

EDITION 46, TERM 4, 2015

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northerlyaspects

CELEBRATING GEELONG'S NORTHERN SUBURBS

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Our cover:

North Shore resident Ashley Hall has walked the Kokoda Track as part of a life-changing youth program. See Page 7.



Editor's letter

Welcome to the Term 4 edition of Northerly Aspects.

After a long, cold winter now is the perfect time for us all to get out and about and try something new.

Ashley Hall, who is featured on the cover of this edition, is a North Shore resident who experienced something completely new as part of an exciting youth program.

After a 15-week training program, Ashley was among a group of Geelong teenagers who walked the Kokoda Track. She stepped out of her comfort zone to meet other members of the group and take on the training, before even leaving for Kokoda, but said she got so much out of the program.

You might not take on something as big as Ashley's challenge, but why not try a new group, project or activity this term. There are many opportunities listed in this edition.

Enjoy the sunshine and the countdown to the end of another busy year.

Jeanette Watt,
Editor.

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 0409-368-576 or email info@northerlyaspects.org.au. Northerly Aspects also has a website – you'll find us at www.northerlyaspects.org.au.

Community celebration



Popular community festival SKAART will celebrate its 10th birthday in November – and everyone is invited to join in the fun.

The free community festival will be held on Sunday, November 15 from 11am until 3pm at the fOrT Youth Centre, on the corner of St Georges and Melbourne Roads, Corio.

The event is organised by a collection of enthusiastic young people from across the northern suburbs who have a passion for their community and who are working really hard to make it a great fun family day out.

There will be inflatable rides, delicious food, a skate scoot and BMX competition, music and performances,



art and community partner activity stalls and more.

For further information, contact Jane Ruge from The fOrT Youth Centre, City of Greater Geelong on jruge@geelongcity.vic.gov.au or 5274-9074.

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corio

BARWON
COMMUNITY LEGAL SERVICE

FREE legal help

Every Monday afternoon
Barwon Health Corio Community Health Centre
Gallibrand Street, Corio
1300 430 599
FREE interpreter service available 131 450

David finds confidence through work



Former Corio MatchWorks job seeker David Barrowman, centre, with Employment Consultant Maree Gaukrodger and Business Development Consultant David Murray.

MatchWorks job seeker David Barrowman recently shared his journey about getting back to work at Karingal's annual Corporate Services Planning Day.

David was unemployed, but connected with Employment Consultant Maree Gaukrodger and Business Development Consultant David Murray at MatchWorks Corio, who helped rebuild his confidence.

David obtained his forklift licence and completed a Certificate II in Warehousing, which really boosted his self-esteem. He gained an interview with a recycling company and started casual work.

David said he had a few "panic moments" as he worked his way into the new role, but after nine months of casual employment his manager asked him to go full time. which he accepted.

Maree and David Murray congratulated David when he achieved his 26-week employment milestone and he told them he felt like he had finally "woken up from a bad dream" and was able to rediscover who he was through his new job.

David realised his employment goals with MatchWorks' ongoing support.

**Function room with
bay views for hire**

Pool room

Member's bar

Tennis courts

The Seaview Club Inc.

Family-Sports-Recreation

335 Blue Stone Bridge Road, Lovely Banks

Phone: 5275-2776



Learning and having fun



Kath Blackwell (left) and Cathy Down catch up with Sue Grootveld (seated), who participates in computer classes with U3A.

Retirees are enjoying learning and socialising in programs offered at U3A in Corio.

U3A is based at Centenary Hall in Cox Road and meets every Tuesday and Thursday between 10am and 3pm. Members pay \$25 for the year and can join as many classes as they like.

Among the classes are Art Topix, Quilting, My Story – Myself and My World, Voice Your Views, Computers for Beginners, German for Beginners, Australian Women in History, Book Club and Brain Games.

Member Kath Blackwell has lived in

Norlane for 47 years and was looking for something to do in retirement. She is now a committee member of U3A and participates in Australian Women in History and Book Club. She's also hoping to join the Brain Games group.

Sue Grootveld has lived in Norlane West for 20 years and while she is kept busy with her 10 grandchildren, she also enjoys "my time" which includes quilting and computer courses at U3A.

"The social aspect is very good," Sue said. "I've met a lot of different people."

Corio resident Cathy Down was aware of U3A long before she was "old

enough" to join. She joined U3A after retiring from work at The Gordon TAFE and is now group leader for Voice Your Views, teaches Bridge and participates in the Book Club.

Kath said the word university sometimes frightens people off joining.

"It's really just old people learning," she said. It's fun and it's very social."

The group is always looking for volunteer tutors to run classes about subjects that interest them. For more information, contact Di Cray, phone 0418-179-508.

Youth paint murals in hall

More than 50 young people living in the northern suburbs have come together to create two beautiful murals to brighten up Centenary Hall in Norlane.

The concept for the murals titled Raven Sunset and The Secret Spring were the brainchild of staff working at the City of Greater Geelong's fOrT Centre.

Corio ward councillor Kylie Fisher said the murals are a great example of just how talented young artists are living in the area.

"We have amazingly talented young people living in the northern suburbs and these murals are a good example of the talent we have," Cr Fisher said. "It was also a great collaboration between



the fOrT youth and Karringal Create Youth."

"The entrance of Centenary Hall is now an inviting space, making people feel welcome, and I know staff have received great feedback."

Cr Fisher said being involved with the

Centenary Hall Youth Arts Project has given the young people a chance to connect with so many others in the community.

The murals took 12 months to complete and can be found in Centenary Hall, 1-15 Cox Rd Norlane.

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NORTHERN BAY FAMILY CENTRE

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- Playgroups: Monday, Tuesday and Thursday, 10am-noon.
- 'Dabble and Dance' with Bluebird Foundation, Tuesday 10.30-11.30am.
- Karen Families Playgroup: Friday, 10am-noon.
- Young Parent and Family Support.

Open Monday to Friday, 9am-5pm

Northern Bay Family Centre Inc.
25 Goldsworthy Ave, (Gate 6) Corio.
For more information contact Helen O'Connor,
phone 5224-9791 or email
oconnor.helen.e@edumail.vic.gov.au.

Ashley's inspiring journey

North Shore teenager Ashley Hall recently returned from life-changing trip, walking the Kokoda Track with a group representing the Geelong Kokoda Youth Program. She was one of 12 secondary students selected to participate.

Leading Senior Constable Andy Brittain, Youth Resource Office at Geelong Police Station, said program participants were identified by their schools as young people in need of further support in their lives, due to circumstances beyond their control.

The program runs with financial support from community organisations and businesses, some of which also pay for their staff to accompany the teenagers.

"The kids are exposed to police, emergency service personnel and people from businesses who are able to mentor them, just by being themselves," Leading Sen-Constable Brittain said.

"The kids benefit from meeting new people and gaining mentors who may be able to open new doors for them."

Ashley, 17, is a Year 11 student at Matthew Flinders Girls' Secondary College and was nominated by her school to participate in the program. She said the life-changing experiences for her began with selection for the program.

"This changed me so much, even before going," she said. "My outlook on a lot of things changed, and my fitness and self-confidence grew so much."



Ashley said the 20-week training program leading up to the trip was challenging, but good preparation. It also gave her opportunities to grow personally when she was selected for leadership roles.

"I also had the chance for one-on-one mentoring with police in the program and learnt so much about pushing myself in different situations."

Supporting families in 3214



CatholicCare, with support from Give Where You Live, delivers an essential family support service to multiple people in 3214.

Recently they have co-located at the Norlane Child and Family Hub and offer counselling support to children, adolescents, adults, couples and families. CatholicCare believes that relationships are the cornerstone to good mental health and a positive outlook on life. Its program aims to support all people struggling with

issues that can make relationships tricky.

The CatholicCare program works to directly support and empower people towards improved outcomes whether they are a parent facing discipline challenges, a child getting in trouble at school, or a grief-stricken family member suffering a recent loss.

By using referrals from schools, local kindergartens, maternal child health, GPs, community centres and

others, it aims to help in integrated ways. The service gives essential support to mums and dads, bubs, kids and teens, grandparents and even friends, who need some direction and encouragement in their most important relationships.

To make an appointment, call 5221-7055.

CatholicCare is co-located at the Norlane Child and Family Hub.

Plenty of projects

Members of the Lions Club of Corio Norlane are keeping busy with a range of community projects.

The club is running a bike program in which it obtains second-hand bicycles. Members clean, repair and paint the bikes, and then give them away. Club secretary Richard Walter said the club has so far provided 90 bicycles to children.

"We also are involved in a learning program that gives students the opportunity to work on bicycles," Richard said. "John McKinnin has received enormous satisfaction from supporting these students and we hope to increase the numbers next year, but will need volunteers to help support John."

The club's breakfast program at Northern Bay College's Goldsworthy campus has grown to two mornings, supporting up to 60 students per morning. It also runs one morning each week at the Wexford campus and volunteers are always welcome.

During winter, the club continued its Winter Blanket Appeal and collected around 400 blankets that were then distributed to the homeless throughout the northern suburbs.

The Lions Club's Computer Program is also successful. Members ask businesses, organisations and private schools for donations of second hand equipment. It is then cleaned, updated and prepared for donation to families at

local primary schools and early learning centres. In the last six months members have delivered more than 90 computer systems to families and centres.

The club also holds barbecues at ALDI Corio on the first Saturday of each month to raise money to support its breakfast program.

Corio Norlane Lions Club is planning a Community Festival for early March and hopes volunteers from organisations, businesses and the wider community will help plan and organise the event.

Anyone interested in helping with any of the club's activities is asked to contact Richard Walter at coriolions@gmail.com or phone 0490-032-063.



Bright future for centre

The future looks bright for the Northern Bay College Family Centre, which has secured ongoing financial support to run a range of valuable programs.

The centre will continue to operate through a new partnership between Northern Bay College and Barwon Child Youth and Family Services.

The family centre opened in 2005 to support parents in Corio. The Young Parents Access Program and childcare centre, also based at the Northern Bay College's Goldsworthy campus, were established around the same time to complement each other.

Since its initial funding agreement expired the family centre has been under ongoing funding pressure.



Manager Helen O'Connor said the new agreement is great news for Corio families.

"It means business as usual," she said. The centre hosts playgroups every Monday, Tuesday, Wednesday and Thursday, as well as a walking group on Wednesdays and a craft group every Monday.

"We have great support from volunteers who help with our programs, as well as support from the Ardoch Youth Foundation, The Smith Family and City of Greater Geelong," Helen said.

Geelong Mummas, which started as a Facebook page, is now based at the centre and runs a playgroup and drop-in group for parents.

The centre will celebrate the new arrangement and its 10th birthday at a Family Fun Play Day on Saturday, October 24 from 11am until 2pm. The day will feature music, entertainment, activities, an animal farm, barbecue, Devonshire tea and birthday cake. For more information, contact the Northern Bay College Family Centre, phone 5224-9791.

John Eren MP

- Minister for Tourism & Major Events
- Minister for Sport
- Minister for Veterans

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Proudly serving the communities of Avalon, Bell Park, Bell Post Hill, Corio, Drumcondra, Hamlyn Heights, Lara, Lovely Banks, Moorabool, Norlane, North Geelong, North Shore, Point Wilson, Rippleside and Staughton Vale.

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MatchWorks is now delivering services from more sites across Geelong, the Bellarine and Surfcoast

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information on incentives and the support services we offer. We screen job seekers, provide a selection of the most suitably skilled people for your team and deliver ongoing support to your business.



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Funding to help job seekers

Jobseekers in Geelong's northern suburbs will have extra support to help them find and keep a job, thanks to renewed funding for the Northern Futures' Work and Learning Centre.

The Norlane-based Work and Learning Centre is one of five operating throughout Victoria that provides targeted assistance for people living in public housing communities.

Northern Futures project manager Helen Long said the Work and Learning Centre creates tailored training programs for job seekers, particularly young people, who need extra help to

find work.

"The Work and Learning Centre enables us to help people identify opportunities, undertake targeted training and skills development and support them through their job search," Ms Long said. "We also work closely with local employers to help clients become job-ready, win a job and keep it."

Funding for the program is provided by the Victorian Government and delivered through the Brotherhood of St Laurence which also funds Work and Learning Centres in Carlton, Moe, Sebastopol and Mooroonpa.

Over the next four years, the centres will help 2800 people and create more than 1400 jobs.

Northern Futures Chairman Peter Dorling said the renewed funding demonstrated Northern Futures' capacity to deliver programs that are innovative and effective.

"Northern Futures continues to demonstrate its ability to identify barriers to employment and work with clients and Geelong industry to achieve above average success rates," Mr Dorling said.

Rebecca's success

Rebecca Bonner, 27, is an Administrative Assistant at Barwon Health and has first-hand experience of the life-changing impact of the Northern Futures' Work and Learning Centre.

The Norlane resident was unemployed and had no formal qualifications when she started a Cert II in Warehousing and Logistics at Northern Futures in 2011.

She completed her training, but struggled to find a job that was the right fit. Rebecca then began in the Work and Learning Centre program at Northern Futures and, with continued

support, secured a traineeship with the TAC. She remained at the TAC for more than 18 months before finding herself out of work again as a result of a departmental restructure.

In April 2014, again with Northern Futures' support, Rebecca began a second traineeship, this time at Barwon Health, completing a Certificate IV in Business.

Rebecca has since secured a permanent full-time position as an administrative assistant in the executive department at Barwon Health.

"If it wasn't for Northern Futures I would have given up the job search long ago. I didn't have a lot of confidence and when I wasn't working I just stayed home. I was really unhappy and felt very self-conscious," Rebecca said.

"I feel so much more fulfilled now, it's like I'm living, not just existing. I am hugely grateful for the help I've had from Northern Futures and my managers here at Barwon Health. They've stuck with me and really helped me turn my life around."



Positive pathways at New Norlane



The Minister for Housing, Disability & Ageing, Martin Foley, was recently joined by Member for Lara John Eren when visiting the Geelong Work and Learning Centre in Norlane. The Geelong Work and Learning Centre supports local residents by providing pathways to education, training and employment.

Mr Foley and Mr Eren were then taken on an inspection of a 6-star energy rated New Norlane development by Sam Edminston, a Work and Learning Centre graduate and Hamlan Homes' 2014 Apprentice of the Year.

Along with Burbank Homes and Porter Davis, Hamlan Homes is constructing

their share of the 160 new affordable private homes and many of the 160 new public homes under the Victorian Government's \$80 million New Norlane initiative.

As part of the New Norlane agreement, each of the three builders work with the Geelong Work and Learning Centre to provide full-time employment for at least two local people to work on the project.

Seven people are now involved in apprenticeships in carpentry, cabinet making, plumbing, electrical services and bricklaying.

Local families are now living in 139 new public homes built under New Norlane, with the final 21 homes being completed for tenants in 2015. The private home component is around 75 per cent complete.

New Norlane is helping local apprentices to build new lives for themselves and their families while contributing to the growing and thriving Norlane community.

To learn more about New Norlane, please contact John or Peter on 5278 2012, email new.norlane@dhhs.vic.gov.au or visit 61 Yooringa Avenue, Norlane.

www.newnorlane.vic.gov.au



Minister for Housing, Disability and Ageing Martin Foley, Sam Edminston and Member for Lara John Eren outside a New Norlane home worked on by Mr Edminston.

Master plan for site

The City of Greater Geelong has endorsed the Northern ARC Master Plan, which will create a vibrant community precinct over the next 15 years. This hub will include a new health facility being funded by the State Government and new Waterworld, Centenary Hall and Corio Library facilities.

The council believes the Northern ARC site will be a significant community landmark and asset for northern Geelong. It will provide residents with a central meeting place and integrated site for arts, recreation, community and health services.

The Master Plan Summary Document and most recent project bulletin is available at www.northernarcgeelong.com.au.



Northern Bay P-12 College

Northern Bay College

Call 1300 348 535

www.northernbaycollege.vic.edu.au

Leading education in 3214

Peacock P-8 Campus

Wexford P-8 Campus

Goldsworthy 9-12 Campus

Hendy P-8 Campus

Tallis P-8 Campus

Best wishes to all of our VCE, VET and VCAL Students

Artists Jorgia, Keeley, Kiara, Sebastian, Fiona and Sonya

Northern Bay P-12 College

Worldly experience for students

A group of five Year 10 students from Northern Bay College recently returned from an educational experience of a life-time. A partnership between Deakin Worldly and the College provided a fully funded week-long visit to Malaysia, based in Kuala Lumpur.

This year's group is the second to have been offered the Generation G – Malaysia program experience. Two college staff and a Deakin pre-service teachers accompanied the five students – Chloe H., Kimmy, Claire, Chloe M. and Sheridan.

The group itinerary included visits to

markets, temples, schools and several cultural attractions, as well as the iconic Petronas Twin Towers.

Chloe H. said: "None of us had been overseas before and we all had a different concept of Malaysia before we took off from Tullamarine. We saw such a variety of nationalities, religions and cultures and each of them has contributed to the Malaysian culture. It was very different and really interesting. Nothing like what we had imagined."

"Special moments for us all were the visit to the schools where refugee

children of all ages learn English and Malay," Chloe said. "The children seemed so please to see us and their smiles were infectious. As teenagers growing up in Geelong, we have never been exposed to the tastes and variety of food either in restaurants or in the local markets."

Northern Bay College is grateful to Deakin Worldly for its support in making the program accessible to the students, who undertook a rigorous selection process.



Garage sale at 2 and 5

2 and 5 will hold a Giant Car Boot sale at Labuan Square on October 24 from 9am until 1pm.

Car boot spaces are \$5 and table spaces are \$2. For details and bookings contact kdrummond2and5@gmail.com.

The 2 & 5 Fresh Food Shop and Cafe at Labuan Square is an outlet for fresh

produce, jams, chutneys and pickles, and also operates as a cafe serving breakfast, lunch and snacks six days a week.

Funded by grants from several sources, including Social Traders, GMHBA and the Geelong Community Foundation, the project also includes a market garden. All parts of the project are

supported by a team of about 40 volunteers.

The Giant Car Boot sale is being sponsored by Storage King in Thompson Rd.

For more information go to <https://garagesaletrail.com.au/>

Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to info@northerlyaspects.org.au. Don't forget to include information about when and where it was taken, and who took it.



Beautiful rainbow lorikeets enjoy the gum trees at Stead Park.



Ann, Sandra and Mercedes enjoy participating in the Community Kitchen at Cloverdale Community Centre.



Daniel and Ben at guitar practice at Cloverdale Community Centre.



Students from The Gordon TAFE David, Renee and Jodie have been cooking up a treat for the Tuesday Lounge at Cloverdale Community Centre.



The Listening Lounge at Corio Shopping Centre recently celebrated its 17th birthday with a morning tea. The lounge is sponsored by centre management and local Christian churches.



Bunnings North Geelong staff had a big impact when they came to plant with the Preps at Northern Bay College Hendy campus.



Northern Bay College students enjoy some of the work at the school's recent art show.



Corio resident and Cloverdale Community Centre regular Wilma Trew has been featured in the Faces of a Generation program.

Faces of a Generation celebrates the significant contribution of seniors to the Geelong community. Wilma is a committed volunteer and environmentalist with a passion for restoring indigenous vegetation to 3214. She is one of 10 seniors honoured in Faces of a Generation and her picture is on Corio Library.



Preps at Northern Bay College have each received a bucket and seed potato from Bunnings North Geelong. The students have been learning where food comes from and Bunnings helped out to show how potatoes grow. The students were able to take the bucket home and at the end of the year will have a competition for the biggest harvest of potatoes, the funniest shape or the one that looks most like their teacher. At Hendy campus the buckets were delivered on Dress Up Character Day.

Follow the track

The City of Greater Geelong has been working on connecting the cycle walking paths within and around the whole of the 3214 area.

The track is known as the Karndoor-kapa Track, which has a Wadawurrung meaning of 'follow the Norlane Corio Track'.

The map shows the 18 kilometre cycling/walking track surrounding 3214 and walkable destination routes to places that people would regularly visit within 3214.

For more information or for printing copies of the map, contact Amanda Stirrat in Community Development,

email astirrat@geelongcity.vic.gov.au or phone 5272-5272.



Geelong bus network

Here are some fun facts about the Geelong bus network:



There are 17 bus routes in Geelong, including Surf Coast and Bellarine and more than eight routes across the region.



There are more than 20,000 trips taken every weekday on Geelong buses, with more than 10,000 passenger movements per day at the Moorabool Street bus interchange.



There are 7000 boardings on Saturday and 5000 on Sunday.



One bus can carry 50 times the number of passengers that typically travel in a car.



Buses also emit less greenhouse gas per person, per kilometre.

Other facts:

Geelong train boardings (per weekday):

- 650 at Marshall.
- 1610 at South Geelong.
- 2170 at Geelong Station.
- 959 at North Geelong.
- 104 at North Shore.

Public Transport Victoria uses colour codes in signs, maps and symbols:



- Blue for trains
- Green for trams
- Orange for buses
- Purple for regional trains and coaches.

Sporting partnership

Following on from its award-winning 2014 community program, Corio Shopping Centre and the McDonald's Geelong Supercats have expanded their partnership to deliver a new basketball experience for school children in the local area.

During terms 2 and 3, the program provides school children the opportunity to access an organised sports program that they may not have had the resources to access in the past.

Sport has a proven ability to unite communities, drive learning and breakdown social barriers. The program encourages students to be active and happy as well as assisting them to develop the skills that build social relationships.

Through engaging students in the program, Corio Shopping Centre and The McDonald's Geelong Supercats also hope to provide a positive experience, which in turn will assist reducing anti-social behaviour in the community.

The So You Think You Can Play program is led by Basketball Geelong's Development Manager David Herbert, a former WNBL Coach and CEO of Cairns Basketball, and current SEABL Women's Coach.

It involves a range of school-based basketball clinics conducted by Supercats marquee players. At the end of the program, five nominated students get the chance to take on the



Supercats players in an exhibition game watched by their entire school.

For more information, contact Corio Shopping Centre, phone 5275-3111.

Open MIC nights

Open MIC at Cloverdale is an outrageous night of fun, music, performance and spoken word.

The final two session for 2015 will be

held on October 31 - Halloween night
- and on November 27, from 7.30 to 10pm.

If you would like to be on the bill, give

2013 LEARN LOCAL LEGEND

the centre a call on 5275-4415.

Refreshments provided. All welcome.
Gold coin donation.



The Learning Lounge

Do you need literacy support or just some help with writing?

Or do you need tips on getting back into study or work? Then we're here to help.

Drop into the Learning Lounge every Thursday from October 8 from 12.30 to 3pm.

It's free and you can discover the pleasures of lifelong learning.

Men's Business

Linking Men to Community is a free social evening for men, by men, and will be held on October 6 from 7-9pm.

Join Simon and guests, pick up tips on health, finances, social activities, sport, the arts and lifelong learning. Refreshments provided.

White Ribbon Day

White Ribbon Day, on Wednesday, November 25, is the International Day of the Elimination of Violence against Women.

White Ribbon Day signals the start of the 16 Days of Activism to Stop Violence against Women, which ends on Human Rights Day (December 10). Join in free activities at Cloverdale to help end violence against women.

Christmas at Home

Our end of year event will be on Friday, December 11 from 4pm.

This will be a celebration of kitsch, keiju and glögg. Stay tuned for information nearer the date.

CREATIVE TUESDAYS

Cloverdale Singers

An acapella group meeting weekly, with a repertoire including folk, gospel, rounds, ballads and part songs. If you enjoy singing and are looking for a challenge, join the singers every Tuesday afternoon.

When: 12-1.30pm

Tuesdays from October 6.

\$3 per session

Guitar for Beginners

Learn guitar with Liz and Daniel.

Includes basic theory and practice of chord changes, scales, strumming and picking.

When: 3-5.30pm

Tuesdays from October 6.

\$15 per session.

Community Kitchen

Cook, share, socialise.

Learn and share your knowledge of cooking, meet new people in a relaxed and friendly environment.

Wednesdays from October 7.

When: From noon.

\$5-\$7 (price may vary).

Plus Introduction to Songwriting (see Learn Local page).

GENERAL INTEREST

Art@Cloverdale

Join with our professional artist and explore a range of media and techniques in a fun, relaxed and social environment.

When: Wednesdays from October 7, 10am-noon.

\$5 per session.

Cloverdale Food Swap

Swap vegies, fruits and plants, preserves, cakes and other produce.

Reduce your food miles and join us for coffee and cake. All welcome.

When: Third Saturday of every month, 9.30-11am.

Donations welcome.

Cloverdale Painters

Draw and paint in a friendly group.

Exchange ideas, develop your techniques and use a range of materials.

When: Wednesdays from October 7, 1-3pm.

\$2 per session.

Ukulele Players

Learn to play the cutest instrument on the planet. Practice strumming techniques, chord changes and learn new songs every week.

When: 10am-noon.

Thursdays from October 8.

\$5 per session.

Cloverdale Garden Group

Come along for some gardening fun. Help grow our community garden, share tips, learn new skills and meet new friends.

When: Tuesdays from October 6, 10am-1pm.

FREE.

HEALTH AND WELLBEING

Tai Chi

Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence.

When: Mondays from October 5, 9.30-10.30am.

\$5 per session.

Yoga

Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Mats provided.

When: Thursdays from October 8, 7-8pm.

\$50 for 5 weeks or \$12 per session.

CHILDREN AND PARENTS

Playgroups

Friendly playgroups for children and their parents/carers. New parents always welcome.

When: 9.45-11.15am Wednesdays from October 7 and 1-3pm Thursdays from October 8.

\$2 per session.

Creative Artz Dance Studio

Enjoy creative, fun, expressive children's dance classes with Katie.

Ages 4-6 years and ages 6-10 years.

When: Tuesday afternoons from October 6.

\$5 per session.

COMMUNITY ARTS

Open Mic Night

A spectacular evening of ferocious talent with comedy, singer/songwriters and bands plus really cool people to hang out with.

Call 5275-4415 if you would like to be on the line-up.

When: Friday November 27 from 7.30pm.

Gold coin entry.

Have you thought about a 'Plan B'?

As the manufacturing industry declines, the Geelong job market is getting tougher. Now is the time to think about your 'Plan B'.

Cloverdale Community Centre is offering a range of great 'Plan B' options in hospitality, ranging from short courses through to a Certificate III in Hospitality.

add to your skill set and open up more options whilst looking for work in your chosen field. Diversifying your skill set shows a willingness to learn new things, keeps you job ready and increases your general confidence.

See below for the range of courses being offered at Cloverdale Community Centre in Term 4.



You can increase your employability,

PROGRAM	Starting	Day	Time	Full Fee	Concession
Computers					
Communicating with Digital Devices	October 6	Tuesday	9.30am-Noon	\$270	\$110
Developing Computers - the next step (10 weeks)	October 9	Friday	9.30am-Noon	\$220	\$115
Getting Started with Computers (8 weeks)	October 9	Friday	12.30pm-3pm	\$180	\$90
Intel Learn Easy Steps - Beginners (10 weeks)	October 7	Wednesday	9.30am-Noon	\$220	\$115
Intel Learn Easy Steps - Intermediate (10 weeks)	October 7	Wednesday	12.30pm-3pm	\$220	\$115
Employment					
Safe Food Handling (RTO AGB Training)	Pending numbers	TBA	TBA	\$100	NA
Become a Barista - 3 accredited units including Safe Food Handling (RTO AGB Training)	Pending numbers	Monday	TBA	\$450	NA
Certificate III in Hospitality (RTO AGB Training)	Pending numbers	Monday	All Day	\$2,000	From \$100*
English for Living (Speaking and Listening)	October 6	Tuesday	2pm-4pm	\$220	\$50
English for Living (Speaking and Listening)	October 7	Wednesday	2.30pm-4.30pm	\$220	\$50
Preparing to Perform - Using creativity to build employability (8 weeks)	October 7	Wednesday	12.30am-3pm	\$210	\$90
Volunteering Pathways - Working towards employment through volunteering	Flexible	20 hours	Flexible	FREE	FREE
Art & Design					
Introduction to Songwriting (8 weeks)	October 6	Tuesday	6.30pm-9pm	\$195	\$80
Textiles and Design (10 weeks)	October 9	Friday	12.30-3pm	\$290	\$110

* Subject to meeting funding criteria

Grow your own for flavour

A lot of people ask me why do I grow my own vegies.

The answer is simple – TASTE and NUTRITION. Do you realise that the 'fresh' produce you buy at the shop has probably been in the cool store for several months? I have worked at a wholesalers, so I know it's a fact. Strawberries that are as hard as apples and have no flavour can't compare with home grown, and these are not the only ones affected. Just look at the tomatoes on sale – hard, full of water and again, no flavour.

So why not have a go at growing your own?

Tomatoes – pretty and productive. If you don't have much space, a cherry tomato such as Cherry Fountain looks great when planted in a pot or hanging basket. There is also Tomato Tiger Eye, which is a trailer with oval striped fruit in shades from yellow to red. Most tomatoes are better planted towards the end of October or early November (I usually plant about Melbourne Cup Day).

When transplanting seedlings, fill the hole with water, put the plant in

and fill the hole. When transplanting larger plants, soak the root ball before planting to ensure there is less shock to the plant.

Use the cardboard tubes from toilet rolls to protect seedlings. They will break down and rot away or you can remove them when you wish.

Another method is to cut the tops off plastic drink bottles and use them as a mini greenhouse, just in case a sudden blast of cold comes in. Your plants will appreciate the warmth and protection.

The vegie garden gets into high gear at this time of year with all your salad favourites ready for planting. Put in your stakes and climbing frames at the same time as the plant/seeds – it saves time in the long run and means less disturbance for the root system.

Plant some colour

A great idea is companion planting to attract bees by planting violas between rows and repulse other insects by mixing tomatoes and marigolds or basil. It looks great and brightens up the vegie garden.

Plant some colour to celebrate the end of winter. Cosmos are pretty and easy to grow. Just sprinkle seeds on the ground, cover with a little soil and water well. In six to eight weeks you will have a lovely show.

Want something different this year? Why not try dahlias. Tubers can be found at nurseries or online. Pom Pom dahlias are a smaller plant that does not require staking or a lot of room. They come in a range of colours and the smaller flowers look so neat and pretty.

Planting garlic between your roses has a double effect. It keeps bugs at bay and you can enjoy fresh garlic in your cooking.

Now is also the time to fertilise the roses and to give them a light tip prune to ensure beautiful flowers for the Christmas season. Camellias and azaleas also need a light prune after they have flowered. This will encourage a new flush of summer blooms.

Betty





Rosewall Neighbourhood Centre

36 Sharland Road (PO Box 120), Corio, VIC 3214. Phone 03 5275 7409

E-mail: admin@rosewallinc.org.au and training@rosewallinc.org.au

Web: www.rosewallinc.org.au Office hours: 9am-3pm Monday to Friday

Twilight Market and Car Boot Sale

Rosewall Neighbourhood Centre is holding its first community Twilight Market and Car Boot Sale, bringing Corio residents an evening of delicious food, fun and entertainment.

The market and car boot sale will be held on Friday, November 6 from 6pm until 9pm. It will include live

performances by local musicians and the Northern Bay College School Choir, along with an open mic and busking stage.

With a mixture of old and new, there will be arts and craft stalls, clothing, and produce, plus an opportunity for locals to move those used clothes and

household goods along and make a little extra cash. Why not get in early and find some unique presents for Christmas?

If you'd like to have a stall or take part in the car boot sale, contact: projects@rosewallinc.org.au or phone 5275-7409.



Get Ready for Work or Training

Join us on Tuesday mornings from October 13 for help with your resume and job applications, searching online and applying for jobs. We can discuss your employment options and/or link you with quality training organisations. Call Bev for more information, on 5275-7409.

Community forum


We are writing our new Strategic Plan for the next three years.

If you are interested in the future of Rosewall Neighbourhood Centre, we'd love to hear from you. A Community forum will be held on October 13, 1-2pm at The Rosewall Café, 36 Sharland Rd, Corio.

Everyone welcome, just turn up. And if you can't make it, we'll have a survey at the centre and an online option. Drop in, call us or keep an eye on our website/facebook for updates.

COURSE WHEN	DESCRIPTION	COST	
GET READY FOR WORK OR TRAINING NEW	Career Advice and Planning Computer , Resume and Job Application Skills Some training, but mostly help with what you want to learn.	Tuesdays for 8 weeks 10am-12.30pm From October 19	FREE
COMPUTER CLASSES			
INTRODUCTION TO COMPUTERS	Understanding your computer. Word Processing Internet and email	 Tuesday or Thursday for 8 weeks 9.30am -12pm From Oct 13 or 15	\$125 Full \$95 Concession
INTERMEDIATE COMPUTERS (INTEL EASY STEPS 2)	Word Processing - more Spreadsheets Inserting media	Tuesdays for 8 weeks 12.30pm-3pm From October 13	\$125 Full \$95 Concession
COMPUTERS FOR REAL LEARNERS (FOR ENGLISH LEARNERS)	Understanding your computer. Word Processing Internet and email	Ask us. Phone: 5275-7409	\$125 Full \$55 Concession
COMPUTER HELP	Answers to your questions/computer problems	Fridays 9.30am-12pm From October 9	FREE
READING, WRITING, MATHS, ENGLISH			
CONVERSATIONAL ENGLISH CLASS	Practicing pronunciation, learning new words and practicing conversations	Ask us. Phone 5275-7409	\$125 Full \$55 Concession
READING, WRITING MATHS CLASSES	Tell us what you want to learn and we will find a way to help you. Call 5275-7409	Ask us. Phone 5275-7409	
READING, WRITING, MATHS AND ENGLISH HELP	 Reading, writing and maths help for adults and children.	Mondays & Thursdays 3.30pm-5pm During the school term	FREE
ROSEWALL CAFÉ TRAINING			
CAFÉ WORK SKILLS	 Professional standards, Customer Service & Communication Skills Food Handlers Certificate (SITXOHS002) Cash Register training Coffee Making Event Planning Food Preparation Hands on experience in a commercial kitchen/cafe	Mondays & Tuesdays 8 Weeks 2 days per week Begins October 12	\$160 Full \$110 Concession
CERTIFICATE COURSES			
CERTIFICATE 3 AGED, HOME & COMMUNITY CARE (CHC30212 & CHC30312)	This dual qualification addresses work primarily in residential facilities or work in client's homes and other community settings RTO: Ocean Grove Neighbourhood Centre	9am-3pm Mondays & Tuesdays 18 weeks From October 12	\$800 Funded \$516 Concession
CERTIFICATE 3 BUSINESS ADMINISTRATION (MEDICAL) (BSB31112)	Prepares you for admin work in a range of health settings. The health services are the biggest employer in Geelong and growing! RTO Ocean Grove Neighbourhood Centre	Tuesdays & Wednesdays From October 13 12 weeks	\$850 funded \$326Concession
APPLY FIRST AID (HLTAID003)	Get your Apply First Aid Level II. This course incorporates Level I and CPR.	Mondays & Tuesdays 9am-3pm	\$170
VOUCHER OFFER PRESENT THIS VOUCHER FOR A \$5 DISCOUNT ON LEARN LOCAL AND CREATIVE ARTS COURSES AT ROSEWALL NEIGHBOURHOOD CENTRE COURSE NAME _____			

CREATIVE ARTS

POTTERY OPEN STUDIO	For those who have some pottery experience. Bring your own project.	Tuesday & Wednesday 9am-3pm During School Terms	\$5 per day
DRAWING & PAINTING	Do you want to draw or paint? Julian will work with each participant individually on what you want to learn.	Thursday 10am-12pm From October 8 During School Terms	\$5 per session
GLAZE WORKSHOP 	Learn how to Glaze in a 2 hour workshop Limited places. Bookings Essential	Wednesday Two-hour class October 14	\$40 Includes glaze and firing
MEL'S POTTERY CLASS "CREATIVE EXPLOITS" NEW	Whether you're a beginner or have used clay before, you can bring your ideas and Mel can help you on your creative journey.	Wednesday, Nov. 11 Thursday, Oct. 29, 6.30pm-9pm For 5 Weeks	\$160 Includes clay & firing
KIDS MASTER CLASS POTTERY NEW	Includes fruit and water on arrival. All costs are covered.	Wednesdays from November 11 or Thursdays from October 29, 6.30pm-9pm For 5 Weeks	\$120
PATCHWORK	Get together learn new skills work on your own project. Suitable for beginners through to advanced.	Thursday 7pm-9pm 8 weeks From October 22	\$85 + \$20 Sewing machine hire or BYO machine.

ACTIVITIES & GROUPS

Group	DESCRIPTION	VENUE	CONTACT
GEELONG POTTERS	Geelong Potters meet on a Tuesday & Wednesdays During school terms. New members welcome.	Rosewall Neighbourhood Centre	5275-7409
PLAY GROUP 	Facilitated playgroup for 0-5 years. 9.30am-11am Thursdays from October 8	Rosewall Neighbourhood Centre	5275-7409
STREET SURFER BUS BARWON YOUTH	Games and educational support for youth. 2-5 every second Tuesday. Free Sausage Sizzle.	Rosewall Neighbourhood Centre	5275-7409
OVER 50'S	Get together with friends. Meet new friends. Activities and outings. New members welcome.	Rosewall Neighbourhood Centre	Ronnie 0418-653-309
TOWN	Take Off Weight Naturally. Help each other to lose those extra kgs. 8.45 -10.45 Mondays	Rosewall Neighbourhood Centre	Geraldine 5298-2275
TAEKWON - DO	Geelong Taekwon-do trains weekly. 6.30-7.30 Wednesdays	Rosewall Neighbourhood Centre	Phil Zdybel 0418-513-981
STRENGTH ,FIT & BALANCE	Open class, start the day strong. Qualified personal trainer. \$7 per week, pay as you go. Tuesdays, 9am-10am Starting October 6.	Rosewall Neighbourhood Centre	5275-7409
BAYSIDE ACTIVE ADULTS	Exercises: Qualified personal trainer. 10.45am-11.45am Mondays.	Hendy St Hall	Lesia 5200-0146
CORIO KYOKUSHIN KARATE CLUB	6.30pm Mondays & Wednesdays.	Hendy St Hall	Scott 0418-335-355
CLOVERDALE CALISTHENICS COLLEGE	4pm-8pm Mondays & Tuesdays. During school term.	Hendy St Hall	Mandy 0418-559-241
GKR KARATE	6.30-7.30 Fridays.	Hendy St Hall	Luke 0450-011-654
NORTHSIDE INTERNATIONAL CHRISTIAN CHURCH	Church Service – Sunday morning. Youth Group – 7pm Fridays.	Hendy St Hall	Stephen 0405-104-610
GEELONG BUCCANEERS GRID IRON CLUB	American Grid Iron Football – training & matches.	Hendy St Hall	Layke 0433-298-278

Viva Energy paints stack letters

After gracing the city's skyline for more than 35-years, the Geelong Refinery Shell stack was painted in August, following Viva Energy's purchase of the business.

The letters were removed by painters in a cherry picker and the top letters were removed by abseilers. The project was driven by a team of 20 people and took four weeks to complete.

"The red and white striped tower has been a prominent part of Geelong's skyline for decades and I know that for some people – particularly past and present employees – it evokes some nostalgia," General Manager Refining Thys Heyns said.

Visually, the tower is well known to many people; although they may be unaware that it functions as a part of the refining process where crude oil is heated before being separated into products such as diesel, gasoline and LPG.

Stack facts:

- The stack was constructed in 1979.
- It is 120m (or 45 storeys) high.
- It has a 2m thick foundation.
- Constructing the tower required 1200m³ of concrete – equivalent to 200 concrete trucks.
- Its base is 6m thick, tapering to 2m at the top.
- Re-painting required about 100 litres of paint.



To see a video of the stack being painted visit <http://www.vivaenergy.com.au/operations/geelong/projects>

A new crude tank at Geelong Refinery

Viva Energy is planning to build a new crude oil tank in an existing industrial zone in Station Street. The tank will be situated next to five existing tanks, set back 250 metres from the road and buffered by trees.

The new crude tank will significantly increase the production capabilities of the refinery by enabling it to source a wider variety of crude oils, increase flexibility to blend crudes and will enable ships to fully unload when they are discharging at the refinery.

This will be an important project to help build a sustainable, long-term future for the refinery, and to assist preserve the existing 750 direct full-time jobs on the site.

Safety will underpin the development

and operations of the tank. The addition of a new crude oil tank will be incorporated into Viva Energy's existing major hazard facility licence from WorkSafe Victoria.

Like the rest of the Viva Energy facility, the ongoing management and maintenance of the crude tank will be consistent with its existing operations and monitored by the Environment Protection Authority Victoria and Worksafe Victoria. The tank design and construction will also meet all regulatory requirements and aligned with Viva Energy's stringent processes and procedures.

As part of the project, Viva Energy is undertaking a range of studies. Once complete, these studies will be made available through a formal

planning application to the City of Greater Geelong and Works Approval application to the EPA. These will be submitted to the relevant authorities in October/November. Members of the community will be able to make submissions on the proposal through these processes.

Tank facts:

If constructed, the new crude tank will:

- Be approximately 21 metres high.
- Have a diameter of 84 metres.
- Hold 100 million litres – the equivalent to 40 Olympic swimming pools.

More information is available at: <http://www.vivaenergy.com.au/operations/geelong/projects>



Norlane Community Centre

Rose Avenue, Norlane. Phone 5275-8124.

E-mail: admin@norlanecc.com.au

Office Hours: 9am-5pm Monday to Friday

Garden revitalisation project

Eight Jobseeker 'volunteers' have embarked on a new and exciting construction and garden project to revitalise the gardens at Norlane Community Centre.

The project aim is to give the job seekers a positive and supported environment to explore career options and pathways, recognise a range of transferable work-related skills and experience including communication in the workplace, confidence building, self-belief and team work to ultimately re-entering the workforce.

Their hard work will result in a practical, warm and welcoming environment accommodating the needs of the diverse local Windsor Park community as a whole.

The initiative is a collaborative relationship between community volunteers, Norlane Community Centre, Northern Futures, Munch 'n' Crunch, local JobActive providers MatchWorks, Gforce, Workskills and Gordon TAFE.

The volunteers are being led by Bill Polwarth, Bill Montgomery, and George Perisic and assisted by Liz Winning from Norlane Community Centre. All bring with them enormous skills and experience and have been involved in all aspects of the project from the demolition phase, planning, design and construction.



Anth Johnstone, landscape and garden teacher from the Gordon TAFE, provided a full day mentoring session to the participants, including garden design strategies and plant identification and selection. All found this valuable as the team embarked on the planning stage of the project.

The volunteers had an opportunity to present their final garden design and plans to Norlane Community Centre Manager Lou Brazier. Lou said she was overwhelmed by the ideas, design and

the team work of all involved within the project.

Barb and Anna from Northern Futures said they were thrilled by the enthusiasm and goodwill shown by all the participants and said: 'the project participants added a warm, inviting vibe and energy to the centre'.

Watch out for further updates on the garden in future issues of *Northerly Aspects*.

www.norlanecommunitycenter.com.au

PROGRAMS AND GROUPS AT NORLANE

Tai Chi for all abilities

Classes are held every Tuesday from 10am-11.30am for beginners and those who have had previous experience of Tai Chi. Wear comfortable clothing and flat shoes. The group also maintains garden beds to grow its own vegetables, which are shared amongst the group. Contact Monika on 5275-0005 or Maureen 5275-3939.

Tuesday art group

Would you like to paint in a friendly,

comfortable self-help group? Come and join us every Tuesday from 9am until 1pm and have a cuppa. All art mediums are invited and the cost is \$4. The art group members also have a garden plot for growing their own vegetables.

Craft and friendship

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages, every Friday from 1pm-3pm. This is an opportunity to share your

craft ideas or learn something new. Bring your own materials. Cost \$1.

Norlane Community Fruit, Herb & Vegetable Garden

Norlane Community Fruit, Herb and Vegetable Garden is self-managed by residents of all ages, cultures and abilities, to grow fresh healthy fruit and vegetables for their own use. If you are interested in your own veggie patch, contact Liz on 5275-8124



Northern Futures Work and Learning Centre

Northern Futures is running four courses:

1. Logistical Supply Chain Course.
2. Getting Ahead Program.
3. Certificate 3 in Aged Care, Home and

Community Services.

4. Business Administration Course.

For further details phone 0437-655-360 or email: helen.northernfutures@gmail.com.



Munch 'n' Crunch

Munch 'n' Crunch Catering (MnC) provides healthy, gourmet food to customers, while being a hospitality training venue for Encompass Community Services participants.

Munch 'n' Crunch is committed to tailoring its products and services to the needs of its customers. They understand that every function is different and that people may have special dietary needs.

Visit their website to find out more on www.encompass-cs.org.au/mnc.

To place an order or to discuss your specific requirements, please call one of their friendly staff members on 5274-2242, or email them on mnc@encompass-cs.org.au.

Munch 'n' Crunch is open Monday to Friday from 8am until 2pm.

Health care available

Barwon Medicare Local has had a name change and is now called Western Victoria Primary Health. The Western Victoria Primary Health program provides free, short-term mental health counselling to people who have been referred by their GP.

Priority is given to people who are Aboriginal or Torres Strait Islander, refugee, children under 12, or people on a low income.

For more information phone Barwon Medicare Local on 5229-1922.



Members of the Norlane Community Centre Craft and Friendship Group are pictured with blankets they donated to Cottage by The Sea.

The blankets are for use by the young children who holiday there.



Three members of the Norlane Community Centre ART Group recently entered paintings in the Veterans Art Show at the Austin Hospital, with great success. Lurlean won second prize in the Advanced section, Susan the Encouragement Award in the Novice, and Marg an Honourable Mention in the Novice section.

Viva Energy turns one

Viva Energy Australia turned one on August 14 and like all first birthdays, the cake (weighing an enormous 35 kilos) took centre stage.

While the birthday was a fun way to celebrate, it was also important to reflect on the businesses achievements over the last year:

- The refinery has increased its local market share and now supplies over 55 per cent of Victoria's fuel needs.
- Viva Energy acquired a non-controlling stake in Liberty oil,

which supports production from Geelong refinery and allows expansion into regional Victoria.

- The Geelong Refinery has produced record levels of products.
- The refinery has had excellent production in 2015, achieving record figures mid-year.
- Shell Unleaded Low Aromatic Fuel was created in partnership with the Federal Government and Geelong Refinery. The fuel is now available across the northern half of Australia with low aromatic fuel supporting the Federal Government's national Petrol

Sniffing Prevention Program.

- Work has commenced on the \$23m fuel pumping station on the existing pipeline between the Geelong Refinery and Newport Terminal. The pumping station will increase the amount of fuel that can be transferred from the refinery via pipeline to Melbourne by more than 25 per cent.

With Viva Energy investing \$1 billion dollars in the business, of which \$300 million to be spent in Geelong, the coming years are bound to be as exciting.

