark Campbell Education Partnerships Co-ordinator at mark.campbell@ardoch.org.au.



Supported playgroups

Families are invited to join the fun of supported playgroups in Corio and Norlane.

Bethany runs supported playgroups at Northern Bay College Hendy and Peacock campuses and at Rosewall Neighbourhood Centre. The groups are an opportunity for parents to participate in fun activities and spend quality time with their children.

They are also a good place to share information and ideas with other parents, and gain information about what's on in the local community.

The playgroup sessions are:

Monday, 9.15-10.45am at Northern Bay College Hendy Campus.

Tuesday, 9.30-11am, Rosewall Neighbourhood Centre.

Wednesday, 9.15-10.45am, Northern Bay College Peacock Campus.

Thursday, 9.30-11am, Rosewall Neighbourhood Centre.

The cost is a gold coin donation. Bring your own snack and water bottle.

For more information and to register, phone 5278-8122.

JOHN EREN MP

State Member for Lara
Minister for Tourism & Major Events
Minister for Sport
Minister for Veterans

'For all your State Government Matters'

Proudly serving the communities of Anakie, Balliang, Bell Park, Bell Post Hill, Corio, Hamlyn Heights, Lara, Lovely Banks, Moorabool, North Geelong, Norlane and North Shore.

Also covering parts of Batesford, Drumcondra, Little River and Staughton Vale.

Level 1, Corio Shopping Centre Bacchus Marsh Road, Corio 3214 Phone: (03) 5275 3898
www.facebook.com/johneren1 www.twitter.com/johnerenmp
Email: john.eren@parliament.vic.gov.au



Funded from Parliament's electorate office and communications budget



MatchWorks TO FIND GREAT STAFF AT NO COST

MatchWorks is now delivering services from more sites across Geelong, the Bellarine and Surfcoast

MatchWorks connects with the local community to provide employment services to businesses across a diverse range of industries. Our experienced consultants will listen to your needs and provide

information on incentives and the support services we offer. We screen job seekers, provide a selection of the most suitably skilled people for your team and deliver ongoing support to your business.



To speak with one of our
expert consultants call today

1300 132 363
or visit matchworks.com.au

Karingal Inc. (Vic) Limited Liability Red. Assoc. A0038261E ARBN 158 375 903 | ABN 97 468 305 401

Digital focus in classes

U3A Corio Bay is providing computer training for its members as part of the Year of Digital Inclusion.

Many people are sick of being told about things that are only available online. Others are not able to get about and would love to be able to keep in touch with family and friends online, or use a computer to engage with the community and participate in lifelong learning.

The U3A group received a grant through the Victorian U3A Network, which it has chosen to use to provide computer training for members and older residents living in the northern

suburbs. All they'll need to do is become a member to participate – annual membership is \$25.

There will be several different levels available from the existing beginners program through to those who can do basic tasks but would like to improve their skills, learn how to Skype to see and speak to family and friends, pay bills online, master Facebook and use other devices such as smart phones or ipads and generally become digitally literate.

In addition, the Norlane Corio Lions Club has agreed to partner with U3A to provide reconditioned computers

which, on completion of the course, a participant may keep for their personal use.

Participants who have a laptop should bring it along and learn on their own machine.

The program is expected to start on July 14. If you would like to be part of the program, contact Di Cray phone 0418-179-508 and register.

U3A is an education and interest group for retirees. It is based at Centenary Hall in Cox Road and meets every Tuesday and Thursday between 10am and 3pm.

LOOKING FOR CASH FOR YOUR ARTS PROJECT OR FESTIVAL?

COMMUNITY ARTS AND FESTIVALS GRANTS

THE 2016-2017 COMMUNITY ARTS AND FESTIVALS GRANTS PROGRAM OPENS FRIDAY 1 JULY 2016

THIS EXCITING PROGRAM OFFERS COMMUNITY GROUPS OR ORGANISATIONS GRANTS OF UP TO \$6,000 FOR ARTS PROJECTS AND FESTIVALS

AVAILABLE GRANTS

- COMMUNITY PERSONNEL (GELONG)
- COMMUNITY PERSONNEL (GEORGETOWN)
- COMMUNITY PERSONNEL (CORIO)
- COMMUNITY ARTS (ARTS PROJECTS)
- COMMUNITY ARTS (FESTIVALS)

GUIDELINES AVAILABLE ONLINE
WWW.GELONGMAGAZINE.COM.AU/GRANTS

APPLICATIONS DUE 5.00PM FRIDAY 29 JULY 2016

ASSISTANCE IS AVAILABLE FOR THE ONLINE PROCESS

GELONG

1210000001

A boost for Indigenous training



Northern Futures and Wathaurong Aboriginal Co-operative have signed a new partnership agreement to increase training opportunities for Aboriginal and Torres Strait Islander people living in Geelong's northern suburbs.

Northern Futures Executive Officer Lou Brazier and Wathaurong Aboriginal Co-Op Chief Executive Officer Rod Jackson signed The Aboriginal Work and Learning Pathways Project Agreement at Wathaurong Aboriginal Co-Op in May.

Ms Brazier said The Aboriginal Work and Learning Pathways Project is the

first collaboration between the two organisations.

"I am very excited about this project. It will focus on the specific needs of Indigenous jobseekers so that they are prepared for pre-brokered jobs with Northern Futures' industry partners," Ms Brazier said.

Mr Jackson said a key priority for Wathaurong is to improve opportunities and choices for Aboriginal jobseekers.

"This partnership will support the role of an Aboriginal Work and Learning Centre Advisor who will work closely

with Indigenous jobseekers and support them as they increase their skills and become job ready," Mr Jackson said.

Federal Member for Corio Richard Marles attended the historic signing, describing the collaboration as a natural partnership between two strong entities of Geelong's north.

"We established Northern Futures in 2007 to build economic capacity throughout the 3214 suburbs. This partnership ensures Indigenous jobseekers benefit fully from Northern Futures' nationally recognised training and employment model," he said.



Wathaurong CEO Rod Jackson, Northern Futures Executive Officer Lou Brazier and Federal Member for Corio Richard Marles at the signing of the Northern Futures Wathaurong partnership project.

Education volunteers

Ardoch Youth Foundation is looking for volunteers to work in northern suburbs schools to ensure every child and young person's potential is realised through full participation in education.

Ardoch runs many and varied programs,

and in 2016 has expanded its Lego Robotics.

If you are interested in ensuring a child does not fall behind at school or you would like to open a child's eyes to the world around them, then a volunteer

position at Ardoch may be for you.

You can register your interest with Mark Campbell, Education Partnership Co-ordinator, Geelong, phone 5224-9724.



Calendar photo competition

The City of Greater Geelong's 2017 Calendar photo competition is now open to amateur and professional photographers and organises want your snaps of our beautiful city.

City of Greater Geelong General Manager Strategy and Performance Dean Frost said this year a panel will select 12 photos that depict the region's stunning features.

The winning images will then appear in the annual calendar, along with a photo credit, he said.

Mr Frost said the panel is seeking a broad range of photos for the 2017 calendar.

"We have such diverse landscapes and interesting locations across our region, so there's plenty of opportunity to find that perfect and unique shot," he said.

"We'd love next year's calendar to show off our stunning rivers, beaches, countryside and events.

"Geelong is a fantastic place to live, and we want to see what you love about our city."

Mr Frost said entries will close on Thursday, September 22 at 6pm.

"You can submit as many entries as you like, however only one photograph per person can be included in the calendar. Entries can be submitted via the City of Greater Geelong website.

"We're excited to see some creative and artistic photos this year."

For competition terms and conditions visit:
https://www.geelongaustralia.com.au/ct/forms/form.aspx?form_id=20098



A great place to get connected

Operated by:  Barwon
child, youth
& family

Free, fun activities for new parents, young families and their children:

- Drop in – all welcome!
- Playgroups (0-5 years)
- Multicultural Playgroups
- Early Years Activities

Includes:

- Parent Support
- Family Wellbeing
- Pre & Post Natal Information

Ph: 5224 9791

Open: 9am-5pm, Monday-Friday

Email: northernbayfamily@bcyf.org.au

www.northernbaycollege.vic.edu.au

Garden project success



Following a recent renovation of their church building, members of the Corio-Norlane Uniting church turned their focus to improving their garden space with plants donated by local gardener Harry.

They partnered with Reclink Australia, a not-for-profit organisation that focuses on enhancing the lives of people experiencing disadvantage in their local area, to complete the work.

With Commonwealth financial support, Reclink joined with Barwon region MatchWorks Work for the Dole Coordinators to plan and successfully accomplish the improvements to the church's garden space.

Work for the Dole Job seekers from local Geelong areas came together under the guidance and supervision of Reclink supervisor Luke McDonald to plan, build, and install raised vegetable beds and a new garden area for the church and local community members

to harvest and enjoy.

Involvement in the program has also helped several of the participants in the program to gain employment.

The six-month project ended in April, when members of the congregation hosted a thank you lunch for those involved.

A church has existed on the Norlane site in Wendover Avenue for over 50 years, with the current congregation sharing the space with UnitingCare Norlane, who offer emergency relief and practical assistance to people in times of financial and personal crisis.

The congregation meets for worship each Sunday at 10am, and offers activities during the week, including:

Mainly Music: Weekly music and movement program for parents and children from birth to preschool during school terms.

Open Doors: Fortnightly free morning tea.

Exploring Faith and Spirituality: Fortnightly discussion group.

A Stitch in Time: Weekly sewing class.
Good Companions: Adult fellowship Group.

KYB Bible study.

The congregation also partners with the Village Listening Lounge at Corio Shopping Centre to run Easy Learning, a program for people who wish to improve their reading and writing skills.

The congregation also shares the Wendover Avenue site with The Dorothy Thomson Day Respite Centre, and the Norlane Community Kitchen.

For more information phone 0419-165-473 or visit corio-norlane.unitingchurch.org.au.

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



Cloverdale Community Centre's Autumn Festival had a theme Night of the Bunyip, with effigies of buniyps burnt as part of a special ceremony. Pictured are bunyip artists Esther Konings-Oaks and Daniele Poidomani with Nathan Oakes, Mark Cuthbertson and Sue Hartigan preparing for the festival.



Cloverdale Community Centre hosted rehearsals for the Gathering of the City performances as part of the M2M arts walk. Choreographer Gilbert Douglas is pictured leading dance rehearsals.



Northern Bay College held its annual athletics day in April.



Cassie Taylor and Ramatullah Hussein are the 2016 School Captains at Northern Bay College. Following a VCAL and a VCE stream, the leaders have set high goals not only for their career and further study, but also to relish the opportunity to speak on behalf of all students in the College.



Education Week for government schools had a focus on technology in 2016. At Northern Bay all students had the chance to see the potential of drone technology.



Georgina and Bob learn pottery at Rosewall Neighbourhood Centre.



Rosewall Neighbourhood House volunteers Jake and Percy were busy in the reception area when they were snapped during Volunteer Week.



Recycle your mattress and save

The City of Greater Geelong is offering residents the chance to recycle their old mattresses at a reduced price in June. During June you can drop off your old mattress for \$10, a saving of \$12.

The Drop Off locations are:

Geelong Resource Recovery Centre
100 Douro St, North Geelong.
Operating hours are: Monday to
Sunday, 7.30am-4.15pm.
Contact: 5272-2613.

Drysdale Resource Recovery Centre
Becks Rd (off Murradoc Rd Drysdale).

Operating hours are: Monday to
Sunday, 8am-4.15pm.
Contact: 5251-2935.

Pick up service

A pick up service is available on request for customers who do not have transport. You can book your pick up with The Mattress Recycler during June, contact: 5248-2227. This pick up service is \$15 per item. Mattress and base are charged separately (\$15 each).

Please note: This pick up service is only

available in the City of Greater Geelong municipality.

Drop off conditions

- Domestic quantities only (limit four per customer).
- Mattress and base charged separately (\$10 each).
- Offer ends at 4.15pm on Thursday, June 30.

This mattress offer is part of the City's recycling program and is in partnership with The Mattress Recycler.

Bringing bike education to 3214

Last year there were no schools in the Corio/Norlane area conducting bike education. Schools said that teachers weren't trained, there were no resources, most students didn't own a bike, and of those who did, many of the bikes were unroadworthy.

The City of Greater Geelong Community Development Unit successfully applied for funding from VicRoads. It has since arranged bike instructor training for six teachers and bike assistant and maintenance training for four volunteers and 30 VCAL students from Northern Bay College and North Geelong Secondary, plus another 20 students from Newcomb Secondary College.

A VicRoads trailer of bikes is delivered to the schools where volunteers and students help teachers run the program.



St Thomas Aquinas Primary School students finished their program with a ride on the Bay Trail.

Connections have also been made with the Corio Norlane Lions Club and Queenscliff Men's Shed, who are refurbishing old bikes and donating them to students.

Of the 44 students who completed the program, eight couldn't ride a bike beforehand. Two of the previous non-riders are now biking to school

every day with their parents. One boy, who wheeled his bike around for the first two weeks, is now riding with the group.

All seven schools in the 3214 area now include bike ed in their timetables. This is a great result, co-ordinated by Community Development Officer Amanda Stirrat.



Add some colour during winter

Just because it's winter doesn't mean that your garden has to be drab and uninteresting. Clumps of colour from pansies, violas and alyssum will brighten both the garden and your mood on those dull days.

Pots of colour may be planted out with little effort to provide instant results at a low cost. If you are renting, the same effect can be gained through using larger pots with a shrub in the middle and a collar of flowers around the rim. You can grow just about everything in pots and the best part is that you can pick them up and take them along if you have to move. I have seen some terrific vegie gardens planted in pots with a yield of medium to large amounts of produce if the correct fertilizer is used.

Everybody loves flowering bulbs, especially slugs and snails. Take steps to ensure that they don't enjoy your flowers as their tea. Clean up around

the garden as they love to nestle under leaves, rocks and pieces of wood.

The best way to control them is to collect them each evening and drop them into a bucket of soapy water. My kids always enjoyed 'The Great Snail Hunt', running around the yard with a torch and an empty tin can which was emptied into the bucket when full. There was great rivalry about who could collect the most.

You can also use snail bait, but these are not always totally successful and they can be harmful to pets, children and wildlife, so put them under a pot or other container raised just a little off the ground.

The vegie garden is also a prime target at this time of the year – all the compost that was dug in during winter will ensure that your yield of fresh produce will be plentiful and of great quality.

Most seeds can be planted in spring, but leave potatoes and tomatoes a little longer as a late frost can burn off all the new shoots, unless you cover them up at night if a frost is expected. I have used newspapers, which are removed after the sun has melted the frost, and found this to be most very cheap and effective. The newspapers can then be put in the compost bin to rot down with the other scraps.

Off to Chelsea

By the time this page goes to print, I will be on my way to England to cross the top wish off my bucket list. As you can see, I have tickets for the Chelsea Flower Show in London and I hope to have some interesting information for you in the next edition.

Betty



Mountain to Mouth at Cloverdale

2013 LEARN LOCAL LEGEND

Cloverdale was proud to host the Gathering of the City dance rehearsals during April.

Director Margie Mackay and choreographer Gilbert Douglas worked with a range of cultural groups to create the mass fusion dance ceremony at Steampacket Gardens.

Members of the Karenni, South Sudanese, Spanish, Ethiopian and Tamil communities participated along with Wild Moves and the Deadly Dancers.



The Deadly Dancers rehearsed at Cloverdale for Mountain to Mouth's Gathering of the City ceremony.

Coming up at Cloverdale

Writing Master Class

To celebrate National Literacy and Numeracy Week, Cloverdale Community Centre will host Coffee Social #1: Writing for an Audience Master Class. It will be held on Tuesday, August 30 from 6.30pm until 8pm.

Learn how to get into a writing routine while keeping your audience in mind. Get tips on what material to include and how to organise your ideas.

The session will cover content, structure and tone. And we may have time to produce an issue of SPORADIC.

Open MIC Nite

Open MIC will be held on Friday, September 2 from 7.30pm until 10pm. This is a showcase of local talent. All performers, from experienced to emerging, are welcome. If you would like to be on the bill give us a call on 5275-4415.

Refreshments provided. All welcome. Gold coin entry.

Music from the Neighbourhoods

Music from Neighbourhoods is a celebration of diversity and will be held at Grovedale Neighbourhood House on Friday, September 23 from 6-9pm.

It will feature performers from Cloverdale and neighbourhood houses across the Barwon Network. Stay tuned for more information.

GENERAL INTEREST

Cloverdale Singers

Join with local songstress Hannah Reeves for dynamic community singing. The group meets weekly, with a repertoire including folk, gospel, rounds, ballads and part songs. For people who enjoy singing and are up for a challenge.

10.30am-noon.

Tuesdays from July 12.

\$3 per session.

Community Kitchen

Cook, share, socialise. Learn and share your knowledge of cooking, meet new people in a relaxed and friendly environment.

Tuesdays at 5pm from July 12,

Wednesdays 11am from July 13.

\$5 (price may vary).

Afternoon Painters

Draw and paint in a friendly group. Exchange ideas, develop your techniques and use a range of materials.

1-3pm Wednesdays from July 13.

\$3 per session.

Ukulele Players

Learn to play the cutest instrument on the planet. Strumming techniques, chords and new songs regularly added to the repertoire. Players of all abilities welcome.

10am-noon, Thursdays from July 14.

\$5 per session.

Cloverdale Knitting Group

Join Marguerite for a relaxed knitting session. Knit a range of items for charity or follow your own project. From noon, Fridays from July 15. Gold coin.

Cloverdale Food Swap

Swap vegies, fruit and plants, preserves, cakes and other produce. Reduce your food miles and join us for coffee and cake. All welcome.

Third Saturday of every month, 9.30-11am. Free.

Cloverdale Garden Group

Come along for some gardening fun. Help grow our community garden, share tips, learn new skills and meet new friends.

Call 5275-4415 to find out more.

Conversational English

Join in a safe learning environment to improve your spoken English skills.

10.30am-11.45am, Mondays from July 11.

\$2 per session.

Plus

English Literacy and Language

(See the Learn Local section for course details and prices)

CREATIVE TUESDAYS

Guitar for Beginners

Learn guitar with qualified instructor. Includes basic theory and practice of chord changes, scales, strumming and picking.

3-5.30pm by appointment, Tuesdays from July 12.

\$15 per session.

Drums for Beginners

Ever wanted to be a drummer? Explore rhythm, rudiments and basic theory with Erin.

3pm-5.30pm by appointment, Tuesdays from July 12.

\$15 per session.

plus

* Introduction to Songwriting

* Preparing to Perform

(See Learn Local section for course details and prices)

Arts Music Drop In

Tuesdays from 5pm. \$5 for healthy meal

HEALTH AND WELLBEING

Tai Chi

Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence.

9.30-10.30am, Mondays from July 11.

\$5 per session.

Walking with Andy

Join our friendly walking group for a weekly walk around the local area.

From 11am, Tuesdays from July 12. Free.

Yoga

Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided.

7-8pm, Thursdays from July 14.

\$50 for 5 weeks or \$12 per session.

Dance Fitness with Janine

Get fit the fun way. Dance yourself to a healthier you. All fitness levels welcome.

1-2pm, Wednesdays from July 13.

\$5 per session.

Geelong Bollywood Dance Group

Enjoy a fun-filled hour of dancing; learn exciting new Bollywood routines with Asra.

Taking expressions of interest. For more information contact Asra on 0410-761-241.

More than a hobby



Graeme first came to Cloverdale to join our ukulele group, the Clukes, and soon discovered there was more on offer.

Enjoying the atmosphere and general warmth of Cloverdale Community

Centre was key to the transition from a hobby activity into a Learn Local course.

Graeme is now enrolled in the Communicating with Digital Devices course for the purpose of working out

how to get the most out of his smart phone and to explore other digital technologies. He has enjoyed it so much that he has now encouraged others from the Clukes to join him.

PROGRAM	Starting	Day	Time	Full Fee	Concession
Computers					
Getting Started with Computers (8 weeks)	July 11	Monday	9.30am-12pm	\$180	\$90
Intel Learn Easy Steps - Computers (10 weeks)	July 12	Tuesday	9.30am-12pm	\$220	\$115
Intel Learn Easy Steps for New Arrivals (10 weeks)	July 14	Thursday	9.30am-12pm	\$220	\$115
Developing Computers - the next step (10 weeks)	July 14	Thursday	12.30pm-3pm	\$220	\$115
Communicating with Digital Devices (10 weeks)	July 15	Friday	9.30am-12pm	\$270	\$110
Employment					
Safe Food Handling (RTO AGB Training)	Pending numbers	TBA	TBA	\$100	NA
Become a Barista - 3 accredited units including Safe Food Handling (RTO AGB Training)	Pending numbers	Monday	TBA	\$450	NA
Certificate III in Hospitality (RTO AGB Training)	Pending numbers	Monday	All Day	\$2,000	From \$100*
Preparing to Perform - Using creativity to build employability (8 weeks)	July 12	Tuesday	6.30pm-9pm	\$210	\$90
Literacy and Numeracy Programs					
Tell My Story - work with a professional journalist and publish a book about you! (8 weeks)	July 13	Wednesday	12.30pm-3pm	\$180	\$90
Introduction to Songwriting (8 weeks)	July 12	Tuesday	6.30pm-9pm	\$195	\$80
English Literacy and Language (Speaking and Listening)	July 13	Wednesday	2.30pm-4.30pm	\$220	\$50

* Subject to meeting funding criteria

New planter boxes

The old planter boxes at Rosewall Neighbourhood Centre are finally being laid to rest.

Under the guidance of Chris from Local Garden Care, the centre's keen

gardening group will design and build new self-watering boxes and plant them up ready for spring.

Rosewall Café staff are excited to be able to use the fresh vegies and herbs

in their weekly menu. The group is open to anyone who would like to garden or learn about gardening and garden handy work.



Gary, Ken, Michael and Trevor work on the garden project.

Day program's healing service

Residents are invited to join clients of the Norlane (Dorothy Thomson) Adult Day Program in a monthly non-denominational healing Mass.

The Adult Day Program runs Monday through to Thursday at 10 Wendover Avenue in Norlane.

On the second Thursday of each month, Father Ray from St Thomas of Aquinas in Plume Street, Norlane,

holds a healing Mass for clients. The non-denominational Mass is held at 10.30am at the church and is open to anyone within the parish to attend.

Adult Day Program acting team leader Maree McLeod said the service gives clients who would not normally be able to attend church the chance to do so, with support from staff. "Our volunteer driver takes the clients to the church and morning tea is enjoyed after,"

Maree said.

St Thomas also holds a Christmas Parish Luncheon, usually in November each year, for people who are isolated and disadvantaged within the Parish. Norlane Day Program clients look forward to this each year and is another way for its clients to be involved in the community.



Rosewall Neighbourhood Centre

36 Sharland Road (PO Box 120), Corio, VIC 3214. Phone 03 5275 7409

E-mail: admin@rosewallinc.org.au and training@rosewallinc.org.au

Web: www.rosewallinc.org.au Office hours: 9am-3pm Monday to Friday

Local girl wants to give back

Meet Cassie Baquero, who grew up in Corio and Norlane. Cassie (pictured) is doing a student placement at Rosewall Neighbourhood Centre as part of the Diploma of Community Services course at the Gordon.

Ever since her childhood, as second of eight children, Cassie has wanted to make a difference.

"It wasn't easy growing up in a big family ... we moved a lot and my parents didn't have much money. It was tough sometimes," Cassie said.

"I left school at 15 and had my daughter when I was quite young. But I was always determined to live a good life and that's why I've been able to get my act together to study this Diploma.

"I have two children now and I really want them to have a great life. I have many happy memories of growing up around Rosewall. There were lots of kids around then, and even though we were all disadvantaged, we had a lot of fun.

"I remember a kids' group I used to go to. The couple who ran it were so generous, they took us out and organised great activities. I also had case workers when I was a teenager, who helped me heaps.

"I'd like to be able to do that for some of the kids growing up now."

Cassie is keen to specialise in youth work and child protection after completing her Diploma next year.



Learn Local to TAFE

Rosewall Neighbourhood House Learn Local has started a partnership with The Gordon TAFE to support local people who want to go to The Gordon.

The partnership is open to anyone who is seeking extra skills, advice or just

encouragement to get there. There is extra funding to support people aged 15-24 who have not been in school or work for a year or more and want to reconnect.

The Gordon also has links to Deakin

University, so you can even pathway onto a Bachelor degree or higher.

If you'd like to know more, contact Rosewall Neighbourhood Centre on 5275-7409 or email admin@rosewall.com.au.

Street Surfer Bus is back

Calling all kids.

Barwon Child Youth and Family is bringing the popular Street Surfer Bus

back to Rosewall.

Come along every second Tuesday from 2-5 pm, starting May ? for sausage

sizzle, games, information and friends. It's all free.

Coming Up

RUOK Day! September 8th

LIKE US ON FACEBOOK FOR UPDATES AND EVENTS

Adult Learners Week, September 1st - 8th

Learning at Rosewall Neighbourhood Centre

At Rosewall, we have small class sizes so that you can get the most out of your course. Our supportive trainers will help you and answer your questions so that you, the learner, can build your skills and get more confident. Call us on 5275-7409, or drop in to the Rosewall Neighbourhood Centre to book in and start learning.



Communicating with digital devices

Tablets and Smart phones. Learn to use your device for the internet, apps and a whole lot more!



Café Skills

Kick start your hospitality career. Learn new skills and gain hands-on work experience in our neighbourhood café.



Excel

Excel is an essential for data and calculating. Learn about spreadsheets, charts, formulas and more...

Activities and Groups

Looking at joining a group and engaging in social activities? Use the contact information to find out more about what's on offer in term 3.

Group	Description	Location	Contact
Bethany Play Group	Facilitated playgroup for 0-5 years, 9.30am – 11am on Tuesdays and Thursdays	Rosewall	5275-7409
English Language Playgroup	Learn English while playing with your children. Wednesdays 9.30am – 11am during school term	Rosewall	5275-7409
Computer Help	Answers to your computer problems. Fridays 9.30am – Noon. Free.	Rosewall	5275-7409
Over 50's	Get together and meet new friends each Friday. Activities and outings. New members welcome.	Rosewall	5275-7409
TOWN	Take Off Weight Naturally. Help each other to lose those extra kilos. 8.45am – 10.45am Mondays.	Rosewall	Geraldine 5298-2275
TAEKWON - DO	Geelong Taekwon-do trains weekly 6.30pm – 7.30pm Wednesdays.	Rosewall	Phil Zdybel 0418-513-981
Strength, Fitness and Balance	Open class, start the day strong. Qualified personal trainer. \$7 per week. Tuesdays 8.30am – 9.30am and 9.30am – 10.30am	Rosewall	5275-7409
Bayside Active Adult	Exercises with a qualified personal trainer. 10.45am – 11.45am Mondays	Hendy St	Lesia 5200-0146
Corio Kyokushin Karate	6.30pm Mondays and Wednesdays	Hendy St	Scott 0418-335-355
Cloverdale Calisthenics College	4pm – 8pm Mondays and Tuesdays during school term.	Hendy St	Mandy 0418-559-241
GKR Karate	6.30pm – 7.30pm Fridays	Hendy St	Luke 0450-011-654
Northside International Christian Church	Church Service – Sunday mornings Youth Group – 7pm Fridays	Hendy St	Stephen 0405-104-610

Courses

Course	Start date	Day	Time	Concession	Full Fee
Communicating with Digital Devices	July 11	Monday	9.30am – 12.30pm	\$95	\$125
MS Excel	July 11	Monday	1pm – 3.30pm	\$95	\$125
Introduction to Computers	July 12	Tuesday	9.30am – Noon	\$95	\$125
Intermediate Computers	July 12	Tuesday	12.30pm – 3pm	\$95	\$125
Introduction to Office Work	July 12	Monday	9.30am – 12.30pm	\$200	\$125
Conversational English for Karen and Kareni	July 13	Wednesday	9.30am – Noon	Gold coin	
Café Skills	July 15	Friday	9.30am – 3pm	\$120	\$200
Coffee Making	July 15 August 26	Friday	9.30am – 3pm	\$40	\$60
Safe Food Handling (SITXOHS002)	July 21	Thursday	9.30am – 3pm	\$80	\$70

Creative Arts

A range of art classes for all levels and interests

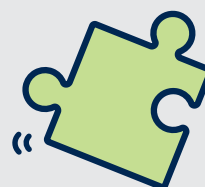
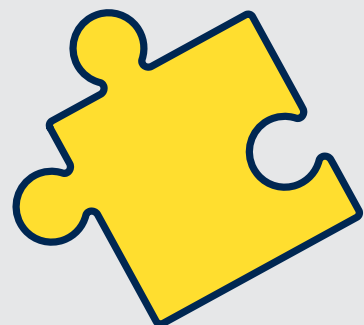
Course	Description	Day	Time	Fee
Drawing and Painting	Draw or paint with experienced artists guiding you.	Thursdays during school terms	10am – Noon	\$5 per session
Screen Printing	Design, screen print and sew your own cushion with a professional screen printer	Starts Friday July 15 for 6 weeks	10am – Noon	\$80 per person, includes all materials
Scrapbooking	Preserve personal and family history in the form of a scrapbook.	Mondays during school terms	11am – 1pm	\$10 per session
Monday Night Pottery Studio	For those who have some pottery experience. Bring your own project and ideas.	Monday evenings during the school term	6pm – 9pm	\$15 per session
Geelong Potters. Open Studio	For those who have some pottery experience. Bring your own project and ideas.	Tuesday and Wednesday, during school terms	9am–3pm	\$5 per day
Mel's Daytime Pottery Class	Learn the basics of pottery to enable you to join the open studio sessions.	Starts Thursday, July 14 for 4 weeks	1pm – 3pm	\$120 includes all materials
Mel's Evening Pottery Class	Wheel throwing and hand building using different clays and a variety of surface design techniques.	Starts Wednesday, July 13 and Thursday, July 14 for 5 weeks	6pm – 9pm	\$160 includes materials and firing
Kids Clay Play	Bring your kids along to enjoy the creativity of playing with clay.	Starts Wednesday, July 13 during the school term	4pm – 5.30pm	\$15 per session, parents free!

Our commitment to our community

Viva Energy Australia cares about Geelong and the community in which our employees work and live.

Through a new community program called Jigsaw, we hope to facilitate positive social change by providing support and assistance to society's role models: the individuals and organisations capable of making a difference.

We will focus our efforts on the specific issues of mental health and substance abuse.



Three pillars underpin Jigsaw



Our people

We'll run a range of programs that inspire our people to volunteer time and money, and we'll match their donations dollar-for-dollar.



Our communities

We'll partner with charitable organisations such as headspace and Northern Futures, offer grants for worthwhile causes and work to stimulate economic opportunities within the local community.



Our business

We'll continue to implement business strategies that provide opportunities to people of Aboriginal and Torres Strait Islander heritage, reduce substance abuse in remote areas and support social enterprises.

Jigsaw is multi-dimensional and far-reaching. To learn more about its intended benefits, visit www.vivaenergy.com.au/community

Driven by people



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.

E-mail: admin@norlanecc.com.au

Office Hours: 9am-5pm Monday to Friday

WORKFORCE



Attending the afternoon tea were Nikita Cornwell, Amy Dickson, Lou Brazier, Andrew Keen (CoGG), Helen Long, Dean Frost (CoGG), Tyler Mitchell, Jay Minnett and Daniella Coric.

Warm welcome for participants

The City of Greater Geelong hosted an afternoon tea in May to welcome the latest intake of workforce participants from Northern Futures.

The five young people are employed across a range of COGG departments in

either full or part time traineeships or six-week work experience placements.

The program at COGG gives jobseekers from the northern suburbs a fantastic opportunity to work with one of Geelong's largest employers and

Northern Futures appreciates the ongoing support from COGG.

Northern Futures is based at Norlane Community Centre.

www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am–11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5281-7175 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly, comfortable self-help group? Come and join the group every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm–3pm. This is an opportunity to share your craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own vegie patch, contact Liz on 5275-8124

Tool Pool

Need to mow the lawn but can't afford the cost of a mower or hiring someone? Become a member of NCC Tool Pool and hire a lawnmower for a \$5 yearly Tool Pool membership and \$5 mower

hire fee. No whipper snippers or brush cutters available for hire, but there are some hand tools and wheelbarrows that are free to borrow.

The Tool Pool operates on Tuesday and Friday from 9am to noon. Inquiries 5275-8124.

Computers

Computers are available for community use at Norlane Community Centre. Community use is free for one hour on Friday and \$2 per hour at other times, unless computer classes are being held. Children must be accompanied by an adult.

Photocopying, laminating and faxes

Norlane Community Centre can photocopy, laminate or send faxes for a minimum cost.

Putting a stop to family violence

The Norlane Community Centre has developed a strategy to improve the safety of women and children living in the northern suburbs.

The Prevention of Violence Against Women Strategy will establish outreach services at the centre so that women within the 3214 community have more options when they need help dealing with a violent situation.

The strategy will also raise awareness and increase community understanding about this serious and often hidden crime.

Statistics show that a woman dies at the hands of a current or former

partner almost every week in Australia and one in three women have experienced physical violence since the age of 15.

Geelong police data shows the rate of family violence in the Barwon area is higher than the state average. In 2014 family violence incidents accounted for one third of sexual assaults, nearly half of all assaults and more than half of stalking, harassment and threatening behavior offences.

The Norlane Community Centre board believes everyone has the right to feel safe in their home and in their community.

The strategy has been designed to link into regional planning to ensure the best use of resources across the G21 region.

The City of Greater Geelong has helped fund capacity building so NCC staff can better deal with this issue.

The board will seek additional funding to support the strategy's implementation and report back to the community with an annual review of outcomes.

It also hopes the model will help other Neighbourhood Centres/Houses develop their own prevention plans.

Northern Futures Work and Learning Centre

Northern Futures, based at Norlane Community Centre, is running the following courses:

1. Certificate II Warehousing (Logistical Supply Chain).
2. Getting Ahead Program.
3. Certificate III in Aged Care, Home and Community Services.
4. Certificate II Skills for Work and

Vocational Pathways Business Administration Course.

5. Certificate III Health Support Services (HSS) House Keeping.
6. Certificate III Health Services Assistant (HAS) PSA.

For further details, phone 0437-655-360 or email: helen.northernfutures@gmail.com.



Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring its products and services to the needs of its customers. They understand that every function is different and that people may have special dietary needs.

Visit their website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, please call one of their friendly staff members on 5274-2242, or email them on mnc@encompass-cs.org.au.

Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.



Munch 'n' Crunch

Western Victoria Primary Health Network

The Western Victoria Primary Health program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander,

refugee, children under 12, or people on a low income.

For more information phone Western Victoria Primary Health on 5229-1922. www.barwonml.com.au <<http://www.barwonml.com.au>>

New community program

Viva Energy Australia has announced that it will provide up to \$3 million across three years to support a range of initiatives focused on mental health and substance abuse.

The Viva Energy program – titled Jigsaw – features a national partnership with headspace National Youth Mental Health Foundation and a key partnership with Northern Futures to address joblessness in disadvantaged areas.

Viva Energy CEO Scott Wyatt said he was proud to be launching a program that helps drive positive social change and encourages support from employees.

"Jigsaw reminds us that together we created a community. Only by knowing where we fit and helping others find their place can we hope to complete the picture," Scott said.

"Part of Viva Energy's program is geared towards building and supporting role models in communities who are capable of making a difference to address mental health and substance abuse," he said.

"Through Viva Energy's support, our national partnership with headspace will create new opportunities for 12-25 year olds to reduce the stigma of mental illness among young people and encourage those at risk to seek help."

Viva Energy's funds will directly support Mental Health Role Models to enable up to 70 members of headspace Youth Reference Groups from Geelong, Sunshine, Parramatta (NSW) and



Nundah (in Queensland) to be up-skilled through formal training in a range of disciplines to help them share their stories locally and help others. Role Model Grants will be given to each Youth Reference Group to enact their own community engagement activities.

The Northern Futures partnership in Geelong will assist community members most at risk of becoming, or remaining, jobless in Geelong's northern suburbs. The Viva Energy Role Model Scholarship Program will subsidise participants undertaking a Certificate I, II or III training course, including associated expenses such as transport and meals.

headspace CEO Chris Tanti said that 75 per cent of mental health disorders emerge before the age of 25.

"By treating these issues early and providing a holistic model of support, the risk of them developing into more serious problems, including suicide, is greatly decreased," Chris said.

"Building the capacity of these local

youth reference groups is a really important and valuable role that Viva Energy is generously supporting. We congratulate Viva Energy on launching its national community support strategy and we look forward to working with them during the next three years to implement the Mental Health Role Model program in key regions right across Australia."

Northern Futures CEO Lou Brazier said she was delighted Viva Energy was partnering with Northern Futures to build the economic resources of people living in the 3214 community.

"The Viva Energy Role Model Scholarships will allow us to deliver tailored training and education programs to people who face multiple barriers to employment," Lou said.

"These scholarships will help us engage job seekers who are hardest to reach and need more individualised support than traditional training and employment services can provide," she said.